



TIDINGS

November 2021

Issue 11



AT YOUR SERVICE

by Kim O'Donnell

November is here and the O'Donnell household has yet to set a fire in our fireplace. The firewood is stacked and ready to burn, my husband awaits with great anticipation as to when we can light the first embers of the season. In the past, I have accused him of setting the air conditioner on low to justify starting a fire. This year the delay is due to a maintenance issue. We had the chimney sweep company out to inspect and clean the tower. After five hours of wire brushing, camera inspections and the removal of much creosote it was determined that the chimney needed a mechanical work up. So, we must delay one of our favorite enjoyments of Fall. Hopefully, we can have a roaring fire for Thanksgiving Day.

Thanksgiving recalls the start of the holiday season, memories of past gatherings and reasons we must be grateful. Like the Pilgrims and Indians from the first Thanksgiving, we will enjoy sitting down to a meal prepared for our dining pleasure. Dinners consisting of turkey, potatoes, corn, beans, pies and more still sets the menu for present day Thanksgiving dinners. The menu may include a special recipe your grandmother prepared for holiday dinners. In our home, it is corn pudding made from corn, cut off the cob, mixed with butter, eggs, baking soda, flour, cream, salt, sugar and sprinkled with paprika. Placed in a 350-degree oven and baked for one hour being mindful to stir, from the bottom of the dish, at just the precise times to achieve the perfect consistency. It makes me hungry just thinking about it!

November is also the time to honor our Veterans. November 11th is the day we celebrate those who gave to protect our country and all the citizens residing here.



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The Army, Navy, Air Force, Marines, Coast Guard, and National Guard make up the major branches of the U.S. Military. All service men and women may take pride in their contributions to defending and protecting the United States.

Kim O'Donnell
Life Enrichment Director

To receive *Tidings* by mail or online, please call Teresa Johnson at (901) 746-1843 or email tjohnson@trezevantmanor.org.

SPIRITUAL SERVICES

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IN ST. EDWARD CHAPEL

by Rev. Julie McKenna

Special Events in Spiritual Care in November:

The Bishop is Coming! The Bishop is Coming!

Tuesday, Nov. 2nd at 3:00 pm in St. Edward Chapel

Join us for a special chaplains' class with Bishop Phoebe Roaf, Bishop of the Episcopal Diocese of West Tennessee. Bishop Phoebe will share her thoughts on addressing racial reconciliation.

Sunday, November 7th, 2021 at 10:30am—All Saints' Celebration

Come join us for a special worship service with Holy Communion celebrating the lives of all those we lost since last All Saints (Nov. 8, 2020). Special music provided by Howard and Beverly Vance on guitar and flute.

NEW! "A Prayerful Pause" Beginning Wed., Nov. 3rd at 1:30 p.m. at the Prayer Tree we will offer a brief 15-minute weekly prayer service led by residents and staff. Come check it out!

November Chaplains' Classes: Wednesdays at 3pm in St. Edward Chapel

November 3rd and 10th "Race: A Complex Conversation" Join Rachel Shankman from "Facing History and Ourselves" as we discuss the topic of race and examine how we relate to one another. This is a dynamic, interactive study of a complex and timely topic. Please join us!

November 17th-- Community Hymn Sing-- Join us as we sing some of our old favorite hymns.

Other offerings:

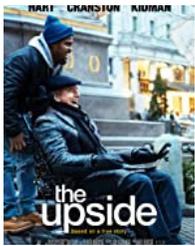
Thursday, Nov. 18th at 12:00pm in the Gallery Dining Room—Family Caregivers Support Group. If you have a spouse or a family member living with dementia, join us for a boxed lunch from one of our vendors, and fellowship with other caregivers. We meet the 3rd Thursday of each month. Contact the Rev. Barbara Kirk-Norris at bkirknorris@trezevantmanor.org for more information.

Calling all knitters—new service project: The Knit, Pray, Love group that meets every Thursday at 4:00pm in the Music Room is knitting hats and scarves for the homeless and donating them to the Hub. Patterns and excellent knitting advice available for all who would like to participate. Some needles and yarn available as well.

