

TIDINGS



JANUARY
2020



AT YOUR SERVICE

by Kim O'Donnell, Director of Resident Services

Director of Resident Services

Kim O'Donnell

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Now that the holidays are over, resolutions are set and thoughts turn towards the New Year. As we enter into a new decade, now is the time to set our sights on the future. Perfect vision or 20/20 will be the ideal theme for this year. You may envision yourself pursuing a path of personal growth-growth that would open up new opportunities and self fulfillment.

Trezevant promotes an environment of enrichment and challenges you to participate, like enrolling in a course such as pottery, painting, acting, creative writing, creative movement, gardening or taking bridge, dulcimer, Mah Jongg, language, dance, or piano lessons. All of these opportunities can be made available to you through Creative Aging, a local non-profit, or by contacting your Resident Services office.

It is also an opportune time to assess your health goals and join in one of our fitness classes. We offer yoga, Tai Chi, water aerobics, balance and cardio resistance classes. Or if not a fitness buff, get involved in volunteering. Trezevant has on-site opportunities such as the library, Dottie's Digs, chapel, the Little Store, Trezevant Ambassadors, happy hour, World Relief tutoring, along with committees for grounds, scholarship, dining and hourly employee Christmas fund.

Finally, if you don't find your niche in these options, plan to join us for a travel adventure. The Trezevant Trailblazers will be visiting the Mississippi Delta in March for a two-night stay at the Alluvian Hotel. We'll visit the Gateway Blues, Delta Blues, Ground Zero and Grammy museums, as well as the BB King and Jim Henson's museum along with a stop at McCarty's pottery and more. Additional trips to Nashville and Crystal Bridges are also planned for this year. For details, contact my office.

Wishing everyone the best in 2020!

Kim

To receive *Tidings* by mail or online, please call Teresa Johnson at (901) 746-1843 or email tjohnson@trezevantmanor.org.

trezevantmanor.org

IN ST EDWARD CHAPEL

by Rev. Julie McKenna, Lead Chaplain/Director of Spiritual Services



On Tuesday, January 7th, 2020, we will kick off our Spiritual Speaker series at 7:15pm in St. Edward. Our theme is "creativity and Spirituality". Suzanne Henley, a creative Jack-of-all-trades, will delve into her own spiritual journey, as shaped by her experiences as a writer, designer and maker of sacred jewelry, creator of fused glass installations in buildings all over Memphis, and practitioner of other decorative arts. Suzanne's diverse creations have made her a true "artist of her own life."

We are also excited to offer our next series in Chaplains' Class which will begin on Wednesday, January 8th at 3pm. The Rev. Anne Carriere will lead us in a study she calls, "That Was Then, This is Now." Over 4 weeks, Anne's study will focus on dealing with all kinds of loss. I think this will prove to be a very interesting and informative study. Hope you will join us!

All our regular programs will also resume in January. Dina Smith's Listen and Love will resume Thursday, Jan 9th at 3pm in the gallery parlor. Knit, Pray, Love will also resume on Jan 9th at 4pm in the music room.

Meditation will make a permanent move to Monday at 3pm in the chapel instead of Wed. at 2:15. Hope to see you there!

Lead Chaplain /Director of Spiritual Services

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Associate Chaplain

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BE WELL

by Rinnie Wood, Fitness Director

Fitness Director

Rinnie Wood

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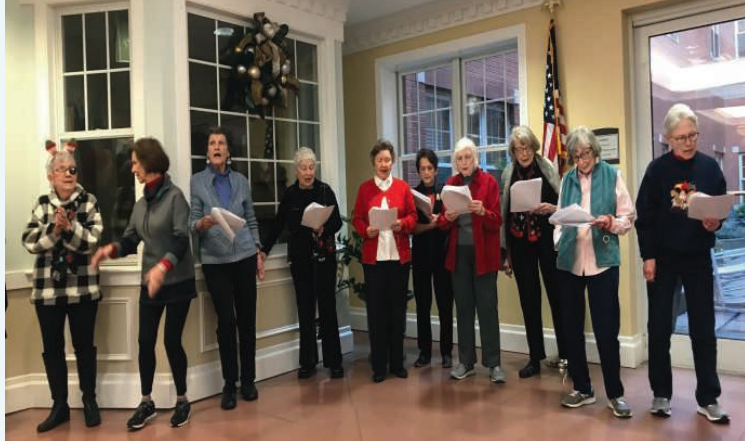
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THANKS FOR THE MEMORIES IN 2019!

