



# TIDINGS

June 2021

Issue 6





# AT YOUR SERVICE

by Kim O'Donnell

The onset of summer has arrived and we look to fewer restrictions and more celebrations. Returning to the calendar will be Conversations with Kim beginning Tuesday, June 1 at 10am in the Bistro. Come enjoy a cup of coffee and conversations about the Trezevant campus, programs, and resident issues. This will occur the first Tuesday of each month.

The return of Trezevant Explores, the first Friday of each month, proved to be a smashing success in May. June holds an equally entertaining program with a presentation by Perre Magness. Perre was a columnist for The Commercial Appeal from 1987 to 2003. Her weekly column entitled, "Past Times", was devoted to little-known and legendary stories about area history. If you plan to attend and join us for lunch, please make reservations with Resident Services at 746-1843.

June is the time we honor all the dads at Trezevant. Father's Day is Sunday, June 20th; a day set aside in celebration of all the men who devoted their time, talent and energy to raising their children. All you dads be sure to celebrate yourselves and those around you who give unselfishly to their families.

Another time honored tradition for this month is the celebration of marriage. Trezevant will be hosting a wedding reception on June 26th to honor all the married couples. All newcomers be sure to send in your wedding photo to Resident Services so that we may add it to our presentation. Toasts are in order so submit your favorite toasts and we will have a grand time sharing.

Kim



## RESIDENT SERVICES

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kodonnell@trezevantmanor.org  
(901) 251-9205

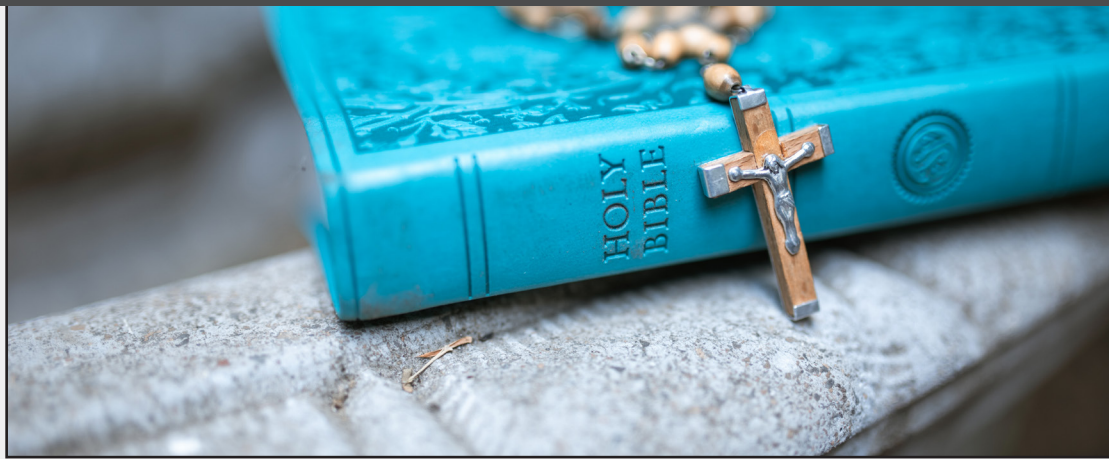
Teresa Johnson, Programming &  
Communications  
tjohnson@trezevantmanor.org  
(901) 746-1843

To receive *Tidings* by mail or online, please call Teresa Johnson at (901) 746-1843 or email [tjohnson@trezevantmanor.org](mailto:tjohnson@trezevantmanor.org).

## SPIRITUAL SERVICES

Rev. Julie McKenna, Lead  
Chaplain, Director  
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Rev. Barbara Kirk-Norris,  
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# IN ST. EDWARD CHAPEL

*by Rev. Julie McKenna*

June will be a time of long-range planning for the chaplains. Barbara and I plan to attend the Association of Professional Chaplains' virtual conference June 9th through 12th. We will also analyze comments and suggestions made to us by the Healthcare Chaplaincy Network for enhancing our chaplaincy program here at Trezevant.

We look forward to offering residents a full line-up of dynamic Chaplains' Classes for Fall 2021 and Spring 2022. Our resident clergy/religious leaders have helped us brainstorm some exciting new possibilities. Can't wait to share our line-up with you.

