



A WORD FROM OUR CEO

by Kent Phillips

CEO Kent Phillips kphillips@trezevantmanor.org

Assistant to the CEO
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A few weeks ago, we announced that Allen Morgan and The Terrace are both 2020 recipients of the Silver Level National Quality Award as recognized by the American Health Care Association and the National Center for Assisted Living. We are particularly proud of this achievement in light of the current crisis we face - the Coronavirus pandemic. At a time when healthcare facilities are subject to intense focus, we take pride in our ability to rise above the rest. We don't seek awards simply to brag (though I admit to our fair share of braggadocios behavior), we seek them to improve ourselves, to gauge our efforts against other providers and to demonstrate how serious we are in caring for you.

Is it any wonder that our Director of Health Services, Paul Martin, received the 2020 Professional Services Award from the Tennessee Health Care Association? Is it any wonder that over the past two years, we've received over a dozen awards for excellence in chaplaincy, innovation in applied technology and superior performance in resident engagement?

I am proud to work with a team dedicated to this level of care and I am honored to serve you, our residents and families. As we look forward to the day when COVID-19 is no longer a persistent issue and we can once again resume the social engagement Trezevant is known for, rest assured that we are working hard to provide you safety, security and the best care available in Memphis and the Midsouth.

AT YOUR SERVICE



by Kim O'Donnell, Director of Resident Services

We transition into the Fall of 2020 and anticipate better days ahead hoping and praying for an end to the pandemic. Many of us have settled into a routine involving daily exercise, watching movies, reading selections from our wonderful library, dining in Snowden Dining room and waiting to return to some sense of normalcy.

To borrow a phrase used all too often we now have the "new normal" and how does that look at Trezevant. For September we will be showing the 146th running of the Kentucky Derby on Saturday, the fifth. The entries will be available for drawing via a pool on Friday, September 4th. If you wish to participate you may purchase a horse by drawing in either a \$1.00, \$5.00 or \$10.00 pool. Winnings will be disbursed according to total horses sold per pool winner takes all. Don your derby hats and root for your horse. A Creative Writing class will be offered per Zoom taught by Elaine Blanchard. This series of classes will be aired in the PAC and participants may sign up in the Activity Book. Participants will be guided through a creative process to write their life stories. Grandparent's Day is September 13th and we are collecting photos of grandchildren, great grandchildren and great-great grandchildren. Please submit for us to scan or have them sent to Tjohnson@trezevantmanor.org. We will be creating a display for all to view. The Investing For the Future Club will meet on September 15th to discuss their stock selections everyone is very enthusiastic and looking forward to learning about the markets. We will be offering tours of the SDR's remodeled kitchen sometime in September. Consent forms for flu and pneumonia shots have been distributed and are to be turned in by September 4 to the Wellness office or Resident Services.

Voter registration will be available on campus an opportunity for residents ,new to Tennessee, to register to vote details will be publicized. Trezevant will be offering transportation to early voting on Oct. 15, 17, 22, 28 sign up in the Activity Book an I.D. and masks are required.

Look for an antique car parade at the end of the month. Vintage automobiles from several car clubs in the Memphis area will parade our block for all to view, distanced of course.

Stay safe,

Kim

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Coordinator

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trezevantmanor.org



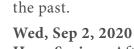
MOVIES AT TREZEVANT

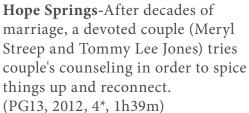
September, 2020

Tue, Sept 1, 2020









Memphis Memoirs: Remember

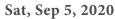
When-Through photographs, home

movies, and personal reminiscences

we learn what Memphis was like in



Hope Springs



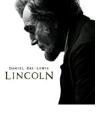
Space Cowboys-Forty years after their original space mission was scrapped, a retired Air Force "space cowboy" leads a group of former astronauts on a dangerous mission. (PG13, 2000, 4.5*, 2h10m)



Sun, Sep 6, 2020

Lincoln-An inspiring drama that focuses on Lincoln's final four months.





Mon, Sep 7, 2020

Norma Rae-Sally Field collected the Best Actress Oscar for her vibrant portrayal of a single mom who reluctantly becomes the leader of an effort to unionize the workers at her cotton mill. Based on a true story, with Beau Bridges. (PG-13, 1955, 4.5*, 1h40m)



Tue, Sep 8, 2020

Memphis Memoirs: Kennedy Hospital-Relives the history of the former World War II VA Hospital.