Let's anticipate a year of joy, sharing, laughter and movement in 2020. Prepare to challenge yourself!

Rinnie & the fitness team

MARK YOUR CALENDAR

Consult weekly calendars for updates to activities listing.

***PODIATRIST VISIT** on Thu, 1/2 at 9:00 a.m. from HPL.

***TREZEVANT EXPLORES:** on Fri, 1/3 in the PAC. *Lunch at 11:30 a.m.-\$7.50; Presentation at Noon.*

***SPECIAL PERFORMANCE: CELTIC CELEBRATION WITH BASIL ALTER & BARBARA CHRISTENSEN** on Sun, 1/5 at 3:30 p.m. in the PAC.

SPIRITUAL SPEAKER SERIES: SUZANNE HENLEY on Tue, 1/7 at 7:15 p.m. in the CH.

CHAPLAINS' CLASS: THAT WAS THEN, THIS IS NOW WITH ANNE CARRIERE each Wed, beginning 1/8 at 3:00 p.m. in the CH.

TREZEVANT TASTING: FROM RUSSIA, WITH LOVE on Tue, 1/14 at 5:00 p.m. in the MR.

***AUDIOLOGIST VISIT** on Wed, 1/15 at 9:00 a.m. from HPL.

***WATCH PARTY: MEMPHIS V. CINCINNATI** on Thu, 1/16 at 6:00 p.m. in the PAC.

***SPECIAL PERFORMANCE: AYA PIANO TRIO** on Mon, 1/20 at 7:15 p.m. in the PAC.

***OUT TO DINNER: BISHOP** on Tue, 1/21 at 5:45 p.m. from HPL.

***OUT TO THE MOVIES: LUNCH & MOVIE AT THE POWERHOUSE THEATER** on Fri, 1/24 at 11:00 p.m. from HPL. *Movie & Time will be confirmed ASAP.*

ROBBIE BURNS SUPPER on Fri, 1/24 at 5:00 p.m. in the PAC. *Reservations required at 251-9212.*

FINE DINING RETURNS on Sun, 1/26 at 5:30 p.m. in SDR. *Reservations required at 251-9212.*

SOUTHERN AUTHOR SERIES on Wed, 1/29 at 5:00 p.m. in the PAC.

RESIDENT ASSOCIATION QUARTERLY MEETING on Wed, 1/29 at 7:15 p.m. in the PAC.

***EXPLORING DOWNTOWN DEVELOPMENT & LUNCH (TBD) WITH RINNIE** on Fri, 1/31 at 10:30 a.m. from HPL.

MOVIES Mon, Tue, Wed, Sat, & Sun each week. Check calendars for titles and times. *Subject to change.*

HAPPY HOUR Spend time with friends in the PAC every Mon and Thurs, from 5:00-6:00 p.m. \$2 cover charge, free drinks.

LANGUAGE LESSONS WITH BRIGITTE EBEL Every Tue at 11:15 a.m. in Club Room 310.

DR. WARREN Every Tue from 1:00 to 3:30 p.m. in the Wellness Clinic.

PLAY PING PONG! Each Tue & Thu beginning from 1:30-3:00 p.m. in Room 310.

MEN'S COFFEE HOUR Every Wed at 10:00 a.m. in Club Room 310.

RESIDENT BIRTHDAY CELEBRATION on the last Wed of each month at 6:00 p.m. in SDR. *Get a free glass of wine and a cupcake for your birthday!!*

THE GREAT COURSES: THE AMERICAN

WEST each Thu at 2:00 p.m. in the PAC.

BOARD GAMES Play with old & new friends each Fri at 1:00 p.m. in the SDR.

DOTTIE'S DIGS Open Thu, 1/2 & 1/16 (G1), from 9:00-5:00 p.m. *Proceeds benefit the Trezevant Foundation.*

RESIDENT BALLROOM DANCING Each Fri from 3:00 to 3:45 p.m. in the PAC.

SATURDAY BINGO 1/4 1/11, and 1/18 at 7:15 p.m. in SDR.

THURS EVENING ENTERTAINMENT (7:15PM-PAC)

1/2 ELVIS!