In July, Ben Bledsoe will be back to lead us in a 4 week Bible study on the wisdom literature of the Bible. Come join us!

Food for thought --

This short story was published in Rev. Rick Kirchoff's "Perceptions" vol 2. , p. 87, Durham Publishers, 2007. Perceptions is a collection of short essays that was heard across Memphis on the radio for a number of years. Its focus is on how our perceptions of life often distort our views and allow us to forget who we are and the dignity with which we were created. (Kirchoff)

Give Life Away

Ann Kiemel Anderson tells of a time when she was terribly depressed. She writes, "I remember feeling so depressed I could hardly roll over in bed. There was no energy left in me. I wanted to stay under the covers and just die. With sheer determination, I rolled out of bed, put on clothes and stopped at a grocery store and bought two sacks of groceries for a lonely, old widower. I visited him, sang to him and left the groceries on the kitchen table. I thought of a teenage boy who was socially crippled. Picking up two cokes, I sat on the front steps with him and let him tell me his problems. It was dark when I returned home. Nothing had changed in my life. All my problems still existed. But the terrible weight of darkness and weariness was gone. She adds, "Depression can be so selfish, so crippling. Give your life away to another, and the dark places will become lighter."

Ann's experience reminds us: Seek joy and it will elude you. Give it away to others and it will find you.

Please note: Sometimes depression is bigger than this and we need professional help to pull out of the mire we are in. Please alert Valerie and Leslie if depression continues over a couple of weeks. And know the chaplains are also available if you need to talk to someone. But bear in mind, sometimes, just reaching out to someone else and focusing on them and their needs and not your own can go a long way to making the darkness lighter. -- Peace, Julie



# MOVIES AT TREZEVA

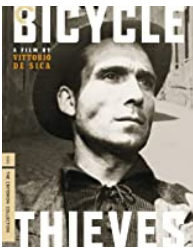
June, 2021



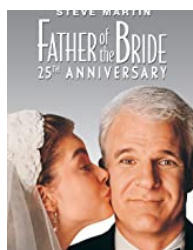
Tue, June 1, 2021  
**Atlantic Crossing:** E3  
President Roosevelt invites Martha to stay at The White House as his guest and showers her and her children with attention. (TV-MA, 2019)



**Atlantic Crossing:** E4  
When Martha criticizes President Roosevelt, it takes a toll on their friendship. But then she finds a way for him to keep his election promises, while also helping Norway and the allies. (TV-MA, 2019)



Wed, June 2, 2021  
**Bicycle Thieves-**In poverty-stricken postwar Rome, a man is on his first day of a new job that offers hope of salvation for his desperate family when his bicycle, which he needs for work, is stolen. (NR, 1949, 4.5\*, 1h29m)



Wed, June 9, 2021  
**Father of the Bride-**George Banks, a befuddled father, has a hard time letting go of his young daughter when she unexpectedly announces her plans to wed. (PG, 1991, 5\*, 1h45m)



Fri, June 4, 2021  
**The Monuments Men-**An unlikely WW2 platoon rescues art from Nazi thieves. (PG-13 2014, 4.5\*, 1h58m)



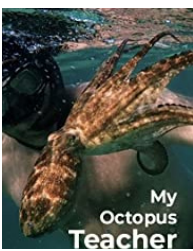
Fri, June 11, 2021  
**To Kill a Mockingbird-**A feisty six-year-old tomboy carries us on an odyssey through the fires of prejudice and injustice in 1932 Alabama. (NR, 1962, 5\*, 2h9m)



Sat, June 5, 2021  
**Parenthood-**The story of the Buckman family and friends, attempting to bring up their children. (PG-13, 1989, 4.5\*, 2h4m)



Sat, June 12, 2021  
**Mrs. Doubtfire-**A divorced actor disguises himself as a sweet family nanny to get near his children. (PG-13, 1993, 5\*, 2h5m)



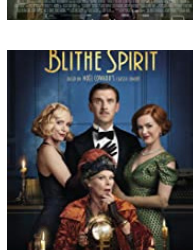
Sunday, Jun 6, 2021  
**My Octopus Teacher-**A filmmaker forges an unusual friendship with an octopus living in a South African kelp forest, learning as the animal shares the mysteries of her world. (TV-G, 2020, 5\*, 1h25m)



