

TREELINES



Season for Renewal

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Treelines is a publication of
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From the CEO

Kent Phillips

Once again, our terrific Chaplains, Rev. Julie McKenna and Rev. Barbara Kirk-Norris, have earned the Excellence in Chaplaincy award from the Healthcare Chaplaincy Network. We are the only retirement community in Tennessee and the entire Midsouth to earn this award. In fact, we are one of only a handful nationally to earn it. I don't announce this to be braggadocios, but to highlight how important spiritual programming is to Trezevant at every point across our continuum of services. We remain

We realize this journey is unique to each individual. The Excellence in Chaplaincy designation sends the message that Trezevant is committed to identifying and optimally addressing each residents' spiritual and religious needs. More importantly, the application process identifies areas in our spiritual care program in need of improvement—and provides consultation to achieve goals. We are committed to continual improvement, and to fully integrating spiritual excellence into every aspect of our health care delivery. Finally, this award is more about the people who deliver our spiritual services than about the technical aspects of the program – Julie, Barbara and the volunteers who assist them in the daily care of our residents and staff. As an organization, we are blessed to benefit from their leadership, and individually, I am honored to work with them!



Excellence in Chaplaincy



From the FOUNDATION

Stacey Sears

Spring/Summer is here and so is the smell of freshly cut grass, flowers in bloom, and a sense of renewal. As the Beatles sang, "here comes the sun," or Seals and Crofts sang "Summer breeze makes me feel fine." Whether it is song or experience, Spring/Summer is warm and filled with new adventures. A trip to the Botanic Gardens, the Dixon, or even a stroll around Trezevant presents a vast array of beautiful flowers in bloom.

I have the pleasure of working at Trezevant and visiting with residents who come by my office just to say hello. I am privileged to hear about their lives. I try to be mindful of someone's feelings and for what they may be going through publicly or privately. I feel that we all need to bring kindness and respect back to our everyday dealings with others. This includes conversations about politics, religion, and everyday occurrences. Having and giving respect to others is a little thing we can all practice to grow our relationships with family and friends.

Thank you to all the donors who gave this quarter to the Foundation. It is not too late to give in our Fiscal year that ends July 31, 2021. If you have not given, I encourage you to donate today. You can go to our secure webpage at www.trezevantmanor.org or there is an envelope attached to the magazine to mail in your donation.



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From the **CHAPLAIN**

The Rev. Julie McKenna

Spring has sprung and with it the Trezevant campus has opened up. This year especially Easter was a time to say Alleluia! We enjoyed our second annual decorating the flower cross in Hope's Garden Easter weekend, and were able to sing in chapel with family members on Easter Sunday! (We are donned in masks, of course, but since all residents have been vaccinated, we felt we could safely sing in worship services).

This spring we were able to offer two special programs—an 8-week Grief Recovery Workshop led by Lowry Whitehorn of Crossroads Hospice (which finishes in April) and a 6-week class entitled "Transitions at Trezevant." The Transitions course featured administrators and nurses from all the different levels of care to help residents know what is involved when they need a higher level of care. The Transitions class goes through May 12th. We will then take a break from Chaplains' classes the rest of May through June so we can do some long-range planning for the Fall and Spring 2022. Let us know your ideas for classes and special services so we can our best to incorporate them into the coming year!

The Rev. Ben Bledsoe will lead us in a class during the month of July focused on the Wisdom Literature of the Bible. Ben's research is impeccable, and his classes are always interesting and informative. Come join us at 3 pm on Wednesdays in July!

"Spring: a lovely reminder of how beautiful change can truly be."— Anonymous



Keva Irvin-Edwards

Trezevant Manor and eight other local companies are assisting employees in overcoming professional and personal challenges that keep them from performing their best with the help of a Success Coach. Keva Irvin-Edwards is the Success Coach for employees and their families at Trezevant. The Trezevant Foundation provides funds for this position through sponsorships and private donations. Keva visits Trezevant every week to share her talents and skills to make employees' lives a little easier.

When did you start helping Trezevant employees and their families?

I began working with Trezevant employees and immediate family members in February 2018 through the Mid-South Employer Resource Network®-a program hosted by HomeWorks, Inc. Four years later, I am still serving in the role of Success Coach. The purpose of the MSERN is to empower employment by improving employee retention and productivity by eliminating barriers that keep employees from being their best selves both in and outside of the workplace.

Why do you do this job?

