



# TIDINGS

March 2022

Issue 3



# AT YOUR SERVICE

by Kim O'Donnell

March is the time of the year when we get to enjoy beignets, basketball, Broadway and a wee bit of the Blarney Stone. Mardi Gras rings in on the first day of the month as we celebrate "Fat Tuesday". It's the ideal time to enjoy a beignet with your morning coffee. The name "Fat Tuesday" refers to the practice of consuming all of the food forbidden while fasting during Lent. It's the last day that many people eat meat and fatty foods before their Lenten fasts begin.

Basketball!! March Madness takes over with 68 men's and 68 women's teams playing in single-elimination tournaments to determine the National Collegiate Athletic Association Division I college basketball national champions for the 2021-22 season. The fans are wild and games, which are plentiful, may be streamed from any device. Trezevant will be coordinating NCAA Bracketology for all willing participants. Selection Sunday is March 13th for the men and Monday March 14 for the women. Bracket forms may be picked up from and turned in to Life Enrichment. All completed brackets must be labeled with your name and turned in prior to start of play March 16. For a mere \$5.00, pick your favorite team and have a little "skin in the game".

Opera goes to Broadway on March 16 at Theater Memphis. Opera Memphis' review "Opera Goes to Broadway" brings Memphis' finest operatic voices to the stage to present a fabulous lineup of musical gems from every era of American Musical Theater. Plan to attend! It's opera as you have never heard it before.

The Blarney Stone is believed to empower one with the ability to speak eloquently. To acquire this "gift of gab," one must kiss the stone, which is no easy feat. One wishing to kiss the stone must sit down with someone holding your legs, lean backwards so that you are able to kiss the stone with your head upside-down. A tremendous amount of effort and some risk is required-all for the sake of being more articulate. But it surely makes for a good story!

Finally, please welcome Mark Brown, Program Assistant. Mark will be working with Life Enrichment assisting with movies, performances and events. An avid historian, Mark looks forward to sharing some of his favorite findings about Memphis.

Kim  
Life Enrichment Director

## LIFE ENRICHMENT

Kim O'Donnell, Director  
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(901) 251-9205

Teresa Johnson, Communications Manager  
tjohnson@trezevantmanor.org  
(901) 746-1843

## FROM THE LIBRARY

by Margaret Taylor, Librarian

Our library will no longer be accepting donations of books published before the previous year. We suggest that older books be taken to the Central Library, located between Poplar Avenue and Walnut Grove Road. We in the library are glad to give further information. Interested in new titles?

*A Game of Fear* by Charles Todd  
*Don't Let Go* by Harlan Coben  
*Lost* by Phillip Margolin  
*Steel Fear* by Webb & Mann

*Her Hidden Genius* by Marie Benditt  
*Mr. Nobody* by Catherine Steadman  
*Midnight Lock* by Jeffrey Eleaver  
*The Second Mrs. Astor* by Shana Abe

# IN ST. EDWARD CHAPEL

by Rev. Julie McKenna

More than fifteen years ago my late husband and I were in the process of making a decision concerning our living arrangements in light of his previous diagnosis with Parkinson's disease and consequent problems with everyday living. When we decided on moving to a place where he could eventually have more care, we knew there was only one place in Memphis that could meet our needs, and that was Trezevant. A very big part of this decision had to do with the spiritual care that was available here.

We had a long history as members of the Church of the Holy Communion and had both served on the vestry, taught Sunday School, and served in many other capacities. We felt that having a place of worship at Trezevant and all the spiritual offerings that went along with that were a huge "plus" to all the programs that other retirement communities offered.

At about the same time that we were watching our garden home being built, Robin Hatzenbuehler was coming on board as the new chaplain here. Robin was instrumental in helping design the new chapel space and putting together all the elements that would make St Edward Chapel so very special.

I began to work as a chapel volunteer shortly after we moved in. At that time we had Sunday services in what is now the Bistro. In the beginning I dedicated maybe two Sundays a month to St. Edward, and we continued to attend services at our own parish church. Soon, however, I felt that my calling was here, and eventually Robin persuaded me to become Verger of the chapel, the position in which I oversee the mundane details of chapel services.