Happy Thanksgiving all—Julie

MOVIES AT TREZEVANT

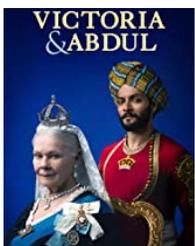
October 2021



Mon, November 1, 2021
The Upside-A comedic look at the relationship between a wealthy man with quadriplegia and an unemployed man with a criminal record who's hired to help him. (PG-13, 2019, 5*, 2h5m)



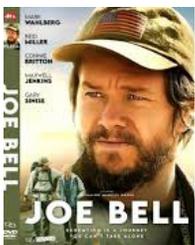
Wed, November 3, 2021
Mercury 13-After rigorous testing in 1961, a small group of skilled female pilots are asked to step aside when only men are selected for spaceflight. (TV-PG, 2018, 4*, 1h48m)



Fri, November 5, 2021
Victoria & Abdul-The amazing true story of an unexpected friendship between Queen Victoria and a young clerk named Abdul Karim who becomes a teacher, spiritual advisor, and devoted friend. (PG-13, 2017, 4.5*, 1h51m)



Sat, November 6, 2021
Hanging Up-Three successful, slightly manic adult sisters must come to grips with their elderly dad's declining health - even though none of them are close to him, decisions must be made. (PG-13 2000, 4.5*, 1h34m)



Sun, November 7, 2021
Joe Bell-Based on the true story of a father who embarks on a self-reflective walk across American hoping to raise awareness about the effects of bullying on LGBTQ teens. (R, 2021, 4.5*, 1h33m)

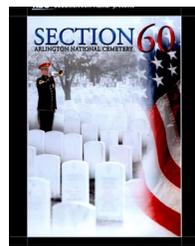


Mon, November 8, 2021
Kodachrome-A record company exec joins his estranged dad, a famous photographer who's dying, on a road trip to the last lab still developing Kodachrome film. (TV-MA, 2018, 4.5*, 1h43m)

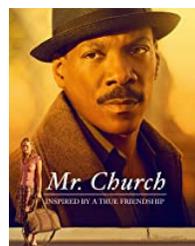
Tue, November 9, 2021
Modern Love, SI, E7&8-These are



unique stories about the joys and tribulations of love, each inspired by a real-life personal essay from the beloved New York Times column. (PG-13, 2019, 4.5*)



Wed, November 10, 2021
Section 60: Arlington National Cemetery-An emotional look at Section 60 in Arlington National Cemetery--final resting place for those who died fighting in Iraq and Afghanistan (TV-PG, 2008, 4*, 54m)



Fri, November 12, 2021
Mr. Church-A unique friendship develops when a little girl and her dying mother retain the services of a talented cook - Henry Joseph Church. What begins as a six-month arrangement instead spans fifteen years, and creates a family bond that lasts forever. (PG-13, 2016, 5*, 1h45m)



Sat, November 13, 2021
The Guernsey Literary & Potato Peel Pie Society-In the aftermath of World War II, a writer forms an unexpected bond with the residents of Guernsey Island when she decides to write a book about their experiences during the war. (TV-PG, 2018, 4.5*, 2h3m)



Sun, November 14, 2021
Twelve Mighty Orphans-The true story of the Mighty Mites, a Fort Worth's orphanage football team, who during the Great Depression, went from playing without shoes- or even a football- to playing for the Texas state championships. (PG-13, 2021, 4.5*, 1h57m)



Mon, November 15, 2021
Best Sellers-To save her publishing company, a young editor goes on a wild book tour with a drunk has-been author who first put her company on the map. (PG-13, 2021, 4*,



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BE WELL

by Rinnie Wood, Fitness Director & Community Liaison

I AM GRATEFUL FOR....

Residents Share the Things that Enrich Their Lives at Trezevant

This season of Thanksgiving, residents were asked to highlight things here at Trezevant that enrich their lives.

Whether it was a general reflection on living at Trezevant, a class or activity, the ever-changing campus foliage, or the people with whom we share community, answers were enlightening.

Below is a window into their gratitude:

- “This is a wonderful community. It’s filled with great people and keeps me outside of myself. I need to be with people!”
- “There is joy and kindness around every corner! It’s a lovely place to walk, and always lifts my spirits.”
- There is so much to do here, and we have great leadership.”
- “The food is getting soooo much better!”
- “I love that Trezevant has so many types of activities. Classes really get me going for the week. I feel invigorated, stretched and ready to move.”
- “I really enjoy the other residents. Bible study, meditation and the Great Courses are just some of the things that I enjoy throughout the year.”
- “Volunteering at Trezevant is important to me. I like contributing.”
- “Sharing the water in class with old friends and new friends makes the experience twice as nice.”
- “We are so blessed to have our fitness program. I love water aerobics, but there are so many ways to exercise. It keeps me going and alive every day!”
- “The different instructors seem to really care about each of us as individuals.”
- “Classes are so much fun and I am building strength and balance so I will keep from falling.”
- “I am so blessed to be here. I was always active. Why stop now?”