I wake up to do this job over and over again. I believe with all my heart that God has called me to a life of service. I serve in many roles in my local church and community. I especially serve in the outreach ministry. It has been good working and serving within the body of Christ, but; it is even a greater honor to do so outside the four walls of the church. The Mid-South ERN has afforded me the opportunity to do just that for the employees while receiving a paycheck. I am so amazed at how God has allowed me to serve in my purpose and passion for nearly 30 years here in Memphis and Shelby County.

A few examples of how Keva helps Trezevant employees and their families:

- typed an obituary of a deceased employee for the family.
- aided an employee and three children secure shelter, clothing, food, etc. after a house fire.
- connected an employee's adolescent child with mental health services after trying to harm themselves.
- facilitated life skills and character education sessions for teen servers.
- helped an employee who had been robbed and beaten take advantage of the criminal injuries compensation fund and find free trauma counseling and medical services.
- aided an employee with completing the application process for an emergency Bridge Loan hosted by Southern Security Federal Credit Union, secure funds as a down payment for automobile purchase for transportation to and from work.
- found a free 8-week CNA class for a sitter who wanted to move upward at Trezevant and move into a new tax bracket to care for family.
- helped employees affected by COVID-19 with a loss pay receive utility and rental/mortgage assistance.

"Keva has been a godsend to Trezevant and our staff members. She is an incredible person who has a myriad of resources within our community to assist staff members as well as their family members. We are truly blessed to have Keva as a part of our Trezevant family," Kathy Bradshaw, HR director.

Our Stories

by Jack Richbourg



We are honoring five individuals at Trezevant who beat the odds. They have rendered actuarial tables unreliable. They are the Trezevant Manor centenarians, Minor Murrah, who turned 100 on April 1, Barbara Wilson who will be 100 on May 11, Jet Thompson who joins the club on June 2, Virginia Hollon on December 5, and Martha Farrimond, who sadly passed away while this article was being written, would have been 104 on September 20. Only one per cent of the population ever reaches a hundred, and we had five right here at Trezevant!

I asked each 10 questions:

1) What is your earliest memory as a child? 2) What was the most fun thing you did in high school? 3) Who was your first date? Where did you go? What happened? 4) Who did you vote for president the first time and why? 5) What was the most challenging situation you have had to face? 6) What is your proudest accomplishment? 7) Who influenced you the most during your lifetime? 8) To what do you owe your longevity? 9) What advice would you offer to others to live a full and long life? 10) How have your spiritual or religious beliefs guided you throughout your life?

Here are their answers.

Barbara Wilson: 1) Playing at a lake house in Wisconsin when I was about 4. 2) Going to Laguna or Balboa Beach during Spring Break. 3) Jerry Tracy. We went to a school dance. Nothing happened – we danced. He was not my first choice, but he asked me way early! 4) FDR because we were deep in WW-II and shouldn't change. 5) Going to Honolulu (from Berkeley) to my first real job heading up a big nursery-kindergarten in 1944. 6) I received several scholarships and election to Phi Beta Kappa in my senior year at Berkeley. I went on to earn an MA in Psychology, cum laude. 8) Good genes, good nutrition and dentistry plus a wonderful, supportive and loving husband and partner. 9) Try to make choices with good outcomes in the long run – hard to do especially when you are young! 10) Since childhood I have felt a spirit? God? taking care of me, despite my parents' divorce. Being an Episcopalian has given me freedom to explore and grow spiritually and to try to live out the two Commandments of Jesus.

Virginia Hollon: 1) Going with my grandmother to the hospital to see my new baby sister. I was going on three. 2) Football games, cheerleading and a dance nearly every Friday night. 3) Frank Whittington – the movie. Not much! 4) Eisenhower – he was everybody's hero in the fifties. 5) Learning that my youngest child was Downs. He was such a blessing. 6) My children. 7) My grandmother. 8) Good genes and a very happy life. 9) My faith and happiness. 10) Through bad times and good, my faith has never waned – I pray a lot.

Jet Thompson: 1) Christmas Eve when I was 2 1/2. A man dressed as Santa came into the living room to surprise me with presents. I ran to my grandfather and told Santa he shouldn't come in like that. Santa worked for my grandfather, and we later joked about it for years. 2) I hated moving here from Little Rock my senior year, but Memphis turned out to be even more fun and I've loved it ever since. 3) Billy Moore Clark, a good friend all his life. We went to a movie and then for a milkshake. He later owned a lapis mine in Afghanistan, and mailed me a beautiful stone for a ring.

