

TREELINES



spring is in the air

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From the CEO

Kent Phillips

A handful of weeks ago I would never have imagined that I'd need to fill this precious space with thoughts on COVID-19, the pandemic sweeping across Memphis, the Mid-South and the World. In fact, I'd love to be writing about any other topic, but that would be disingenuous at the moment.

Trezevant spent the last 44 years building a vibrant community based on social connectedness. "Social distance" is the very notion that we fight to prevent through an incredibly active schedule of social events and activities, fitness opportunities and spiritual programming. Our success in creating this community is now what makes our adaptation to an era of "social distancing" particularly challenging. It is heart-warming to experience the willingness of our residents and their families to accept the temporary changes to our delivery of services in order to keep all protected from the Coronavirus. I am amazed and honored to work with a staff whose compassion for our residents has only increased during this crisis. Our job descriptions right now are mostly "other duties as assigned", and yet I've never heard more compliments on our service from residents, families and friends. Still, this is difficult – being social is the Trezevant way.

We understand that we must practice social-distancing to counter the spread of this terrible virus. However, rest assured that we will not practice care-distancing, spiritual-distancing or compassion-distancing. These measures are temporary and I look forward to the next time we can share a smile without a mask and a handshake without a glove.

From the FOUNDATION

Stacey Sears



Dear Friends and Supporters of Trezevant Foundation,

Together, we can. What does this mean? It means, that by relying on each other, trusting one another and believing the best is being done for everyone's wellbeing is happening here at Trezevant. Thank you all for your patience and guidance through this hard time dealing with the unknown. I would like to thank the staff as well for the numerous hours worked to ensure Trezevant runs smoothly day-to-day.

Together we can also ensure that during this time of the COVID-19 that we can help Trezevant and its' staff. You may ask, how can I help the foundation make this happen?

Trezevant would like to offer lunch to the staff every Friday, through this pandemic, to show appreciation for the many sacrifices and long hours that they are putting into their jobs. We value

our employees here at Trezevant and I know you do as well. Help us give the employees a meal a week to lighten their load a little bit and show them how special they really are. I am asking you to consider sponsoring a meal for the employees either alone or with friends to raise \$1,200 to feed every employee one meal a week. Your names will be posted on the inside monitors to show our appreciation for your donation.

Another way to help during this time is to support the efforts of Trezevant with a donation to help cover the cost of necessary and essential items to fight this pandemic. All donations are tax-deductible and greatly appreciated.

Thank you for your support in helping Trezevant during this hard time in our city's history. We are Trezevant Strong and we will prevail and come through this together. Please consider a gift Trezevant Foundation today.

~Thank you.

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From the CHAPLAIN

The Rev. Julie McKenna

Well, a lot has changed since our last Treelines! All the plans for special worship during Holy Week got changed to scaled down virtual services. No pet therapy, no chaplains' class, no Spiritual speaker series. All of these involved bringing people in from outside, or gatherings of more than 10, so they're out. We have instead created Daily Reflections, a daily devotional that is available via the 991 channel each weekday at 11:30 am. Sermons and a shortened service are broadcast each Sunday at 10:30 and 3pm. Both Sunday worship and daily reflections are also available to residents via the resident portal at tportal.org, password trezevant 123, or written copies via email. The same daily devotionals are sent out to staff as well.

Life is surely different in this new world of virtual worship and community! Spring has allowed us some other opportunities for spiritual growth 6 feet apart however, and we are taking full advantage of them. Thanks to some hard work from Libby and the marketing team, we had a beautiful magnolia covered cross to decorate with flowers brought by residents' families the sat. before Easter. (pic) Residents enjoyed adding flowers to the cross and taking pictures of one another in front of the cross.

At the beginning of Lent we also started a "Walking Silent Meditation" on the Trezevant Trail. Each Tuesday at 3, interested residents meet at the Highland entrance for instruction, then walk for 25 minutes on their own in silence, and return to the group in the chapel where we can spread out and share our experiences.

Given that spring in Memphis is always gorgeous, we have not been disappointed by the burst of life viewable on the trail. We have extended the

Walking Meditation indefinitely—as long as weather is pleasant and everyone has a chance to get outside. On rainy days we have walking meditation on the floors, and pray for residents as we pass their rooms.