1/9 Paula Newberry (Classical)

1/23 Alisa Horn & Maeve Brophy (Classical)

1/30 Mid-South Bossa Nova

TGIFT MUSIC (5PM-Music Room)

1/3 Lisa Nobumoto

1/10 Glenn Malchow (Acoustic)
1/17

1/31 Deante Payne (Jazz)

SATURDAY MUSIC HOUR (5PM, MUSIC ROOM)

1/4 Sable & Jackson (Acoustic)

1/11 Shaun Marsh (Oldies)

1/18 David Virone (Acoustic)

1/25 Leah Van Merkestyn
(Acoustic)

JANUARY AT TREZEVAANT

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
<p align="center">PLEASE NOTE: EVENTS ARE SUBJECT TO CHANGE · CHECK THE WEEKLY CALENDAR FOR UPDATES · FILM SCREENINGS ARE HELD IN THE PAC * =SIGN UP IN THE ACTIVITY BOOK Regular Events - Special Events - Chapel Events - Movies</p>			<p>1 11:30-1:00 NY Day Buffet SDR 3:30 MOVIE: Bachelor Mother (R, 1929, 1h22m)</p>
<p>5 10:30 Worship & Holy Communion CH 3:30 Celtic Music with Barbara & Basil PAC 7:15 MOVIE: The Goldfinch (R, 2019, 4.5*, 2h29m)</p>	<p>6 1:00 Bridge SDR 3:00 Mindfulness Meditation CH NEW TIME 5:00 Happy Hour PAC 7:15 MOVIE: Where'd you go, Bernadette? (PG-13, 2019, 4*, 1h48m)</p>	<p>7 10:00 Kroger/Dollar Tree 11:15 Language Club 310 1:00 Mah Jongg SDR 1:30-3:00 Ping Pong 310 3:30 MOVIE: The Crown: Olding S3, E1 7:15 Spiritual Speaker Series: Suzanne Henley</p>	<p>8 10:00 *Walgreens/USPS HPL 10:00 Men's Coffee Club 310 10-11:45 Dr. Warren Clinic 12:00 MOVIE: Gandhi (PG, 1982, 2h24m) 3:00 Chaplains' Class: Loss v CH</p>
<p>12 10:30 Worship & Holy Communion CH 3:30 MOVIE: At Middleton (R, 2014, 4*, 1h40m)</p>	<p>13 1:00 *Superlo/Target 1:00 Bridge SDR 3:00 Mindfulness Meditation CH NEW TIME 5:00 Happy Hour PAC 7:15 MOVIE: Poms (PG-13, 2019, 4*, 1h30m)</p>	<p>14 10:00 Kroger/Dollar Tree 10:30 V. Hollon's Book Club MR 11:15 Language Club 310 1:00 Mah Jongg SDR 1-3:30 Dr. Warren Clinic 1:30-3:00 Ping Pong 310 3:30 MOVIE: The Crown: Margaretology S3, E2 5:00 Trezevant Tasting: From Russia, With Love</p>	<p>15 9:00-11:00 *Audiologist HPL 10:00 *Walgreens/USPS HPL 10:00 Men's Coffee Club 310 12:00 MOVIE: An Affair to Remember (PG, 1957, 1h54m) 3:00 Chaplains' Class: Loss v CH</p>
<p>19 10:30 Worship & Holy Communion CH 3:30 MOVIE: The Farewell (PG, 2019, 4.5*, 1h39m)</p>	<p>20 1:00 Bridge SDR 3:00 Mindfulness Meditation CH NEW TIME 5:00 Happy Hour PAC 7:15 Special Performance: AYA Piano Trio PAC</p>	<p>21 10:00 Kroger/Dollar Tree 11:15 Language Club 310 1:00 Mah Jongg SDR 1:30-3:00 Ping Pong 310 3:30 MOVIE: The Crown: Aberfan S3, E3 5:45 Out to Dinner: Bishop HPL</p>	<p>22 10:00 *Walgreens/USPS HPL 10:00 Men's Coffee Club 310 10-11:30 Dr. Warren Clinic 12:00 MOVIE: Auntie Mame (PG, 1958, 5*, 2h23m) 3:00 Chaplains' Class: Loss v CH</p>
<p>26 10:30 Worship & Holy Communion CH 2:30 MOVIE: Downton Abbey (PG, 2019, 4.5*, 2h2m) 5:30 Fine Dining-Reservations Required - 251-9212</p>	<p>27 1:00 Bridge SDR 3:00 Mindfulness Meditation CH NEW TIME 5:00 Happy Hour PAC 7:15 MOVIE: The Laundromat (R, 2019, 1h36m)</p>	<p>28 10:00 Kroger/Dollar Tree 1:00 Mah Jongg SDR 1-3:30 Dr. Warren Clinic 1:30-3:00 Ping Pong 310 3:30 MOVIE: The Crown: Bubbikins S3, E4</p>	<p>29 10:00 *Walgreens/USPS HPL 10:00 Men's Coffee Club 310 12:00 MOVIE: Oceans 11 (NR, 2001, 2h20m) 3:00 Chaplains' Class: Loss v CH 5:00 Southern Authors Series 6:00 Birthday Celebrations 7:15 Resident Quarterly Meeting</p>
<p>KEY</p>	<p>CH CHAPEL ECR EXECUTIVE CONFERENCE ROOM GAL GALLERY HG HOPE'S GARDEN HPL HIGHLAND ENT. MR MUSIC ROOM</p>		