When Robin retired a few years ago, we all were so sorry to see her go, but Julie McKenna was already on board and stepped into her new role so gracefully. She is an outstanding preacher and spiritual leader. She and

Barbara Kirk-Norris are both huge assets to our community. And..... that's the point! Trezevant IS a community. We would not be who we are without the enormous part St Edward Chapel and all the spiritual elements play in the lives of those of us who live here.

## SPIRITUAL SERVICES

Rev. Julie McKenna, Lead  
Chaplain, Director  
jmckenna@trezevantmanor.org  
(901) 325-4000

Rev. Barbara Kirk-Norris,  
Associate Chaplain  
bkirknorris@trezevantmanor.org  
(901) 251-9208

## SPIRITUAL CARE OFFERINGS

### SUNDAY WORSHIP AND HOLY COMMUNION

Each Sunday at 10:30 a.m.  
in St. Edward Chapel

### LECTIO DIVINA

with the Rev. Anne Carriere  
Each Monday at 2:00 p.m.  
in St. Edward Chapel

### MINDFULNESS MEDITATION

Each Monday at 3:00 p.m.  
in St. Edward Chapel

### A PRAYERFUL PAUSE

Each Wednesday at 1:30 p.m.  
at the Prayer Tree

### CHAPLAINS' CLASS

Each Wednesday at 3:00 p.m.  
in St. Edward Chapel

### LISTEN AND LOVE

with Dina Smith  
Each Thursday at 3:00 p.m.  
in the Gallery Parlor

### KNIT, PRAY, LOVE

Each Thursday at 4:00 pm  
in the Music Room

## CALVARY LENTEN SPEAKER SERIES

We will be streaming the Lenten Speaker Series in the Chapel beginning on March 3 at Noon and continuing each Wednesday and Thursday through March!

March 3	Buddy Stallings	March 23	Rev. Rufus Smith
March 9	Rev. Cn. Stephanie Spellers	March 24	Rabbi Kate Bauman
March 10	Rev. Dr. Serene Jones	March 30	Dr. Ellen Davis
March 16	Padraig O Tuoma	March 31	Dan Matthews
March 17	Rev. Rosalyn Nichols		





# BLACK HISTORY MONTH EVENTS



1. Gail Murray and Chipsy Butler at the Four Way Grill. 2) Theresa Mauer, Helen Jabbour, Jack Richbourg, Ann Knox, Gail Murray, Sara Holmes, Sherry Prewitt, Carroll Ann Pera and Barbara Christensen at the Collage Dance Collective. 3. Barbara Williams and Jed Dreifus at the Collage Dance Collective. 4. Fred Wimmer and Barbara Christensen at the Four Way Grill. 5. Eva Mae Hussey at the Four Way Grill. 6. Barbara Christensen, Madge Saba, Linda & Walter Mischke and Ann Powell at The History of Jazz performance by Joyce Cobb. 7. Great crowd for the History of Jazz performance by Joyce Cobb!





## WELLNESS SERVICES

Rinnie Wood, Fitness Director & Community Liaison  
rwood@trezevantmanor.org  
(901) 251-9223

Ginger Acuff, Instructor  
Kirsti Carroll, Instructor  
Leigh Pittinger, Instructor  
Sheila Rae, Instructor  
(901) 251-9223

Valerie Smithers, Wellness Nurse  
vsmithers@trezevantmanor.org  
(901) 251-9239

# BE WELL

*by Rinnie Wood, Fitness Director & Community Liaison*

## March Meditations at Trezevant

At Trezevant, we emphasize seeking a balance of mind, body, and spirit. For many years walking meditations have been offered during Lent. The Chaplains and Fitness Department will offer walking meditations at 3:15 p.m. on Tuesdays, March 8-29. With guided meditations in hand, participants venture outside. We gather in the chapel following our reflection time to share our observations.

Meditation walks encourage opening our minds and hearts to the beauty of God's creation. Walking meditation is particularly good for those of us who have difficulty quieting our minds. As we move or sit quietly on the path in early March, it is truly impressive to see the dark foliage left by winter, and by late March, the bright greens and buds of early spring. The cycle of life, in living color!

Mayo Clinic describes meditation as "a type of mind-body medicine, that has been practiced for thousands of years. During meditation, you develop intentional focus — minimizing random thoughts about the past or future."