Sunday, June 13, 2021  
**One Night in Miami-**A fictional account of one night where icons Muhammad Ali, Malcolm X, Sam Cooke, and Jim Brown gathered discussing their roles in the Civil Rights Movement. (R, 2021, 4.5\*, 1h54m)



Monday, June 7, 2021  
**Six Minutes to Midnight-**A teacher of Nazi High Command daughters senses the coming atrocities in 1939, but must navigate a web of double-agents to raise the alarm. (PG-13, 2021, 4\*, 1h39m)



Monday, June 14, 2021  
**Blithe Spirit-**A spiritualist medium holds a seance for a writer suffering from writer's block but accidentally summons the spirit of his deceased first wife, which leads to a love triangle with his

Tue, June 8, 2021

continued on page 9



# BE WELL

*by Rinnie Wood*

**Let's Celebrate our New Found Freedom by Helping Others!**

After 15 months of Covid-limited activity, we are nearing the point of our new normal. Now is the time to take a deep breath, determine future horizons, and ask ourselves how we might help others.

Did you know that those who volunteer tend to have less anxiety, depression, loneliness and social isolation, as well as having a sense of purpose? It is no secret that regular exercise and eating well gives us an edge toward a healthier life. Now Dr. Sanjay Gupta, MD shares a 2018 AARP survey that found that those over 50 years old who volunteer at least once a year have "higher mental well-being" than those who don't volunteer.

How might you find the right place to volunteer here at Trezevant, and in the Memphis community? Listed below are a few of the many opportunities, and the contact person who might answer your questions., or direct you to the appropriate person who can. For a full list of opportunities, contact Resident Services.

Happy Hour Volunteers - Kim O'Donnell, 251-9205

Dottie's Dig's or Little Store Volunteers-Stacey Sears or Julie Hoyman, 251-9242

Resident Ambassadors Volunteers-Teresa Johnson, 746-1843

Random Acts of Kindness Resident Group-Ann Knox, 634-0189

Seniors Helping Seniors Volunteers-Rinnie Wood, 251-9223

First Responders' Appreciation Day Greeters-Rinnie Wood, 251-9223

Please consider helping yourself feel your best, as you help others!



## WELLNESS SERVICES

Rinnie Wood, Director  
rwood@trezevantmanor.org  
(901)251-9223

Ginger Acuff, Instructor  
Kirsti Carroll, Instructor  
Leigh Pittinger, Instructor  
Sheila Rae, Instructor  
(901) 251-9223

Valerie Smithers, Wellness Nurse  
vsmithers@trezevantmanor.org  
(901) 251-9239

Physical Therapy  
(901) 251-9234



PLEASE NOTE:

Events are subject to change. Please check the weekly calendar for updates.  
 \* = Sign up in the Activity Book.