We will begin a walking meditation specifically for staff this Wed. at 1pm. It will be about 15 minutes as opposed to the 25 minutes, since staff may have time constraints, but hopeful it will provide some stress relief for our dedicated staff team.

God's peace to you all. Please know Barbara and I are available and would like to be there for any residents and families that would like a listening ear, or support and encouragement in the days ahead. You can reach us via phone at 325-8108 (Julie) or 251-9208 (Barbara) or jmckenna@trezevantmanor.org or bkirknorris@trezevantmanor.org.



1978: A bike and a pair of sneakers were the elixir of love for Rinnie Wilson and Keith Wood.

by Mary Alice Quinn

They were in New Orleans' famous Audubon Park, enjoying sunshine and chosen exercise. She was bike riding and he was preparing for a marathon (his first and last). Rinnie noticed Keith and waved a "hi". They stopped for conversation when sneakers and bike caught up. A first date was arranged (dinner at Antoine's), more conversation, more dates, then that four-word question was asked. The answer was a quick "yes".

1980: Rinnie, a native Memphian, was a flight attendant for Delta Airlines based in New Orleans. Keith, a son of the Crescent City, and Rinnie decided to marry. They lived in New Orleans until 1987 when they moved to Memphis. They've been married 40 years. Heirs include three children (two daughters and a son) and six grandchildren.

Keith, a history major at Tulane University, frequently gives talks to groups and clubs in the city. Trezevant is on his speakers' list three or four times a year. His profession is marketing for Keith Wood Co.

Exercise has been a great part of her life. After college days at Transylvania and the University of Kentucky she began jogging which led to many races and half marathons. Then she started teaching fitness to preschoolers and grade scholars' at Grace-St. Luke's Episcopal School. Combining her interest in city life and exercise, Rinnie embarked on introducing her little ones to the sights, the sounds, the music and the magic of Memphis-walking whenever possible. They visited Kroger (when shelves were full,) a police station, art galleries.

"The urban side of life fascinates me," she said. "I love cities - the art, the people, the physical surroundings are intriguing. This was the direction for the children. We saw Memphis from the physical side. I attempted to show them all the aspects of Memphis that make it hum."

Her next teaching home was the Emanuel Center where women in housing projects were her center of attention. The Junior League of Memphis and the Exchange club were two avenues for Rinnie to use her many skills and interests and at the same time help others to extend their boundaries. At the heart of all of her endeavors faith, love, discipline and of course exercise of mind, soul and body.

After working in marketing and personal training for many years, Rinnie's next port of entry was 177 North Highland. At the interview for the job as Fitness Director, she discussed what she could do, her talents, her strengths, and her camaraderie with older people.

"Yes" was another positive answer to the important offer for a job. May 3, 2020, marks Rinnie Wood's tenth anniversary as fitness coordinator at Trezevant. Her job involves teaching jobs of all levels of fitness. On a normal week there will be seven or eight classes. She oversees 34 weekly classes on the campus with 10 instructors assisting. During the crisis Rinnie is teaching many more, as the other instructors are not teaching during this period.

Silent walks, often along the river near Harbor Town, foster ideas beyond the daily schedule of water aerobics, strength and balance and men's exercise. For instance, several years ago Trezevant residents saw a need for an exercise program for those with Parkinson's. The "boxing" exercise class grew so fast that a new location twice the size had to be arranged.

Her current focus of attention is Seniors Helping Seniors program.

The community outreach endeavor involves approximately 50 resident donors who pack boxes at the Mid-South Food Bank. Recipients are Memphians living in subsidized housing. Food is selected with the leadership of a dietician and distributed to nine properties in the city. Items are purchased and packaged at the Mid-South Food Bank. All recipient properties have a connection with the Wesley Housing Corporation.

Her constant movement and the long walks continue to generate projects all related to the older generation. "There is a common thread between history, the power of God within me, and constant movement. God leads me to work with people. That is my calling."

Our Stories

by Jack Richbourg

The first thing you notice when you walk into Rowlett Scott's apartment is the art. On every wall hang museum quality paintings. "Wow!" I said pointing to a beautiful painting of trees reflected off water with a matching screen.