Wed, Sep 9, 2020 The Man in the Moon-The heartwarming coming-of-age













film set in the 1950s stars Reese Witherspoon as a 14-year-old girl who gets her first difficult lesson in love. Also stars Sam Waterston and Tess Harper.

(PG13, 1991, 4.5*, 1h39m)

Sat, Sep 12, 2020

Sweet Home Alabama-Melanie is engaged, but her past holds secrets in Alabama.

(PG13, 2002, 5*, 1h48m)

Sun, Sep 13, 2020

The Lincoln Lawyer-In the gripping thriller "The Lincoln Lawyer," Matthew McConaughey stars as Michael "Mick" Haller, a slick, charismatic Los Angeles criminal defense attorney who operates out of the back of his Lincoln Continental sedan.

(R, 2011, 4.5*, 1h58m)

Mon, Sep 14, 2020

Woman in Gold-Helen Mirren and Ryan Reynolds star in the remarkable true story of one woman's battle against the establishment to recover her family possessions that had been seized by Nazis during WWII. (PG13, 2015, 4.5*, 1h49m)

Tue, Sep 15, 2020

Memphis Memoirs: Overton Park-The park has been an essential part

of the lives of Midtown residents for many years, from its creation in 1901 until the present.

Wed, Sep 16, 2020

Gosford Park-As a hunting party gathers at the country estate, no one is aware that before the weekend is over, someone will be murdered

IN ST EDWARD CHAPEL

by Rev. Julie McKenna, Lead Chaplain/Director of Spiritual Services



We have all had to make major adjustments in our plans due to this pandemic, but I am so thankful we have such capable leaders among us that we've been able to offer ongoing spiritual care programming throughout the summer. A big thanks to Ben Bledsoe, Milton Winter, Linda Mischke, Anne Carriere, Sylvia Adams for their leadership of groups during the summer months. Also a huge thank you is due to the chapel executive committee, that has stepped up to be sure all the responsibilities associated with worship are covered each week. Thank you all!

September we will begin a new chaplains' class. Ben Bledsoe will lead us in a 5 week study of Psalms. It is entitled "Psalms—the Most Popular Book in the Bible that We Know the Least About."

Participants can register for the class and attend either the Tuesday session at 2pm or Wednesday session at 3pm. You may sign up in the activity book. Ben graciously donated books of Psalms for class members. He has also written and put together a booklet entitled 'MY Favorite Psalms." Both these resources will be available to all participants free of charge.

This study will be a nice sequel to Linda's series on the mysteries of prayer, as Psalms is the prayerbook of the Bible.

Another special event that will take place in Sept. is a concert from our organist/ pianist, Greg Jones. On Sunday, Sept. 20th and 27th at 4pm Greg will provide a concert in the chapel on both organ and piano. Musical selections will include sacred pieces on the piano, sacred/classical pieces on the organ, and then close with popular tunes/show tunes on the piano. 25 residents may attend each week. (The concert will be the same for both Sundays, just two opportunities for residents to attend). You will need to register for the event, and seating will be on a first come first serve basis. Come join us!