June, 2021 AT TREZEVANT

Sunday	Monday	Tuesday	Wednesday
		1 10:00 *High Point Grocery <i>HPL</i> 10:00 Coffee with Kim <i>Bistro</i> 12:30-3:00 Dr. Warren <i>Clinic</i> 1:00 Mah Jongg <i>SDR</i> 1:30-3:00 Ping Pong! <i>310</i> 3:30 MOVIE: Atlantic Crossing E3 (TV-MA, 2021) <i>PAC</i> 3:15 Fitness Walk <i>HPL</i>	2 9:00-10:00 Man <i>H</i> 10:00 M 1:00 M (NR, 19 7:00 Re with Ja
6 10:30 Sunday Worship <i>CH</i> 3:30 MOVIE: My Octopus Teacher (TV-G, 2020, 5*, 1h25m) <i>PAC</i>	7 1:00-3:00 Bridge <i>SDR</i> 2:00 Lectio Divina with Anne Carriere <i>CH</i> 3:00 M. Meditation <i>CH</i> 5:00 Happy Hour <i>PAC</i> 7:00 MOVIE: Six Minutes to Midnight (PG-13, 2021, 4*, 1h39m) <i>PAC</i>	8 10:00 *High Point Grocery <i>HPL</i> 11:00 *Visit Edge Motor Museum (boxed lunch) <i>HPL</i> 3:00 Dr. Warren <i>Clinic</i> 1:00 Mah Jongg <i>SDR</i> 1:30-3:00 Ping Pong! <i>310</i> 3:30 MOVIE: Atlantic Crossing E4 (TV-MA, 2021) <i>PAC</i>	9 9:00-10:00 Man <i>H</i> 10:00 M 1:00 M Bride ( <i>PAC</i> 7:15 Liv Alter P
13 10:30 Sunday Worship <i>CH</i> 3:30 MOVIE: One Night in Miami (R, 2021, 4.5*, 1h54m) <i>PAC</i>	14 <b>FLAG DAY</b> 1:00-3:00 Bridge <i>SDR</i> 2:00 Lectio Divina with Anne Carriere <i>CH</i> 3:00 Mindfulness Meditation <i>CH</i> 5:00 Happy Hour <i>PAC</i> 7:00 MOVIE: Blithe Spirit (PG-13, 2021, 4*, 1h39m) <i>PAC</i>	15 10:00 *High Point Grocery <i>HPL</i> 1:00 Mah Jongg <i>SDR</i> 1:30 *IFF Club Meeting <i>PAC</i> 1:30-3:00 Ping Pong! <i>310</i> 3:30 MOVIE: Atlantic Crossing E5 (TV-MA, 2021) <i>PAC</i> 5:00 Trezevant Tasting <i>MR</i>	16 9:00-10:00 Man <i>H</i> 9:30-N 10:00 M 1:00 M 2009, 4
20 <b>FATHER'S DAY</b> 10:30 Sunday Worship <i>CH</i> 3:30 MOVIE: Hampstead (PG-13, 2019, 4*, 1h42m) <i>PAC</i>	21 1:00-3:00 Bridge <i>SDR</i> 2:00 Lectio Divina with Anne Carriere <i>CH</i> 3:00 Mindfulness Meditation <i>CH</i> 5:00 Happy Hour <i>PAC</i> 7:00 MOVIE: The Father (PG-13, 2021, 4.5*, 1h36m) <i>PAC</i>	22 10:00 *High Point Grocery <i>HPL</i> 12:30-3:00 Dr. Warren <i>Clinic</i> 1:00 Mah Jongg <i>SDR</i> 1:30 *SHS: Food Bank <i>HPL</i> 1:30-3:00 Ping Pong! <i>310</i> 3:30 MOVIE: Atlantic Crossing E6 (TV-MA, 2021) <i>PAC</i>	23 9:00-10:00 Man <i>H</i> 10:00 M 1:00 M 1955, 4
27 10:30 Sunday Worship <i>CH</i> 3:30 MOVIE: Like Father (TV-MA, 2018, 4*, 1h38m) <i>PAC</i>	28 2:00 Lectio Divina <i>CH</i> 3:00 M.Meditation <i>CH</i> 5:00 Happy Hour <i>PAC</i> 7:00 MOVIE: Hachi: A Dog's Tale (G, 2010, 5*, 1h33m) <i>PAC</i>	29 10:00 *High Point Grocery <i>HPL</i> 12:30-3:00 Dr. Warren <i>Clinic</i> 1:00 Mah Jongg <i>SDR</i> 1:30-3:00 Ping Pong! <i>310</i> 3:30 MOVIE: Atlantic Crossing E8 (TV-MA, 2021) <i>PAC</i>	30 9:00-10:00 Man <i>H</i> 10:00 M 1:00 M (PG-13