This Thanksgiving and holiday season, let’s all pause and reflect upon the many gifts that are right outside of our window!

PLEASE NOTE:

Events are subject to change. Please check the weekly calendar for updates. * = Sign up in the Activity Book or on CATIE.

November, 2021 AT TREZEVANT

Sunday	Monday	Tuesday	
	<p>1</p> <p>1:00-3:00 Bridge <i>SDR</i> 2:00 Lectio Divina with Anne Carriere <i>CH</i> 3:00 Mindfulness Meditation <i>CH</i> 5:00 Happy Hour <i>PAC</i> 7:00 MOVIE: <i>The Upside</i> (PG-13, 2019, 5*, 1h27m)</p>	<p>2</p> <p>10:00 Coffee with Kim* <i>Bistro</i> 12:30 Duplicate Bridge <i>SDR</i> 1:30-3:00 Ping Pong! <i>310</i> 3:00 Chaplains; Class: Bishop Phoebe Roaf <i>CH</i></p>	<p>3</p> <p>9:30 10:00 10:00 1:00 PG, 20 1:30 3:00 Compl 4:00 <i>PAC</i></p>
<p>7</p> <p>10:30 All Saints Celebration <i>CH</i> 3:30 MOVIE: <i>Joe Bell</i> (R, 2021, 4.5*, 1h33m) <i>PAC</i></p>	<p>8</p> <p>1:00-3:00 Bridge <i>SDR</i> 2:00 Lectio Divina with Anne Carriere <i>CH</i> 3:00 Mindfulness Meditation <i>CH</i> 5:00 Happy Hour <i>PAC</i> 7:00 MOVIE: <i>Kodachrome</i> (TV-MA, 2019, 4.5*, 1h45m) <i>PAC</i></p>	<p>9</p> <p>9:30-Noon Dr. Warren <i>Clinic</i> 10:00 Coffee with Kent* <i>Bistro</i> 1:30-3:00 Ping Pong! <i>310</i> 3:30 MOVIE: <i>Modern Love</i> S1, E7&8 (TV-PG, 2019, 4.5*) <i>PAC</i></p>	<p>10</p> <p>10: 10:00 1:00-4: Event 1:00 Arling (TV-P <i>PAC</i> 1:30 3:00 Compl</p>
<p>14</p> <p>10:30 Sunday Worship & Holy Communion <i>CH</i> 3:30 MOVIE: <i>Twelve Mighty Orphans</i> (PG-13, 2021, 4.5*, 1h57m) <i>PAC</i></p>	<p>15</p> <p>1:00-3:00 Bridge <i>SDR</i> 2:00 Lectio Divina with Anne Carriere <i>CH</i> 3:00 Mindfulness Meditation <i>CH</i> 5:00 Happy Hour <i>PAC</i> 7:00 MOVIE: <i>Best Sellers</i> (PG-13, 2021, 4*, 1h42m) <i>PAC</i></p>	<p>16</p> <p>12:30 Duplicate Bridge <i>SDR</i> 1:30-3:00 Ping Pong! <i>310</i> 3:30 MOVIE: <i>Downton Abbey</i>, S1, E1 (TV-14, 2011, 4.5*) <i>PAC</i></p>	<p>17</p> <p>9:3 10:00 10:00 WAY 1:00 Whom 2018, 4 1:30 1:00 3:00 Sing</p>
<p>21</p> <p>10:30 Sunday Worship & Holy Communion <i>CH</i> 3:30 MOVIE: <i>The Truffle Hunters</i> (PG-13, 2021, 4*, 1h23m) <i>PAC</i></p>	<p>22</p> <p>1:00-3:00 Bridge <i>SDR</i> 2:00 Lectio Divina with Anne Carriere <i>CH</i> 3:00 Mindfulness Meditation <i>CH</i> 5:00 Happy Hour <i>PAC</i> 7:00 MOVIE: <i>Dream Horse</i> (PG, 2020, 4.5*, 1h53m) <i>PAC</i></p>	<p>23</p> <p>9:30-Noon Dr. Warren <i>Clin.</i> 1:30-3:00 Ping Pong! <i>310</i> 1:30 IFF Club Meeting <i>GAL</i> 3:30 MOVIE: <i>Downton Abbey</i>, S1, E2 (TV-14, 2015, 4.5*) <i>PAC</i></p>	<p>24</p> <p>10:00 10:00 1:00 Girl W (PG-13 1:30</p>
<p>28</p> <p>10:30 Worship & Holy Communion <i>CH</i> 3:30 MOVIE: <i>Saving Paradise</i> (PG-13 2021, 4.5*, 1h42m)</p>	<p>29</p> <p>Holiday Decorating Begins 1:00-3:00 Bridge <i>SDR</i> 2:00 Lectio Divina with Anne Carriere <i>CH</i> 3:00 Mindfulness Med. <i>CH</i> 5:00 Happy Hour <i>PAC</i> 7:00 MOVIE: <i>Mayberry Man</i> (PG-13, 2021, 4*, 1h38m) <i>PAC</i></p>	<p>30</p> <p>1:30-3:00 Ping Pong! <i>310</i> 3:30 MOVIE: <i>Downton Abbey</i>, S1, E3 (TV-14, 2015, 4.5*) <i>PAC</i> 5:45 Out to Dinner: Felicia Suzanne's <i>HPL</i></p>	