Many forms of meditation exist, but most have in common a quiet setting, a comfortable position, focused attention, and an open attitude. Maria Caselli, a group fitness instructor at Mayo Clinic, says the benefits of just a few minutes of meditation a day can help us greatly. She highlights meditation helping with concentration, relaxation, inner peace, stress reduction and fatigue.

Additionally, people who meditate find they have improved physical health: better mood, better sleep, and better memory and concentration. Additional research by Mayo Clinic indicates that meditation may help reduce anxiety and depression, and can help manage symptoms of conditions such as insomnia, heart disease, pain, cancer and digestive problems.

Please consider joining us for weekly Trezevant Walking Meditations March 8-29.

PLEASE NOTE:

Events are subject to change. Please check the weekly calendar for updates. \* = Sign up in the Activity Book or on CATIE.

# March, 2022 AT TREZEVA

Sunday	Monday	Tuesday	
<b>LOCATION KEY:</b> CH=St. Edward Chapel GAL=Gallery HG=Hope's Garden HPL=Highland Parking Lot Entrance MR=Music Room MWW=Manor Walkway PAC=Performing Arts Center SDR=Snowden Dining Room TT=Trezevant Terrace TWW=Terrace Walkway WAY=Waynoka Entrance		<b>1 FAT TUESDAY</b> 10:00 Coffee with Kim* <i>Bistro</i> 1:30-3:00 Ping Pong! <i>310</i> 3:30 MOVIE: Downton Abbey, S2, E9 (TV-14, 2011, 4.5*) <i>PAC</i>	<b>2 ASH</b> 10:00 High 10:00 Men's 12:45-3:00 1:30 A Pray 3:00 Ash W 4:00 Take y
<b>6</b> 10:30 Sunday Worship & Holy Communion <i>CH</i> 2:40 Outing to IRIS at Crosstown* <i>WAY</i> 3:30 MOVIE: Patsy & Loretta (TV-14, 2022, 4*, 1h27m) <i>PAC</i>	<b>7</b> 1:00-3:00 Bridge <i>SDR</i> 2:00 Lectio Divina <i>CH</i> 3:00 Meditation <i>CH</i> 5:00 Happy Hour <i>PAC</i> 7:00 MOVIE: The Lost Daughter (R, 2021, 4*, 2h1m) <i>PAC</i>	<b>8</b> 10:00 Coffee with Kent* <i>Bistro</i> 12:45-3:00 Dr. Warren <i>Clinic</i> 1:30-3:00 Ping Pong! <i>310</i> 3:15 Lenten Walk <i>HPL</i> 3:30 MOVIE: Downton Abbey, S3, E1 (TV-14, 2011, 4.5*) <i>PAC</i> 7:15 Special Performance: Elham Fanous & Basil Alter <i>PAC</i>	<b>9</b> 10:00 High 10:00 Men's Noon Calva Stephanie S 1:00 MOVIE (PG-13, 202 1:30 A Pray 3:00 Chapla Jones <i>CH</i> 4:00 Take y
<b>13</b> 10:30 Sunday Worship & Holy Communion <i>CH</i> 1:00 SEC Championship Watch Party <i>PAC</i>	<b>14</b> 1:00-3:00 Bridge <i>SDR</i> 2:00 Lectio Divina with Anne Carriere <i>CH</i> 3:00 Mindfulness Meditation <i>CH</i> 5:00 Happy Hour <i>PAC</i> 7:00 MOVIE: The Power of the Dog (R, 2021, 5*, 2h8m) <i>PAC</i>	<b>15</b> 10:00 Coffee with John* <i>Bistro</i> 1:30-3:00 Ping Pong! <i>310</i> 1:30 IFF Club Meeting <i>PAC</i> 3:15 Lenten Walk <i>HPL</i> 3:30 MOVIE: Downton Abbey, S3, E2 (TV-14, 2011, 4.5*) <i>PAC</i>	<b>16</b> 10:00 Men's 10:00 High Noon Calva Tuama <i>CH</i> 1:00 MOVIE 2h17m) <i>PA</i> 1:30 SAS Op <i>WAY</i> 1:30 A Pray 3:00 Chapla Jones <i>CH</i>
<b>20</b> 10:30 Sunday Worship & Holy Communion <i>CH</i> 3:30 MOVIE: Spencer (R, 2022, 4*, 1h56m) <i>PAC</i> 7:00 Special Performance: Society of Orpheus & Bacchus <i>PAC</i>	<b>21</b> 1:00-3:00 Bridge <i>SDR</i> 2:00 Lectio Divina with Anne Carriere <i>CH</i> 3:00 Mindfulness Meditation <i>CH</i> 5:00 Happy Hour <i>PAC</i> 7:00 MOVIE: A Father's Legacy (PG-13, 2021, 4.5*, 1h26m) <i>PAC</i>	<b>22</b> 1:30-3:00 Ping Pong! <i>310</i> 3:15 Lenten Walk <i>HPL</i> 3:30 MOVIE: Downton Abbey, S3, E3 (TV-14, 2015, 4.5*) <i>PAC</i> 5:30 Out to Dinner: Hog & Hominy <i>HPL</i>	<b>23</b> 10:00 M 10:00 High Noon Calva Smith 12:45-3:00 1:00 MOVIE 4.5*, 1h52m 1:30 A Pray 3:00 Chapla 4:30 New R
<b>27</b> 10:30 Worship & Holy Communion <i>CH</i> 3:30 MOVIE: King Richard (PG-13, 2021, 5*, 2h24m) <i>PAC</i>	<b>28</b> 10:30 Veteran's Coffee with Matt Rhodes <i>310</i> 1:00-3:00 Bridge <i>SDR</i> 2:00 Lectio Divina <i>CH</i> 3:00 Mindfulness Med. <i>CH</i> 5:00 Happy Hour <i>PAC</i> 7:00 MOVIE: Road to the Lemon Grove (PG-13, 2021, 4*, 1h28m) <i>PAC</i>	<b>29</b> 12:45-3:00 Dr. Warren <i>Clinic</i> 1:30-3:00 Ping Pong! <i>310</i> 3:15 Lenten Walk <i>HPL</i> 3:30 MOVIE: Downton Abbey, S3, E4 (TV-14, 2015, 4.5*) <i>PAC</i>	<b>30</b> <i>BIR</i> 10:00 Men's 10:00 High Noon Calva Dr. Ellen D 1:00 MOVIE (PG, 4.5*, 1 1:30 A Pray 3:00 Chapla Matthews