"Who painted that?" "Martha," was the reply. Martha Chase had accepted a blind date with Rowlett Scott in 1964. Four years later they married at St. Mary's Episcopal Cathedral in Memphis. She gave Rowlett two sons, Neel and Cobb, and blessed the world with her art until her death at age 59 in 2000 from breast cancer. "It's a terrible disease. She died 18 months after the diagnosis," Rowlett sighed from his recliner, his walker nearby. But, despite the sadness of his wife's death and despite the walker, I learned very quickly that Rowlett Scott is a very, very active man with a very, very active mind.

He played singles handball for 25 years, jogged for 30 years, did high impact aerobics for 4 years, and worked out at the gym. He enjoyed swimming, biking, hiking and canoeing. As a member of the Sierra Club, he has participated in four National Sierra Club river trips out west. He has canoed the Snake, the Missouri, the Big Hole, the Jefferson and Rio Grande rivers. One time, he

and a partner participated in the Memphis Canoe and Kayak Race on the Mississippi River finishing 17th out of 160.

"The river boils were the toughest part," he recalled. "They form when opposing currents collide. We were breezing along and then we would hit a boil. They stop you cold and send your canoe in a crazy direction. Fortunately, my partner was a strong guy, and we muscled through it. Those river currents are very tricky. That was my first and last race on the Mississippi."

Eventually, Rowlett's genes slowed him down. "Both my mother and my sister developed a middle ear defect. It didn't hit me until my fifties. About once or twice a year, I'd feel like I was drunk and couldn't keep my balance. It would last two or three days, and then, go away."

His conditioned worsened, until he had to use a cane. "I'd go to the gym every day with my cane and lift weights and do the stair master and other aerobics. I enjoyed that. Then, the accident happened."

In November of 2018, Rowlett was involved in a very serious automobile accident that hospitalized him for two weeks. He was off work for five months. "It really aggravated my middle ear

problems to the point I now have to walk with the walker." He adds clarifying, "It's not a musculo-skeletal problem. It's a balance problem," and it was his motivation to move to Trezevant.

But back in 1954, Rowlett, having graduated from Central High School, became a "Yaley."

"I applied to 12 colleges including Yale, got accepted to all 12 and picked Yale for no apparent reason." His father, a grocer, died at age 46 from a heart attack when Rowlett was 10, and his estate couldn't finance a Yale education. Undaunted, Rowlett won enough scholarships and worked enough part-time jobs to earn a degree in Chemical Engineering from Yale in 1958. The main thing that four years at Yale taught him, however, was that he didn't really want to be a Chemical Engineer. "Chemical processes and the periodic table are just not very exciting," he explained.

He reviewed his options and thought law might be a way he could have a role in the community and earn a comfortable living.

His application to Yale Law School was approved, scholarships were granted and supplemented by part-time jobs. After law school, Rowlett found himself back in Memphis with a Bachelor of Engineering degree, a law



degree, and no job.

“So, I called up Bailey Brown.” At the time, Bailey Brown was a lawyer with Burch, Porter, Johnson and Brown. Rowlett had never met him until he sat across from him in his office in the old Tennessee Club Building. The only thing Rowlett Scott knew about Bailey Brown was that he had just been appointed to the federal bench and was awaiting confirmation.

“So, what did you want to see me about?” barked Brown.

“Well,” replied Rowlett, “you’ve just been appointed to the federal bench, and you’re going to need a law clerk, and I want the job.”

Brown blinked at Rowlett a couple of times, looked down at the resume that Rowlett had handed him, looked up at him again and said, “You’re right. I do need a law clerk. You’re hired.”

“It was the shortest job interview I ever had,” said Rowlett. Thus, began a life-long friendship with Bailey Brown. They could be seen downtown having lunch together nearly every week until Brown’s death in 2004.

It was a very smart move on Rowlett’s part because, as most lawyers know, a federal clerkship is a letter of introduction to the best firms in town, and so it was for Rowlett. A year later, he took

a position with one of the oldest and largest law firms in Memphis, Armstrong Allen.