DAY	THURSDAY	FRIDAY	SATURDAY
er (NR, 1939, 5*,	2 9-5:00 Dottie's Digs Open G1 9:00-Noon *Podiatrist TT 1:00 Canasta SDR 1:30-3:00 Ping Pong 310 2:00 Great Courses: The American West 5:00 Happy Hour 7:15 Elvis!! PAC	3 10:30 Praying the Rosary CH 11:30 *Trezevant Explores: 1:00 Board Games SDR 3:00 Resident Ballroom Dancing PAC 5:00 TGIFT: Lisa Nobumoto MR	4 1:00 MOVIE: Shawshank Redemption (R, 1994, 5*, 2h22m) 5:00 Music Hour: Sable & Jackson (Guitar/Flute) MR 7:15 Bingo SDR
82, 5*, 3h11m) with Anne Carriere	9 1:00 Canasta SDR 1:30-3:00 Ping Pong 310 2:00 Great Courses: The American West 3:00 Listen & Love w/ Dina Smith GAL 4:00 Knit, Pray, Love MR 5:00 Happy Hour PAC 7:15 Paula Newberry (Classical) PAC	10 1:00 *Superlo/Target 1:00 Board Games SDR 3:00 Resident Ballroom Dancing PAC 5:00 TGIFT: Glenn Malchow (Acoustic) MR	11 1:00 MOVIE: Fried Green Tomatoes (PG-13, 1991, 5*, 2h10m) 5:00 Music Hour: Shaun Marsh (Oldies) MR 7:15 Bingo SDR
member (G, 1957, with Anne Carriere	16 9-5:00 Dottie's Digs Open G1 1:00 Canasta SDR 1:30-3:00 Ping Pong 310 2:00 Great Courses: The American West 3:00 Listen & Love w Dina Smith GAL 4:00 Knit, Pray, Love MR 5:00 Happy Hour PAC 6:00 Watch Party: UofM v. Cincinnati PAC	17 11:00 *Outing: Movie and Lunch at Powerhouse Theater HPL 1:00 Board Games SDR 3:00 Resident Ballroom Dancing PAC 5:00 TGIFT: Memphis Hot Notes (Ukelele) MR	18 1:00 MOVIE: Pirate Radio (R, 2009, 4.5*, 1h57m) 5:00 Music Hour: David Virone (Acoustic) MR 7:15 Bingo SDR
SPS HPL with Anne Carriere	23 1:00 Canasta SDR 1:30-3:00 Ping Pong 310 2:00 Great Courses: The American West 3:00 Listen & Love w Dina Smith GAL 4:00 Knit, Pray, Love MR 5:00 Happy Hour PAC 7:15 Alisa Horn & Maeve Brophy (Classical) PAC	24 1:00 Board Games SDR 3:00 Resident Ballroom Dancing PAC 5:00 Burns Supper PAC <i>Reservations at 251-9212.</i>	25 1:00 MOVIE: P.s. I Love You (PG-13, 2007, 4.5*, 2h5m) 5:00 Music Hour: Leah Van Merkestyn (Acoustic) MR
SPS HPL 1960, 4.5*, 2h7m) with Anne Carriere s: SDR ting PAC	30 1:00 Canasta SDR 1:30-3:00 Ping Pong 310 2:00 Great Courses: The American West 4:00 Knit, Pray, Love MR 5:00 Happy Hour PAC 7:15 Mid-South Bossa Nova (Bossa Nova) PAC	31 10:30 *Exploring Downtown Development & Lunch TBD HPL 1:00 Board Games SDR 3:00 Resident Ballroom Dancing PAC 5:00 TGIFT: Deante Payne (Jazz) MR	