Lead Chaplain /Director of Spiritual Services

Rev. Julie McKenna jmckenna@trezevantmanor.org (901) 325-8108

Associate Chaplain

Rev. Barbara Kirk- Norris bkirknorris@trezevantmanor.org (901) 251-9208

SEPTEMBER AT TREZEVANT

SUNDAY	MONDAY	TUESDAY	WE
		1 901 DAY & NAME TAG TUES! 1:30-3:00 Ping Pong! 310 2:00 *Chaplain's Class: Psalms-The Most Popular Book in the Bible that We Know Least About with Rev. Ben Bledsoe CH 3:30 MOVIE: Memphis Memoirs- Remember When PAC	9:00-10:0 9:30-Noon Dr. 10:00 Men's Co 1:00 & 3:30 Mo (PG13, 2012, 4 3:00 *Chaplain Most Popular We Know Leas Bledsoe CH
6 10:00 & 11:00 Worship <i>CH</i> 1:00 & 3:30 MOVIE: Lincoln (PG-13, 1985, 5*, 1h47m) <i>PAC</i>	LABOR DAY 11:30-1:00 Lunch -in your apartments 1:00 & 3:30 MOVIE: Norma Rae (PG, 1979, 5*, 1h54m) <i>PAC</i>	2:00 *Chaplain's Class: Psalms-The Most Popular Book in the Bible that We Know Least About with Rev. Ben Bledsoe CH 3:30 MOVIE: Memphis Memoirs-Kennedy Hospital PAC	9:00-10:00 10:00 Men's Collino & 3:30 M Moon (PG-13, 3:00 *Chaplain Most Popular We Know Leas Bledsoe CH
13 GRANDPARENT'S DAY 10:00 & 11:00 Worship CH 1:00 & 3:30 The Lincoln Lawyer (R,2011, 4.5*, 1h58m) PAC	2:00 Lectio Divina with Anne Carriere CH 3:00 Mindfulness Meditation CH 7:00 MOVIE: MOVIE: Woman in Gold (PG13, 2015, 4.5*, 1h49m) PAC	15NAME TAG TUES! 1:30 *IFF Club Meeting Bistro 1:30-3:00 Ping Pong! 310 2:00 *Chaplain's Class: Psalms-The Most Popular Book in the Bible that We Know Least About with Rev. Ben Bledsoe CH 3:30 MOVIE: Memphis Memoirs-Overton Park PAC	9:00-10 9a-Noon *Audi 10:00 Men's Co 1:00 & 3:30 Go 2h17m) PAC 3:00 *Chaplain Most Popular We Know Leas CH
20 10:00 & 11:00 Worship <i>CH</i> 1:00 MOVIE: The Intern (PG13, 2015, 4.5*, 2h1m) PAC	2:00 Lectio Divina with Anne Carriere CH 3:00 Mindfulness Meditation CH 7:00 MOVIE: The Big Wedding (R, 2013, 4.5*, 1h29m) PAC	221AME TAG TUES! 1:30-3:00 Ping Pong! 310 2:00 *Chaplain's Class: Psalms-The Most Popular Book in the Bible that We Know Least About with Rev. Ben Bledsoe CH 3:30 MOVIE: Memphis Memoirs -Overton Square PAC	23 9:00-1 10:00 Men's Co 1:00 & 3:30 Mc Club (PG, 1996 3:00 *Chaplain Most Popular We Know Leas Bledsoe CH
27 10:00 & 11:00 Worship CH 1:00 & 3:30 MOVIE: Sense & Sensibility (PG, 1995, 5*, 2h16m) <i>PAC</i>	28 2:00 Lectio Divina with Anne C. CH 3:00 Mindfulness Meditation CH 4:00 *The Runaway Spoon Cooking Lesson PAC 7:00 MOVIE: Last Chance Harvey (PG13, 2008, 4.5*, 1h32m) PAC	29 NAME TAG TUES! 1:30-3:00 Ping Pong! 310 2:00 *Chaplain's Class: Psalms-The Most Popular Book in the Bible that We Know Least About with Rev. Ben Bledsoe CH 3:30 MOVIE: Memphis Memoirs-Elmwood Cemetery PAC	10:00 Men's Co 1:00 & 3:30 M (PG, 1979, 4.5 3:00 *Chaplain Most Popular We Know Leas Bledsoe <i>CH</i>