“In those days,” Rowlett explained, “lawyers did everything. In the first two years of my practice, I appeared in every civil court including the Court of Appeals in Cincinnati. Later, he settled into commercial real estate. After Armstrong Allen’s dissolution in 2006, Rowlett easily transitioned to the equally prestigious firm of Burch, Porter, and Johnson where he continued with his commercial real estate practice.

Even now, at age 83, before the pandemic, Rowlett got up every morning, put on his coat and tie and drove to his office downtown. With the coronavirus at large, Burch Porter asked the older members of the firm to stay home, and Rowlett immediately became bored rigid. “I can’t wait to get back,” he said. “I hope they let me come back soon.”

As a lawyer that retired at 70, I asked, “Why not just retire and put your feet up?”

“The boredom would kill me,” is all he said.

So, what is Rowlett Scott’s legacy? Well, do you like going to Shelby Farms on warm spring days? You can partially thank Rowlett for that. He worked with Charlie Newman and others in negotiations to establish and improve that park over many, many years.

Do you like riding your bike on the Greenline? Thank Rowlett again. He and Charlie and generous citizens negotiated with the railroad to give up its transportation easement. I don’t know about you, but the next time I walk or ride my bike on the Greenline, I’ll be thinking of Rowlett. Plus, he’s not done yet but chomping at the bit to get back to it.

So, don’t ever let an 83-year-old man with a walker fool you because I think we can all agree that Rowlett Scott is, indeed, a very, very active man with a very, very active mind.



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*Dr. and Mrs. Dee Canale
Ms. Minetry Apperson Crowley
Perre M Magness
Mrs. Ann L. Powell
Sally and Ray Podesta
Mr. Ozzie Schaefer
Donna Sue and Wayne Shannon
Mrs. Margaret Taylor
Ms. Frankie Wade
Mr. Milton Winter
Mrs. Thomas Wood*

Dr. Barry Gerald

*Dr. and Mrs. Dee Canale
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Mr. Robert Deininger
Dr. Suzanne Gronemeyer
Mrs. Sara Holmes
Jane and Bob Jones
Perre M Magness
Mrs. Theresa Mauer
Mrs. Presh Gill
Mrs. Anna McNeill
Ms. Jimmye Pidgeon
Mrs. Ann L. Powell
Mrs. Jet Thompson
Mrs. Grace Upshaw*

James Gilliland

Suzette and Randy Turner

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Mrs. Norma Owen
Mrs. Ann L. Powell
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Mrs. Elaine Schuppe
Mrs. Laurence Streuli
Mrs. Jet Thompson
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Mrs. Carol Jones *-ms
Alice Anne and Henry T V Miller
Mrs. Barbara Nash
Ms. Jimmye Pidgeon
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Mrs. Linda Rhea
Mrs. Elaine Schuppe
Mr. Milton Winter*

Andrea Loth

Rusty Loth

Carolann Moore

Ms. Ann Knox

Dr. Pat Murrell

Mrs. Grace Upshaw

Birthday of Dale Pigford, memorial

Ms. Minetry Apperson Crowley

Ann Ray

*Dr. and Mrs. Dee Canale
Mrs. Iolis Carruthers
Dr. Ray Curle
Ms. Marilyn Dunavant *-c
Ms. Sara Heckle
Mrs. Sara Holmes
Perre M Magness
Nancy and Rodgers Menzies
Carol Snowden Morris
Mrs. Ann L. Powell *-s
Mrs. Margaret Taylor
Mrs. Thomas Wood
Mr. Milton Winter*

Dr. Bill Runyan

*Mrs. Barbara Bacharach
Dr. and Mrs. Dee Canale
Joyce and Ted Johnson
Sally and Ray Podesta
Mrs. Ann L. Powell
Ms. Frankie Wade
Mrs. Thomas Wood*

Joe Saino

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Mrs. Peggy Bodine
Dr. and Mrs. Dee Canale
Beverly Fourmy Carrick
Mrs. Geneva "Gee Gee" Chandler
Mr. Kenneth F. Clark, Jr.
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(Joe Saino cont.)