Wednesday	Thursday	Friday	Saturday
<p>10:00-11:00 Dr. Warren <i>Clinic</i> High Point Grocery* <i>WAY</i> Men's Coffee Hour <i>310</i> MOVIE: Mercury 13 (TV-14, 4*, 1h19m) <i>PAC</i> Prayerful Pause <i>TWW</i> Chaplains; Class: A Text Conversation <i>CH</i> Alzheimer's Assn. Speaker</p>	<p>4 9:00-4:00 Dottie's Digs <i>GI</i> 9:00-Noon Podiatrist* <i>TT</i> 1:30-3:00 Ping Pong! <i>310</i> 2:00 The Great Courses: Experience America <i>PAC</i> 3:00 Listen & Love w/ Dina Smith <i>GAL</i> 4:00 Knit, Pray, Love <i>MR</i> 5:00 Happy Hour <i>PAC</i></p>	<p>5 10:30 Kroger* <i>WAY</i> 11:30 Trezevant Explores: Methodist/LeBonheur with Dr. Jeffries* <i>PAC</i> 1:00 Board Games <i>SDR</i> 2:00 MOVIE: Victoria & Abdul (PG-13, 2017, 4.5*, 1h51m) <i>PAC</i> 5:00 TGIFT! with QuickSilver <i>PAC</i></p>	<p>6 1:00 MOVIE: Hanging Up (PG-13, 2000, 4.5*, 1h35m) <i>PAC</i> 5:00 Saturday Music Hour with Tim Stanek (Oldies) <i>PAC</i> 6:45 Transportation to MSO <i>HPL</i></p>
<p>11:00 High Point Gro.* <i>WAY</i> Men's Coffee Hour <i>310</i> 11:00 Estee Lauder Holiday w/ Dillard's <i>GAL</i> MOVIE: Section 60: Boston National Cemetery (PG-13, 2002, 4.5*, 1h47m) Prayerful Pause <i>TWW</i> Chaplains; Class: A Text Conversation <i>CH</i></p>	<p>11 1:30-3:00 Ping Pong! <i>310</i> 11:30 Veterans Day Luncheon* <i>SDR</i> 3:00 Listen & Love w/ Dina Smith <i>GAL</i> 4:00 Knit, Pray, Love <i>MR</i> 5:00 Happy Hour <i>PAC</i></p>	<p>12 10:30 Kroger* <i>WAY</i> 1:00 Board Games <i>SDR</i> 1:00 MOVIE: Mr. Church (PG-13, 2016, 5*, 1h45m) 5:00 TGIFT! with Lannie McMillen (Jazz) <i>PAC</i> 7:00 Storytelling with Donald Davis-Part 1 <i>PAC</i></p>	<p>13 1:00 MOVIE: The Guernsey Literary & Potato Peel Pie Society (TV-PG, 2018, 4.5*, 2h3m) <i>PAC</i> 5:00 Saturday Music Hour with Rick Nethery <i>PAC</i> 7:00 Storytelling with Donald Davis-Part 2 <i>PAC</i></p>
<p>10:00-11:00 Dr. Warren <i>Clinic</i> Men's Coffee Hour <i>310</i> High Point Grocery* MOVIE: John McCain: For the Bell Tolls (TV-14, 4.5*, 1h44m) <i>PAC</i> Prayerful Pause <i>TWW</i> F Club Meeting <i>PAC</i> Chaplains' Class: Hymn <i>CH</i></p>	<p>18 9:00-4:00 Dottie's Digs <i>GI</i> 1:30-3:00 Ping Pong! <i>310</i> 2:00 The Great Courses: Experience America <i>PAC</i> 3:00 Listen & Love w/ Dina Smith <i>GAL</i> 4:00 Knit, Pray, Love <i>MR</i> 4:45 Dinner Group: Amerigo's* <i>HPL</i> 5:00 Happy Hour <i>PAC</i></p>	<p>19 10:30 Kroger* <i>WAY</i> 1:00 Board Games <i>SDR</i> 1:00 MOVIE: Guilt Trip (TV-14, 2012, 4.5*, 1h36m) <i>PAC</i> 3:30 CATIE Training Class* <i>PAC</i> 5:00 TGIFT! with Deborah Swiney <i>PAC</i></p>	<p>20 1:00 MOVIE: The Age of Adeline (PG-13, 2015, 4.5*, 1h53m) <i>PAC</i> 5:00 Saturday Music Hour with Swingtime Explosion (Big Band) <i>PAC</i></p>
<p>Men's Coffee Hour <i>310</i> High Point Grocery* <i>WAY</i> MOVIE: Rita Moreno: Just a Gypsy Who Decided to Go For It (PG-13, 2021, 4.5*, 1h30m) <i>PAC</i> Prayerful Pause <i>TWW</i></p>	<p>25 THANKSGIVING DAY 11:30-1:00 Lunch <i>SDR</i> 3:00 Listen & Love w/ Dina Smith <i>GAL</i> 4:00 Knit, Pray, Love <i>MR</i></p>	<p>26 10:30 Kroger* <i>WAY</i> 1:00 Board Games <i>SDR</i> 1:00 MOVIE: Grumpy Old Men (PG-13, 1993, 5*, 1h43m) 5:00 TGIFT! with Jeremy Shrader Trio <i>PAC</i></p>	<p>27 1:00 Planes, Trains & Automobiles (R, 1987, 5*, 1h32m) 3:00 Page Williamson Photography Exhibit Reception <i>TWW</i> 5:00 Saturday Music Hour with the Dubois Duo <i>PAC</i></p>