MOVIES AT TREZEVAANT

JANUARY 2019



Wed, January 1, 2020-3:30 p.m.
Bachelor Mother-Unemployed Polly Parrish picks up a baby left at orphanage doors at Christmas. Everyone assumes the foundling is hers, including Polly's playboy ex-boss, who offers her a job if she'll live up to her maternal duties. (NR, 1939, 5*, 1h22m)



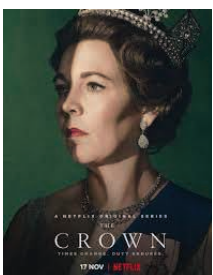
Sat, January 4, 2020-1:00 p.m.
Shawshank Redemption-Academy Award® winner Tim Robbins stars in this Oscar® nominated drama about a banker who is wrongly convicted of the murder of his wife and her lover. (R, 1994, 5*, 2h22m)



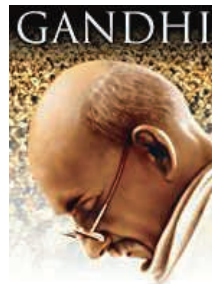
Sun, January 5, 2020-7:15 p.m.
The Goldfinch-Tragedy changes Theodore Decker's life after his mother was killed in a bombing at the Metropolitan Museum of Art. He holds on to a painting as hope from that tragic day. The Goldfinch. (R, 2019, 4*, 2h29m)



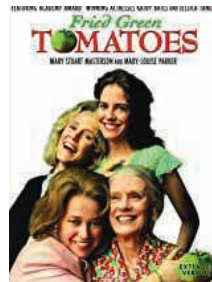
Mon, January 6, 2020-7:15 p.m.
Where'd you go, Bernadette?-An inspiring comedy about Bernadette Fox, a loving mom who becomes compelled to reconnect with her creative passions after years of sacrificing herself for her family. (PG-13, 2019, 4*, 1h48m)



Tue, January 7, 2020-3:30 p.m.
The Crown: Olding-Elizabeth grown concerned as Labour Party leader Harold Wilson becomes prime minister amid anti-monarchi sentiment and rumors of his possible KGB ties. (TV-MA, 2019, 4.5*)



Wed, January 8, 2020-Noon
Gandhi-Sir Ben Kingsley stars as Mohandas Gandhi in Lord Richard Attenborough's riveting biography of the man who rose from simple lawyer to worldwide symbol of peace and understanding. (PG, 1982, 4.5*, 3h11m)



Sat, January 11, 2020-1:00 p.m.
Fried Green Tomatoes-Evelyn Couch meets Ninny Threadgoode who tells her the story of Idgie Threadgoode, a young woman in 1920's Alabama. Through Idgie's inspiring life, Evelyn builds a lasting friendship of her own with Ninny. (PG-13, 1991, 5*, 2h10m)



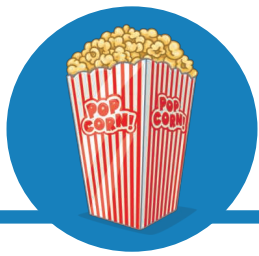
Sun, January 12, 2020-3:30 p.m.
At Middleton-Oscar-nominees Andy Garcia and Vera Farmiga shine as George and Edith, two parents who fall in love over the course of a single day while playing hooky from their children's college tour. (R, 2014, 4*, 1h40m)



Mon, January 13, 2020-7:15 p.m.
Poms-Martha moves into a retirement community and starts a cheerleading squad with her fellow residents, proving that it's never too late to follow your dreams. (PG-13, 2019, 4*, 1h30m)



Tue, January 14, 2020-3:30 p.m.
The Crown: Margaretology-With Britain in need of a financial bailout from the U.S., Elizabeth reluctantly enlists Margaret to assist in winning over President Johnson. (TV-MA, 2019, 4.5*)