Wednesday	Thursday	Friday	Saturday
<p>1:15 Tim the Produce <i>G</i></p> <p>Men's Coffee Hour <i>310</i></p> <p>MOVIE: Bicycle Thieves (1949, 4.5*, 1h29m) <i>PAC</i></p> <p>Recycling at Trezevant</p> <p>Jack Richbourg <i>PAC</i></p>	<p>3</p> <p>9:00-4:00 Dottie's Digs <i>GI</i></p> <p>1:30-3:00 Ping Pong! <i>310</i></p> <p>2:00 The Great Courses: Turning Points in History E23&amp;24 <i>PAC</i></p> <p>3:00 Listen &amp; Love w/ Dina Smith <i>CH</i></p> <p>4:00 Knit, Pray, Love <i>MR</i></p> <p>5:00 Happy Hour <i>PAC</i></p>	<p>4 10:30 *Kroger <i>HPL</i></p> <p>11:30 Trezevant Explores: Memphis History with Perre Magness-Reservations req'd-746-1843. <i>PAC</i></p> <p>1:00 Board Games <i>SDR</i></p> <p>1:00 MOVIE: The Monuments Men (PG-13,2014,4.5*,1h58m)</p> <p>5:00 TGIFT! w/ Bobby Lawson <i>PAC</i></p>	<p>5</p> <p>1:00 MOVIE: Parenthood (PG-13, 1989, 4.5*, 2h4m) <i>PAC</i></p> <p>5:00 Saturday Music Hour with Memphis Hot Notes <i>PAC</i></p>
<p>1:15 Tim the Produce <i>G</i></p> <p>Men's Coffee Hour <i>310</i></p> <p>MOVIE: Father of the Frog (PG, 1991, 5*, 1h45m)</p> <p>Free Performance by Basil <i>PAC</i></p>	<p>10</p> <p>1:30-3:00 Ping Pong! <i>310</i></p> <p>2:00 The Great Courses: Turning Points in History E25&amp;26 <i>PAC</i></p> <p>3:00 Listen &amp; Love w/ Dina Smith <i>CH</i></p> <p>4:00 Knit, Pray, Love <i>MR</i></p> <p>5:00 Happy Hour <i>PAC</i></p>	<p>11 *Outing to Dixon Museum &amp; Lunch @Char <i>HPL</i></p> <p>10:30 *Kroger <i>HPL</i></p> <p>1:00 Board Games <i>SDR</i></p> <p>1:00 MOVIE: To Kill A Mockingbird (NR, 1959, 5*, 2h5m) <i>PAC</i></p> <p>5:00 TGIFT! with Memphis Jazz Workshop <i>PAC</i></p>	<p>12</p> <p>1:00 MOVIE: Mrs. Doubtfire (PG-13, 1993, 5*, 2h5m) <i>PAC</i></p> <p>5:00 Saturday Music Hour with Two Quarts Low <i>PAC</i></p>
<p>1:15 Tim the Produce <i>G</i></p> <p>noon Dr. Warren <i>Clinic</i></p> <p>Men's Coffee Hour <i>310</i></p> <p>MOVIE: Taken (PG-13, 2008, 4.5*, 1h30m) <i>PAC</i></p>	<p>17</p> <p>9:00-4:00 Dottie's Digs <i>GI</i></p> <p>1:30-3:00 Ping Pong! <i>310</i></p> <p>2:00 The Great Courses: Turning Points in History E27&amp;28 <i>PAC</i></p> <p>3:00 Listen &amp; Love w/ Dina Smith <i>CH</i></p> <p>4:00 Knit, Pray, Love <i>MR</i></p> <p>5:00 Happy Hour <i>PAC</i></p>	<p>18</p> <p>7:30-9:00 First Responders Day <i>HG</i></p> <p>10:30 *Kroger <i>HPL</i></p> <p>1:00 Board Games <i>SDR</i></p> <p>1:00 MOVIE: The Pursuit of Happyness (PG-13, 2006, 5*, 1h57m) <i>PAC</i></p> <p>5:00 TGIFT! with Heart Memphis Duo <i>PAC</i></p>	<p>19</p> <p>1:00 MOVIE: We Bought a Zoo (PG, 2011, 5*, 2h3m) <i>PAC</i></p> <p>5:00 Saturday Music Hour with Noel Medford &amp; Friends <i>PAC</i></p>
<p>1:15 Tim the Produce <i>G</i></p> <p>Men's Coffee Hour <i>310</i></p> <p>MOVIE: East of Eden (PG, 1955, 4.5*, 1h57m) <i>PAC</i></p>	<p>24</p> <p>1:30-3:00 Ping Pong! <i>310</i></p> <p>2:00 The Great Courses: Turning Points in History E29&amp;30 <i>PAC</i></p> <p>3:00 Listen &amp; Love w/ Dina Smith <i>CH</i></p> <p>4:00 Knit, Pray, Love <i>MR</i></p> <p>5:00 Happy Hour <i>PAC</i></p> <p>5:30 *Out to Dinner: Ciao Bella</p>	<p>25</p> <p>10:30 *Kroger <i>HPL</i></p> <p>1:00 Board Games <i>SDR</i></p> <p>1:00 MOVIE: Big Fish (PG-13, 2003, 4.5*, 2h5m) <i>PAC</i></p> <p>5:00 TGIFT! with Joyce Cobb <i>PAC</i></p>	<p>26</p> <p>1:00 MOVIE: My Big Fat Greek Wedding (PG, 2002, 5*, 1h34m) <i>PAC</i></p> <p>3:00-5:00 Wedding Reception Party <i>PAC</i></p>
<p>1:15 Tim the Produce <i>G</i></p> <p>Men's Coffee Hour <i>310</i></p> <p>MOVIE: Life is Beautiful (1998, 5*, 1h56m) <i>PAC</i></p>	<p>LOCATION KEY:</p> <p>CH-ST. EDWARD CHAPEL      PAC=PERFORMING ARTS CENTER</p> <p>GAL=GALLERY                SDR=SNOWDEN DINING ROOM</p> <p>HG=HOPE'S GARDEN        TT=TREZEVANT TERRACE</p> <p>HPL-HIGHLAND ENTRANCE    TWW=TREZEVANT WALKWAY</p> <p>MR=MUSIC ROOM              WAY=WAYNOKA ENTRANCE</p>		