DNESDAY	THURSDAY	FRIDAY	SATURDAY
O Produce Man <i>HG</i>	3	4	5
Warren <i>Clinic</i> offee Hour <i>310</i> DVIE: Hope Springs *, 1h39m) PAC o's Class: Psalms-The Book in the Bible that t About with Rev. Ben	9:00-Noon *Podiatrist 318 1:30-3:00 Ping Pong! 310 2:00 MOVIE:The Great Courses: Events that Changed History E15 & 16 PAC 3:00 Listen & Love w/ Dina Smith CH 4:00 Knit, Pray, Love MR	10:30 Praying the Rosary CH 2:00 *Creative Writing with Elaine Blanchard PAC 7:00 Music with Steve Johnston HG	1:00 & 3:30 MOVIE: Space Cowboys (PG-13, 2000, 4.5*, 2h10m) <i>PAC</i> 5:00 *Kentucky Derby Party PAC Limit 25 guests
Produce Man <i>HG</i>	10	11	12
offee Hour <i>310</i> DVIE: The Man in the 1991, 4.5*, 1h39m) <i>PAC</i> 1's Class: Psalms-The Book in the Bible that t About with Rev. Ben	1:30-3:00 Ping Pong! 310 2:00 MOVIE:The Great Courses: Events that Changed History E17 & 18 PAC 3:00 Listen & Love w/ Dina Smith CH 4:00 Knit, Pray, Love MR	2:00 Creative Writing with Elaine Blanchard PAC 7:00 Music with the Beverly Brothers HG	1:00 & 3:30 MOVIE: Sweet Home Alabama (PG13, 2002, 5*, 1h48m) <i>PAC</i> 7:00 Music with Heart Memphis Duo PAC
:00 Produce Man <i>HG</i>	17	18	19
ologist HPL offee Hour <i>310</i> sford Park (R, 2002, 4*, a's Class: Psalms-The	20 PAC	11:00 MOVIE:Salmon Fishing in the Yemen (PG13,2012,4.5*,1h47m) <i>PAC</i> Noon *Lobster Lunches 2:00 *Trivia Contest-AL v. IL PAC	1:00 & 3:30 MOVIE: The Devil Wears Prada PG13, 2006, 5*, 1h49m) <i>PAC</i>
Book in the Bible that t About w/Rev. Bledsoe	3:00 Listen & Love with Dina Smith CH 4:00 Knit, Pray, Love MR	7:00 Music with Brazil HG	7:00 Music with Jeremy Shraeder Trio
0:00 Produce Man <i>HG</i>	24	25	26
offee Hour <i>310</i> DVIE: The First Wives , 4.5*, 1h43m) <i>PAC</i> 1's Class: Psalms-The Book in the Bible that t About with Rev. Ben	1:30-3:00 Ping Pong! 310 2:00 MOVIE: The Great Courses: Events that Changed History E21 & 22 PAC 3:00 Listen & Love with Dina Smith	2:00 Creative Writing with Elaine Blanchard PAC 7:00 MOVIE: Ladies in Lavender (PG13, 2004, 4.5*, 1h43m) <i>PAC</i>	1:00 & 3:30 MOVIE:The Best Exotic Marigold Hotel (PG13, 2012, 4.5*, 2h3m) <i>PAC</i>
			2:00 Memphis Old Tyme Car Club Drive-by Parade On Waynoka
	CH 4:00 Knit, Pray, Love MR		7:00 Music with Noel Medford Quartet HG

offee Hour *310* OVIE: Kramer v. Kramer [†], 1h45m) *PAC*

's Class: Psalms-The Book in the Bible that t About with Rev. Ben

PLEASE NOTE:

EVENTS ARE SUBJECT TO CHANGE • CHECK THE WEEKLY CALENDAR FOR UPDATES • FILM SCREENINGS ARE HELD IN THE PAC • *=SIGN UP IN THE ACTIVITY BOOK Regular Events - Fitness Events - Special Events - Chapel Events - Movies:



BEWELLby Rinnie Wood, Fitness Director

Fitness Director

Rinnie Wood rwood@trezevantmanor.org (901) 251-9223

Fitness Instructors

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Laura Charbonnet
Madeline Genette
Carole Manley
Desiree McCain
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Physical Therapy

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To Escape Boredom and Covid-19 Pressure, How Do You Unwind After Work?

This question was asked of staff, and below are the responses. Enjoy!

I lap swim every morning at 6am! -Kim O'Donnell, Director of Resident Services

My husband and I ride our bikes in the mornings before it gets hot—we ride about 12-15 miles. I also enjoy walking on my own and listening to music when I can, making soups that I can freeze and bring out for lunch, playing with our dogs, and working in the yard when it's not beastly hot. I like a good book to read before bed, and a Netflix or Amazon prime series to watch. -Julie McKenna, Chaplain

Every Tuesday I do Yoga via Zoom and it helps me wind down and get a good night's sleep as well! -Stacey Sears, Director of Development

I wake up in the morn and make a nice cup of coffee for my wife and me. We sit in bed and read the latest news and a nice spiritual passage. I go for an outdoor workout for about an hour of either jogging, isometrics, balance, and stretching. After work I usually indulge in a craft beer or a glass of wine. -David Edwards, Director of Dining Services

I like to sing!... All types of music, depending on my mood/attitude to relax -Barbara Kirk-Norris, Associate Chaplain

During the week I go home, shower, walk the dogs, eat, watch some news and read before bed. I mix that routine up with Spin class 2x weekly.