Ms. Ruth Cunningham
Dr. Ray Curle
Mrs. Diane D. Davis
Theresa and Mark Dickson
Thea F Dotson
Mrs. Presh Gill
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Ms. Mary Murphy
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Mrs. Norma Owen
Ms. Jimmie Pidgeon
Sally and Ray Podesta
Mrs. Ann L. Powell *-s
Dr. and Mrs. Robert Richardson
Mrs. Elaine Schuppe
Mr. Ozzie Schaefer
Mrs. Laurence Streuli
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Sally and Ray Podesta

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Mrs. Grace Upshaw

Kenneth Lou Willmarth

Ms. Jimmie Pidgeon

**S- Scholarship Fund Donation
MS-Memory Support Donation
C-Chapel Fund Donation

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Scholarship

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Mrs. Barbara Bacharach

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The Estate of Dr. Patricia Murrell
Faye and Donn Southern -New Member
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The Trezevant Foundation has made every effort to ensure that the information on this donor page is correct. However, if you should find any errors or omissions, please contact the Foundation Office at 901.251-9235.

COVID-19 Employee Meal Fund

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Barbara and Richard Williams
Ms. Mary Kate Wyatt

Ben Thinking

*There's a sign over the stove in our kitchen that says, "Wasting time is an important part of living."
A companion response I saw in a magazine I read this morning says, "Time you enjoy wasting is not wasted time at all."*





What a gift! Seniors Helping Seniors is a service program developed and supported by Trezevant residents. No one living at Trezevant will ever go hungry, and our residents are doing their best to see that no other senior in Shelby County will go hungry either. Knowing the generous hearts of our residents, and their determination to make our city a better place, this is not surprising.

In 2018 and 2019, residents raised \$10,000 to feed older Memphians in need. They bought and packed 1,300 twenty pound senior food boxes. Each box provided food for a week for every resident in several subsidized apartment buildings. Our partner the Mid-South Food Bank provided the nutritious food and the packaging, while Wesley Housing distributed the food to their residents.

Year three of Seniors Helping Seniors, and \$8000 has been collected. Due to delays caused by the coronavirus-19, our Senior Helping Seniors packers will have to wait just a bit longer to pack the boxes, but food is being distributed now. We anticipate supplying over 1800 senior food boxes to those elderly Memphians in need this year. Many thanks to the sixty Trezevant residents who support this endeavor to improve the lives of our neighbors.

Does Anyone Know What Day it is?

Seriously, do you know what day it is, or the month for that matter? All my markers are gone, except my Monday Superlo shopping trip for the Little Store. Every other part of my job and my personal life is out of sync.

Some observations:

- Ice cream and snack sales are up.
- Masks, ear rings and hearing aids don't work together.
- I miss smiles.
- The birds are louder now.

This I know for sure:

- I will wear lipstick again.
- The first time back on the Spin bike at the KROC will be torture.
- My calendar will have a hair appointment on it.
- This will not last forever.

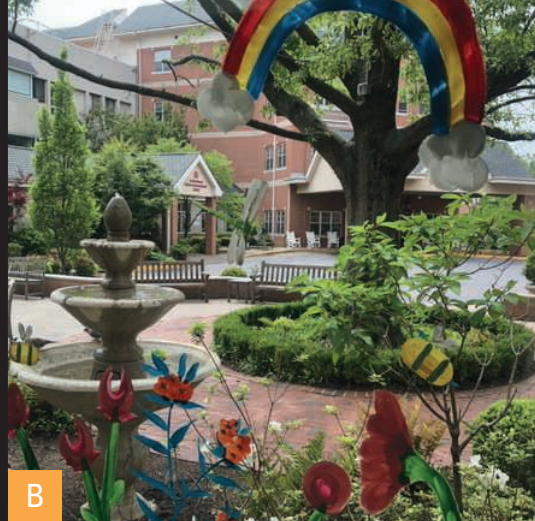
The spiritual discipline I struggle with every day is that I am not in charge. I do not know what is best. I can only surrender to my Higher Power and pray for direction. Dottie's Digs will re-open, masks will not always be part of my daily wardrobe, and I will take another trip, somewhere.