Wed, January 15, 2020-Noon
An Affair to Remember-Cary Grant and Deborah Kerr meet on an ocean liner and fall deeply in love. They agree to meet six months later at the Empire State Building, but a tragic accident prevents their rendezvous. (G, 1957, 5*, 1h54m)



Sat, January 18, 2020-1:00 p.m.
Pirate Radio-From the creator of Love Actually and Notting Hill comes a trip back to the freewheeling '60s when the rock music that inspired a generation was censored by the government. (R, 2009, 4.5*, 1h57m)



Sun, January 19, 2020-3:30 p.m.
The Farewell-In this funny, heartfelt story, Billi's (Awkwafina) family returns to China under the guise of a fake wedding to stealthily say goodbye to their beloved matriarch—the only person that doesn't know she only has a few weeks to live. (PG, 2019, 4.5*, 1h39m)



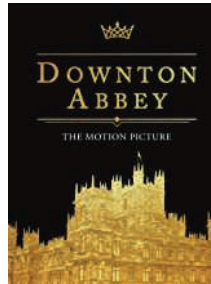
Tue, January 21, 2020-3:30 p.m.
The Crown: Aberfan-Following a tragic accident at a Welsh mining village that quickly becomes political, both Elizabeth and Wilson struggle with their responses. (TV-MA, 2019, 4.5*)



Wed, January 22, 2020-Noon
Auntie Mame-The legendary Rosalind Russell ("Gypsy," "His Girl Friday") recreates on screen her Broadway triumph as an eccentric grande dame who teaches her 10-year old nephew to appreciate life. (PG, 1958, 5*, 2h23m)



Sat, January 25, 2020
P.S. I Love You-A young widow discovers that her late husband has left her 10 messages intended to help ease her pain and start a new life. (PG-13, 2007, 4.5*, 2h5m)



Sun, January 26, 2020-2:30 p.m.
Downton Abbey-Return to Downton Abbey as the beloved Crawleys and their intrepid staff prepare for a royal visit from the King and Queen of England in this grand cinematic experience. (PG, 2019, 4.5*, 2h2m)



Mon, January 27, 2020-7:15 p.m.
The Laundromat-When a widow gets swindled out of insurance money, her search for answers leads to two lawyers in Panama who hide cash for the superrich. (R, 2019, 4*, 1h36m)



Tue, January 28, 2020-3:30 p.m.
The Crown: Bubbikins-As the royal family makes a documentary to boost their image, an unexpected guest arrives from Greece, throwing a wrench into Philip's publicity plans. (TV-MA, 2019, 4.5*)



Wed, January 29, 2020-Noon
Oceans 11-Danny Ocean likes his chances. All he asks is that his handpicked squad of 10 grifters and cons play the game like they have nothing to lose. (PG-13, 2001, 4.5*, 1h56m)

MASQUERADE CHRISTMAS GALA 2019



JANUARY BIRTHDAYS

1	Lynn Murff	16	Billie Fortas
1	Terry Robertson	17	Frances Donovan
6	Rusty Loth Jr	17	Caroline Nance
7	Alice Lietch	18	Christine Garrett
8	Sally Hergenrader	21	Nancy Erb
8	Miriam Northrop	22	Norma Atkins
8	Anna Pyland	23	Bill Runyan
9	Shirley Schroeder	24	Gee Gee Chandler
10	Kathryn Johnson	25	Peggy Harris
11	Grace Crocker	25	Alice Anne Miller
11	Mary Virginia Rogers	25	Julie Walton
12	Roger Lowery	26	Ruth Hurst
12	Ann Powell	27	Mary Edith Walker
13	Patsy Smith	30	Robert McCallum
16	Jane Cash	30	Jean Reynolds
16	Mildred Dailey		

Masquerade Christmas Gala (con't)

1. Madge Saba and Cathy Richbourg
2. Patti Calvert & Sam Beach
3. Betty Jane Robinson, Susan Herron and Marilyn Dunavant
4. T.V. Miller and Donn & Faye Southern
5. Mary Edith Walker, Mary Kate Wyatt, Ben Bledsoe and Fitness Director Rinnie Wood
6. Judy Drescher & Dave Lindstrom

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