LOCATION KEY: CH=ST. EDWARD CHAPEL GAL=GALLERY HG=HOPE'S GARDEN HPL=HIGHLAND ENTRANCE MR=MUSIC ROOM PAC=PERFORMING ARTS CENTER SDR=SNOWDEN DINING ROOM TT=TREZEVANT TERRACE TWW=TREZEVANT WALKWAY WAY=WAYNOKA ENTRANCE

NOVEMBER BIRTHDAYS

Gail Weesner	2
Jeffrey Gross	2
Dot Grayson	4
Faye Southern	5
Mary Alice Gordon	7
Richard Williams	7
Carolyn Whitley	8
Barbara Christensen	8
Ann Knox	9
Edna Douglas	9
Bobby Leatherman	10
Wil Hergenrader	11
Nancy Cross	12
Barbara Williams	13
Dixie Power	14
Dorothy Craddock	15
Gail Murray	19
John Grayson	20
Nancy Stephenson	22
Ted Johnson	29



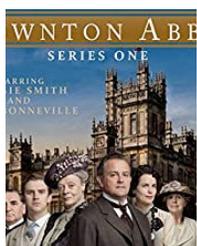
FROM DOTTIE'S DIGS

by Julie Hoyman

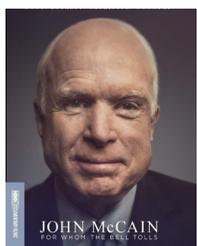
HELP WANTED! We are in need of volunteers in The Little Store and Dottie's Digs. The Little Store Shifts are Tuesday mornings from 11:00 a.m. to 1:00 p.m. and Fridays from 1:00 p.m. to 3:00 p.m.. Dottie's needs volunteers once per month or more often if you have time. The shifts are usually Tuesdays and Wednesdays for 1 to 2 hours pricing and cleaning new merchandise. Contact Julie Hoyman at jhoyman@trezevantmanor.org or Stacey Sears at ssears@trezevantmanor.org. Or just stop by the Foundation Office, The Little Store or Dottie's Digs! We'd love to see you!