4) In 1944 I voted for Dewey, thinking Roosevelt too ill to continue and that Dewey could also bring WW2 to its end. 5) Having to leave Little Rock when I was 12, to move to Kansas City where I didn't know anyone. 6) My three daughters, Marion, Jeanette and Barbara, who are the joy of my life, as well as my Thompson family of children, grandchildren and great-grands! 7) My maternal grandmother for whom I was named. 8) My family genealogy has several people who lived long lives. Part of it is because I find the world so interesting – such an infinite world! 9) Do your very best to take care of yourself as well as others, and thank Our Lord for your life and all its blessings! 10) They have been paramount ever since my confirmation at St. Paul's Episcopal Church in Kansas City in March of 1935.

Minor Murrah: 1) My mother reading to me at age four when I was bedridden due to Rheumatic Fever. 4) I voted, like everyone else, for Roosevelt. During the war, everyone accepted his every action without question. 5) When my husband very unexpectedly died of a heart attack leaving me responsible for three young children and my elderly mother who lived with me.

6) My proudest accomplishment is that God gave me the strength to be a more responsible, efficient person when my husband died. I am also proud that I have helped some residents find the joy of painting in their older years. 9) Accepting that life is stressful. We are all just as happy as we make up our minds to be. With God's help, we can cope with stress and find happiness.

Martha Farrimond: Martha passed away while this article was being written. She wasn't able to fill out her questionnaire, but she raised three beautiful daughters, Dale, Jane, and Sally. You can see Martha in them. They all have mirrored her grace and dignity. She grew up in West Helena, Arkansas where her father was a steamboat captain. She met her husband on a blind date who was smart enough to marry her immediately. She worked at Holy Communion Episcopal Church as secretary to the Reverend Dan Matthews who went on to be the rector of Trinity Church Wall Street, the flagship of the Episcopal Church. Martha died April 11, 2021, at the age of 103. She is now reunited with her daughter, Jane. Her memory is a blessing to us.

These are the Trezevant centenarians. When they were born, Calvin Coolidge was president of the United States. Rudolf Valentino was the movie heart-throb, and Ain't We Got Fun was the big hit. They have lived through the Great Depression, a world war, the civil rights movement, a presidential assassination, a moon landing, and a capitol insurrection.

HAPPY BIRTHDAY, ladies!

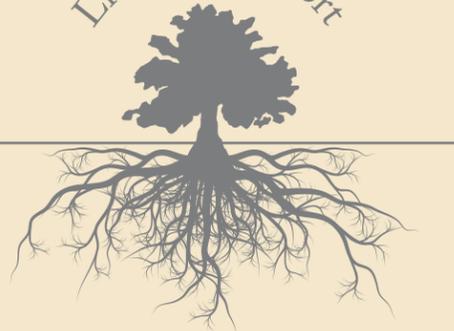
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Memphis Mural for Trezevant Memory

In September 2019, the Hutchison girls (Girl Scouts' Hutchison She Leads Club, upper school girl pilot program, with Girl Scouts USA, focused on leadership and service) conducted two rounds of interviews with residents at Trezevant about life in Memphis from 1930 to-1960s. Influenced by a resident at Trezevant, Mrs. Perre Magness, historian, and author donated her collection of Midsouth historic resources to the Hutchison School library. Hutchison Girls pulled together common themes from the interviews with teaching artists, Mrs. Kristi Duckworth and Ms. Tracey Ford. Themes included rural roots in the tri-state region than moving to Memphis, the elegance of transportation in form of trolleys/boats/horses, outdoor beauty of Memphis with trees/gardens/parks, amusements at iconic Memphis locations like the Zoo and Midsouth fair, and the river.

Mrs. Margaret Morton formerly of Trezevant and Mrs. Duckworth, a visual artist, partnered to explore possibilities for a mural at Trezevant in early August 2019. The She Leads Club at Hutchison researched Memphis in the 30s, 40s, 50s, 60s using the Perre Magness Collection in our Walker

Library at Hutchison. The girls selected 50 black and white images of Memphis from the collection to use as conversation starters with the Memory Support at Trezevant.

Mrs. Duckworth designed the mural based on interview themes. The mural consists of the four seasons with a tree representing each season along the Memphis skyline with icon buildings mentioned in interviews. Rural vistas and a compass show all roads leading to Memphis.

Throughout the school year 2019-2020, Trezevant residents and Hutchison Girls made tiles for the river section of the mural. Girls made riverboats for mosaic and helped Mrs. Duckworth with glazing tiles, painting mural sections, and cutting out handmade leaf paintings by Trezevant residents. The mural was to be installed spring of 2020 and unveiled in April 2020 but due to COVID plans were put on hold. In April 2021, the mural was installed in the Terrace assisted living memory support floor dining room. Plans are being made for the unveiling with residents, and staff and students of Hutchison later in May or June of 2021.