All in God's time, not mine. Stay safe—Retail Robin





A



B



A. Setting up the Cross in Hopes Garden this year for Easter.

B. Wonderful artist painting on the windows to uplift residents.

C. Burns Dinner with Bagpipes in All!

D. Retired Board Members Reception.

E. Thanks to our wonderful Food staff delivering all meals to resident rooms.

F. The new Happy Hour: 6 ft away with masks on but wine in hand!

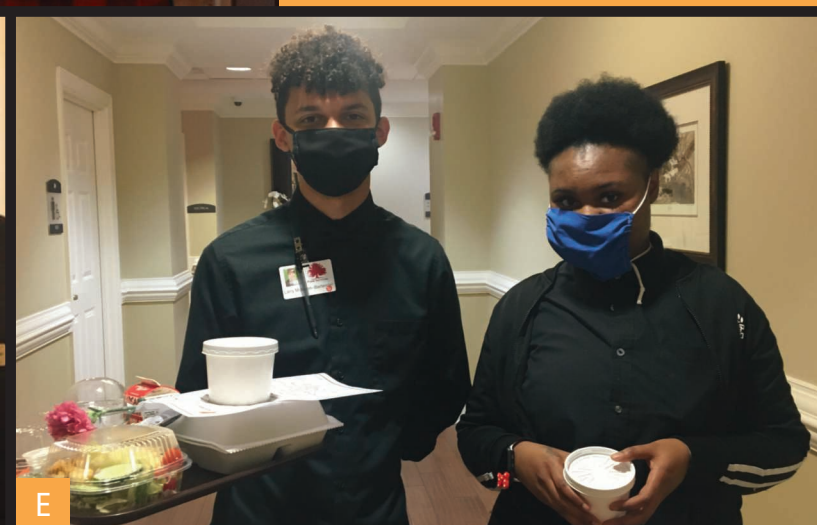
G. New Residents Welcome Reception.



C



D



E



F



G

B I R T H D A Y S

MAY

1	Sally Podesta
2	John Holmes
3	James Higgason
3	Louise Presley
3	Shirley Springfield
6	Alisa Elliott
6	Bobby Holmes
7	Coleen Daniel
9	Maggie Hollabaugh
11	Betty Brewster
11	Barbara Wilson
12	John Mansfield
13	Joyce Stanley
17	Carol Jones
17	Betsy Rucks
17	Ozzie Schaefer
17	Laurence Streuli
19	Kitty McClintock
20	Martin Shea
22	Janice Jamison
22	John Moran
22	Milton Winter
23	Perre Magness
25	Mary Custer
25	Mildred Carruthers
26	Claire Saino
31	Helen Quinn

JUNE

1	Lucy Carrington Jones
2	Al Nimocks
2	Jet Thompson
2	Virginia Trenholm
3	Sara Holmes
3	Helen Jaseph
4	Anna King
7	Lisa Dilley
8	Ann Stevens
9	Fred Harrison
9	Mary McCord
10	Diane Evans
10	William Whitley
11	Mary Oshlag
11	Rowlett Scott
14	Libby Daughdrill
14	Corinne Nienhuis
14	Dorsey Wade
15	James Crum
16	Sue Atwood
16	Margaret Renshaw
17	Robert Green
19	Nancy Menzies
20	Buzzy Hussey
20	Helen Jabbour
22	James Atkins
22	Jane Twist
23	John King
25	Marilyn Dunavant
26	June Wood
27	Bill Douglas
28	Norma Owen
29	Joyce Johnson
30	Eugene A McDermott

JULY

3	Nell Crocker
3	John Douglas
3	Ann Whitsitt
4	Chipsy Butler
4	Kaye Hearon
5	Mary Brittain
5	Bettie Williams
6	Honey Cannon
6	Judy Drescher
6	Julia Harvey
6	Nancy Higgason
7	Vivian Rider
8	Charlotte Jones
9	Dixie Austin
10	AnnNichols
10	Buddy Nix
11	Peggy Bodine
12	Sara Shelton
13	Presh Gill
13	Kiersten Watkins
15	Gerry Austin
15	Rose Buoni
15	Rosemary Mosby
16	Nancy Morris
16	Jack Richbourg
17	Madge Saba
18	David Lindstrom
24	Carroll Ann Pera
25	James Murff
27	Sara Heckle
27	Ann Kinney
28	Anne Lynes
28	Dorothy Stevenson
29	Suzanne Gronemeyer
31	Priscilla E Read



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