# RESIDENT REFLECTIONS



1. Page and Gail Williamson enjoyed the Theatre Memphis 2021-2022 Season Kick-Off with Debbie Litch (center). 2. Hats were all the rage at the 2021 Kentucky Derby Party! Pictured are Julia Maddux, Ann Powell, Dorothy Stevenson (front), Caroline Nance, Bridget Barek (middle) Corinne Neinhuis and Anne Knox (back).

## JUNE BIRTHDAYS

June 1	Lucy Carrington Jones	June 8	Ann Stevens	June 22	Jane Twist
	Marsh Gibson	June 11	Rowlett Scott		Olin Atkins
June 2	Al Nimocks	June 14	Corinne Nienhuis	June 25	Marilyn Dunavant
	Jet Thompson		Dorsey Wade	June 26	June Wood
	Virginia Trenholm		Libby Daughdrill	June 28	Norma Owen
June 3	Helen Jaseph	June 16	Sue Atwood	June 29	Joyce Johnson
	Sara Holmes	June 20	Buzzy Hussey		
June 4	Anna King		Helen Jabbour		





# MOVIES AT TREZEVA

*Continued*



current wife. (PG-13, 2021, 4\*, 1h39m)

Tue, June 15, 2021

Atlantic Crossing-E5

When the military aid the USA had promised Norway hasn't materialized, Martha steps out into the public limelight to appeal to the American people for help. (TV-MA, 2019)



2021, 4.5\*, 1h36m)

Tue, June 22, 2021

Atlantic Crossing-E6

Olav confronts Martha about the rumors of an affair between her and the President, but an unexpected threat arises. (TV-MA, 2019)



Wed, June 16, 2021

Taken-When his estranged daughter is kidnapped in Paris, a former spy sets out to find her at any cost. (PG-13, 2009, 4.5\*, 1h30m)



Wed, June 23, 2021

East of Eden-Debut of movie idol James Dean in this riveting drama revolving around two brothers' love for the same woman. (PG, 1955, 4.5\*, 1h57m)



Fri, June 18, 2021

The Pursuit of Happyness-A homeless single father risks everything by embarking on an unpaid internship in a highly competitive stockbroker training program. (PG-13, 2006, 5\*, 1h57m)



Fri, June 25, 2021

Big Fish-To get to know the real man behind the myth, a son begins piecing together a true picture of his father from snippets of amazing stories and magical tales. (PG-13, 2003, 4.5\*, 2h5m)



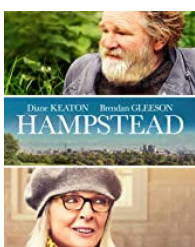
Sat, June 19, 2021

We Bought a Zoo-A widower comes up with a unique plan to lift his family out of their collective funk: by purchasing a ramshackle zoo. (PG, 2011, 5\*, 2h3m)