Joyous Spring

Spring is upon us. It is always a lovely time to watch the gardens and trees bloom. As far back as I can remember my mom would get everything spic and span. My room would be transformed while away at school. I grew up with two big brothers and my Dear Big sister. The spring was the time we knew we had to let go of something for someone else to enjoy, it was always fun and lots going on at our house. My Mom and Dad always had music playing, something cooking, and lots of laughter. Letting go of items

that I no longer need always feels good. When I lived at the Grand Canyon, I got to enjoy two springs that year. One at home in Memphis and in the dessert. I started a new tradition that, once every year I would pick out something that I really loved and pass it on to someone that would enjoy it. Stuff has come and gone out of my life, but the memories remain. I hope we all have a lovely spring of getting things spic and span, lightening our load, and getting ready to enjoy time outside. Happy Spring and Summer!



With gratitude,
Julie Cooper-Hoyman
Retail Manager

The Book of Acts 10: 34-35

Then Peter began to speak: *"I now realize how true it is that God does not show favoritism/partiality but accepts men/women from every nation who fear him and do what is right."*

Conflict is the greatest barrier to growth. In the first century it was scandalous for Jews and Gentiles to associate. Yet, God told Peter, a Jewish man, to take the Gospel of Jesus Christ to the Gentiles in Rome. God made it clear that the Gospel was for everyone. Communication is key to successful relationships. Love, respect and kindness are the ingredients. May we focus on how each one of us can offer the Good News and good news to everyone we meet on this journey called life.

Peace,
Chaplain Barbara Kirk-Norris





A



C



A. & B. Lillian Hammond and Ann Knox along with the Chaplain Barbara delivered East Egg Stress Balls to the residents at the Terrace.

C. John Webb and Worth Brown in the Bistro Bar

D. Bistro Dining-Reopened with Jenny and Bob Richardson

E. Happy Hour with Jo and John Maxwell enjoying playing bartender

BIRTHDAYS

MAY

- 1 Sally Podesta
- 2 John Holmes
- 5 Barbara Patterson
- 6 Alisa Elliott
- 7 Coleen Daniel
- 9 Maggie Hollabaugh
- 9 Joseph Hawes
- 11 Betty Brewster
- 11 **Barbara Wilson's 100th**
- 12 John Mansfield
- 13 Joyce Stanley
- 17 Betsy Rucks
- 17 Laurence Streuli
- 19 Kitty McClintock
- 19 Violet Evans
- 22 Janice Jamison
- 22 Milton Winter
- 23 Perre Magness
- 25 Mary Custer
- 26 Claire Saino
- 31 Helen Quinn

JUNE

- 1 Lucy Carrington Jones
- 2 Al Nimocks
- 2 **Jet Thompson's 100th**
- 2 Virginia Trenholm
- 3 Sara Holmes
- 3 Helen Jaseph
- 4 Anna King
- 7 Lisa Dilley
- 8 Ann Stevens
- 11 Rowlett Scott
- 14 Libby Daughdrill
- 14 Corinne Nienhuis
- 14 Dorsey Wade
- 15 James Crum
- 16 Sue Atwood
- 19 Nancy Menzies
- 20 Buzzy Hussey
- 20 Helen Jabbour
- 22 James Atkins
- 22 Jane Twist
- 23 John King
- 25 Marilyn Dunavant
- 26 June Wood
- 28 Norma Owen
- 29 Joyce Johnson

JULY

- 3 Nell Crocker
- 3 Ann Whitsitt
- 4 Chipsy Butler
- 4 Kaye Hearon
- 5 Mary Brittain
- 6 Honey Cannon
- 6 Judy Drescher
- 6 Julia Harvey
- 6 Nancy Higgason
- 7 Vivian Rider
- 8 Charlotte Jones
- 9 Dixie Austin
- 10 Ann Nichols
- 10 Buddy Nix
- 11 Peggy Bodine
- 12 Sara Shelton
- 13 Presh Gill
- 13 Kiersten Watkins
- 15 Gerry Austin
- 15 Rosemary Mosby
- 16 Nancy Morris
- 16 Jack Richbourg
- 17 Madge Saba
- 18 David Lindstrom
- 24 Carroll Ann Pera
- 25 James Murff
- 27 Sara Heckle
- 27 Ann Kinney
- 28 Dorothy Stevenson
- 29 Suzanne Gronemeyer



B



D



E



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