MOVIES AT TREZEVANT

Continued



1h42m)
 Tue, November 16, 2021
Downton Abbey: S1, E1-The lives of the Crawley family and Downton Abbey's servants are changed forever when the sinking of the Titanic leaves the estate without its heir. (TV-14, 2011, 5*)



Wed, November 17, 2021
John McCain: For Whom the Bell Tolls-In-depth look at the life of John McCain, from his time as a POW in Vietnam to his three decades of service in the US Senate. (TV-14, 2018, 4.5*, 1h44m)



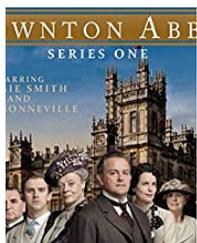
Fri, November 19, 2021
Guilt Trip-As Andy Brewster is about to embark on the road trip of a lifetime, a quick stop at his mom's house turns into an unexpected cross-country voyage with her along for the ride. (PG-13, 2012, 4.5*, 1h36m)



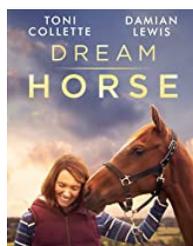
Sat, November 20, 2021
The Age of Adaline-A stirring romantic drama about a 29-year-old woman who has stopped aging-and the timeless power of love. (PG-13, 2015, 4.5*, 1h53m)



Sun, November 21, 2021
The Truffle Hunters-Guided by a secret culture passed down for generations, as well as by their cherished and expertly trained dogs, a group of men in Italy hunt for the rare and expensive white Alba truffle. (PG-13, 2021, 4*, 1h23m)



Mon, November 22, 2021
Dream Horse-Jan convinces her neighbors to chip in their meager earnings to help raise a race horse. (PG, 2021, 4.5*, 1h53m)
 Tue, Nov, November 23, 2021
Downton Abbey: S1, E2-Everyone is anxious at the arrival of Matthew Crawley, the heir presumptive. (TV-14, 2011, 5*)



Wed, November 24, 2021
Rita Moreno: Just a Girl Who Decided to Go For It-Documentary about the life of Rita Moreno. (PG-13, 2021, 4.5*, 1h30m)



Fri, November 26, 2021
Grumpy Old Men-Jack Lemmon and Walter Matthau reunite in this romantic comedy that examines the decades-old love-hate relationship between two neighbors. (PG-13, 1993, 5*, 1h43m)



Sat, November 27, 2021
Planes, Trains & Automobiles-An uptight businessman teams up with an irritating know-it-all blabbermouth to find any means possible to make it home for Thanksgiving when a major snowstorm strands them in the Midwest. (PG-13, 2019, 4.5*)



Sun, November 28, 2021
Saving Paradise-A corporate raider returns to his small town when he inherits a nearly bankrupt pencil factory and must decide whether to join the fight to save it. (PG-13, 2021, 4.5*, 1h42m)



Mon, November 29, 2021
Mayberry Man-An arrogant movie star is busted for speeding in a small southern town and sentenced to attend Mayberry Fest: a weeklong festival celebrating The Andy Griffith Show. Immersed in a modern-day Mayberry, he's given a chance to discover the true meaning of friendship and family. (PG-13, 2020, 4.5*, 2h3m)



Tue, November 30, 2021
Downton Abbey: S1, E3-Cora's attempts at matchmaking are dashed when Mary is smitten by Turkish attache Kemal Pamuk. (TV-14, 2011, 5*)

RESIDENT REFLECTIONS

1. Partial group of Fashion Show Models: Linda Mischke, Jenny Richardson, Carroll Ann Pera, Helen Jabbour, Yvonne Walton, Suzanne Darnell, Barbara Nash, Dina Smith, Tish Towns, Ellen Klyce, Sharon Wheeler, Kiersten Watkins, Erica Coopwood, Sara Heckle, Estella Mayhue-Greer, Sylvia Adams and Wallis Tosi Steiner. 2. Random Acts of Kindness Group received the Leading Age Volunteer of the Year Award. Front Row: Kirk Pafford, Carol Dunkley. Middle Row: Rinnie Wood, Anna McNeill, Ann Hunt and Diane Davis. Back Row: Ann Knox, Paul Martin, Lillian Hammond, and Jewel Simpson. 3. Elegance at Trezevant Fashion Show 2021 Emeritus Co-Chair Ann Stevens and Chair and Event Coordinator Lillian Hammond. 4. Model Deborah Northcross. 5. Model Karen White 6. Loretta Taras and Ginger Acuff after the Walk at Harbortown.





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