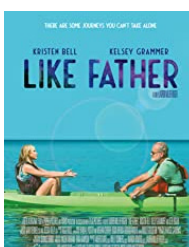
Sat, June 26, 2021

My Big Fat Greek Wedding-A girl creates a stir within her traditional Greek family by falling for a guy with one flaw--he's not Greek! (PG, 2002, 5\*, 1h34m)



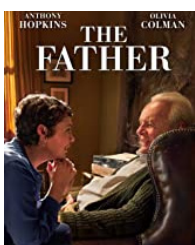
Sun, June 20, 2021

Hampstead-A London-set romance based on the inspiring true story of a man's against-all-odds fight to save his home. (PG-13, 2019, 4\*, 1h42m)



Sun, June 27, 2021

Like Father-After she's left at the altar, a workaholic ends up on her Caribbean honeymoon cruise with her estranged father. (TV-MA, 2018, 4\*, 1h38m)



Mon, June 21, 2021

The Father-Refusing assistance from his daughter, a man tries to make sense of his changing circumstances. He begins to doubt his loved ones, his own mind and the fabric of his reality. (PG-13,



Mon, June 28, 2021

Hachi: A Dog's Tale-Based on a true story, a college professor bonds with an abandoned dog he takes into his home. (G, 2009, 5\*, 1h33m)

*Check weekly calendar for more movies!*



# THE HERB GARDEN MYSTERY

by Jack Richbourg, Resident

Don't you just love mysteries? Well, I've got one for you, The Mystery of the Herb Garden. Where did it come from? How did it start? Trezevant walking trail in the raised brick planter on the Highland side near the guard house. All the residents harvest the herbs from it. Who started it? Most say the late Ozzie Schaeffer, a long-time resident, did, but did he? "David Edwards knows," they said. "Go talk to David," they said. "Yes, it was Ozzie Schaeffer," David explained. "We would tell Ozzie what herbs we wanted. He would buy the plants then plant them." David, who holds a Bachelor's and Master's degree in Nutritional Science, extolls the virtues of herbs. "You could get rid of bad odors and minerals. Parsley is a good breath freshener. Chocolate mint is strong tasting, but thyme is more subtle. It's better to grow your own than bought variety," he explained. "Susan Herron took over after Ozzie's death. She's doing a great job," he added. "Go talk to her." "Yeah, Ozzie started it," confirmed Susan. "I offered to help him because I love digging in the dirt. He asked if I would take over now."

As a Master Gardener, growing things is a spiritual experience for Susan. A seed buried in the ground becoming something is a miracle to her. There's a sign in her backyard that says, "In my garden, the answers come," and "It's true," she says. "They listen to him."

Susan was right. Enrique did know a lot about the herb garden because his memory is so much longer. Could David and Enrique help? "I understand Ozzie Schaeffer started the herb garden," I started, and Enrique stopped me right there.

"No, Mr. Schaeffer worked with me for several years, but he didn't start it. It was here long before he came to Trezevant." I asked him how long, and the garden predated him.

"Before Mr. Schaeffer, it was my supervisor, Christopher," Enrique explained. "He taught me a lot about herbs. No resident was in charge of the garden. I'd say the herb garden has been here for 20-25 years."

Enrique could easily recite by heart each herb's name and function. "Lemon Verbena is good with beef. Cilantro is for tacos and potatoes." He gently pulled the leaf of another plant and rolled it between his thumb and forefinger. He held it up to me.

"Wow," was all I said.

"Lemon Thyme," he smiled. "It makes delicious tea."

So, who started the herb garden? I have no idea, but do we really even need to know? Maybe, the herb garden, like the earth, is a mystery, buried in thyme. Don't you just love mysteries?





How long has it been here? Who started it? It's right by the herbs, and the kitchen uses them in food preparation, but who talk to him."

He and Enrique Salcedo would plant them.

of multivitamins by eating herbs. They have lots of vitamins grow herbs in the garden because they're fresher than the store-her."

Take it over. I said, 'sure,' and have been doing it a couple of years

ing that adds flavor and zest to your food was nothing short of do, but Enrique knows a lot about the herb garden. Go talk to

Susan be wrong about its origins?

Enrique explained that he had been working at Trezevant for 17

nts were involved back then. Before Christopher, Chuck was my

os. Lavender is a kind of Rosemary which is good on chicken me. "Smell," was all he said.

erth, has always been here.



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