I go to bed early and am up early. I spend about 90 minutes every morning in quiet time. Devotions, reading, prayer. On the weekend I like to have a project to make something. It can be a craft, a recipe or making the house tidy. If it's hard, I don't do it! -Robin Swanson, Manager, Dottie's Digs and The Little Store

Yoga, meditation, and walks along the Mississippi River are my top three stress-relievers. I also love bird-watching, especially the birds that visit our feeder. (My cat Mu finds them captivating, too!) Music never fails to help me to relax. -Leigh, Yoga Instructor

After a day of teaching, I love to sit down with my husband, have a glass of wine and tell him about my day. -Kirsti Carroll, Fitness & Yoga Instructor

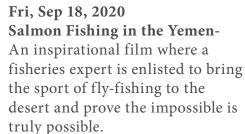
On weekends, or before and after work, I love to walk at the river or in my midtown neighborhood. Reading and watching adventures on TV all also some of my favorite ways to unwind, along with cooking, and touching base with family and friends. -Rinnie Wood, Director of Fitness

MOVIES AT TREZEVANT

Continued from Page 4



twice! R, 2002, 4*, 2h17m)



(PG13, 2012, 4.5*, 1h47m)



Sat, Sep 19, 2020

The Devil Wears Prada-A young woman gets more than she bargained for when she moves to New York to become a writer and ends up as the assistant to the tyrannical, larger-than-life editor of a fashion magazine. (PG13, 2006, 5*, 1h49m)



Sun, Sep 20, 2020

The Intern-Ben Whittaker is a 70-year-old widower who has discovered that retirement isn't all it's cracked up to be. (PG13, 2015, 4.5*, 2h1m)



Mon, Sep 21, 2020

The Big Wedding-A charmingly modern family tries to survive a weekend wedding celebration that has the potential to become a full blown family fiasco. (R, 2013, 4*, 1h29m)



Tue, Sep 22, 2020

Memphis Memoirs: Overton Square-Highlighting the Square's heyday from the 70s through the early 80s,



Wed, Sep 23, 2020
The First Wives Club-Mid-life
Manhattanites have been dumped
by their husbands and turn their



BEST EXOTIC
MARIGOLD
HOTEL

SENSIBILITY



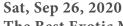




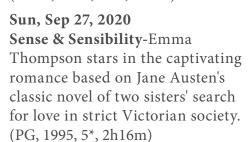
pain into gain! (PG, 1996, 4.5*, 1h42m)

Fri, Sep 25, 2020

Ladies in Lavender-Aging spinster sisters discover a young man near death who had been swept off an ocean liner on which he was sailing. (R, 1983, 4.5*, 1h38m)



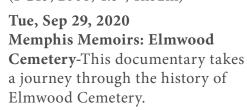
The Best Exotic Marigold Hotel-British pensioners adventures at the retirement home in India give them a new lease on life. (PG13, 2012, 4.5*, 2h3m)



Mon, Sep 28, 2020

Last Chance Harvey-A struggling New York jingle writer and a lonely British bureaucrat meet by chance in London and transform each others' lives.

(PG13, 2008, 4.5*, 1h32m)



Wed, Sep 30, 2020 Kramer vs. Kramer-Dustin Hoffman and Meryl Streep shine in this contemporary tale of family values and difficult choices. Winner of the 1979 Oscar(r) for Best Picture.

(PG, 1979, 4.5*, 1h45m)

RESIDENT REFLECTIONS









AUGUST BIRTHDAYS

Walter Mischke	1	Thomas Wood	16
Elaine Colmer	4	Robert McEwan	19
Helen Brandon	5	John Robertson	19
Kenneth Cross	7	Philip Vaiden	19
Mary Dunklin	7	James Waller	19
Henry Harvey	8	Janet Canale	20
Mary McCallum	8	Martha Farrimond	20
Gail Williamson	10	Kosta Taras	23
Gerald Walton	11	Joan Chesney	23
Loretta Taras	13	Samuel Stringer	24
James Boren	15	Worthington Brown	24
Sue Britton	16	Jame Williams	27
		Betsy Fox	29

RESIDENT REFLECTIONS

- 1. Fred Wimmer
- 2. Rick Hazelgrove with T.V. and Alice Anne Miller
- 3. Jed Dreifus
- 4. Jimmye Pidgeon

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