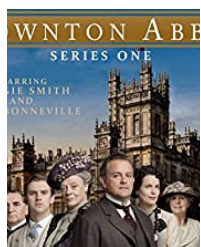
Wednesday	Thursday	Friday	Saturday
<b>WEDNESDAY</b> Point* WAY s Coffee Hour 310 Dr. Warren Clinic erful Pause TWW ednesday Service CH our Brain to the Gym PAC	<b>3</b> 9:00-4:00 Dottie's Digs GI 9:00-Noon Podiatrist* TT Noon Calvary Lenten Series-Buddy Stallings CH 1:30-3:00 Ping Pong! 310 2:00 The Great Courses: PAC 3:00 Listen & Love w/ Dina Smith GAL 4:00 Knit, Pray, Love MR 5:00 Happy Hour PAC	<b>4</b> 10:30 Kroger* WAY 11:30 Trezevant Explores: Dr. Russell Wiggington, President National Civil Rights Museum SDR 1:00 Board Games SDR 2:00 MOVIE: Dreamland (Doc, 2021, 4*, 1h38m) PAC 5:00 TGIFT! with Bobby Lawson (Oldies) PAC	<b>5</b> 1:00 MOVIE: The Healer (PG-13, 2020, 4.5*, 1h48m) PAC 5:00 History of Jazz: The Blues with Kenneth Jackson PAC 6:45 Transportation to IRIS Performance WAY
Point* WAY s Coffee Hour 310 ry Lenten Series-Rev. Cn. Spellers CH E: The Wall-Climb to Gold (2, 4.5*, 1h35m) PAC erful Pause TWW ains' Class with Rev. Mimsy our Brain to the Gym PAC	<b>10</b> Noon Calvary Lenten Series-Rev. Dr. Serene Jones CH 1:30-3:00 Ping Pong! 310 2:00 The Great Courses: PAC 3:00 Listen & Love w/ Dina Smith GAL 4:00 Knit, Pray, Love MR 5:00 Happy Hour PAC	<b>11</b> 10:00-1:00 Divine Stitches 310 10:30 Kroger* WAY 1:00 Board Games SDR 1:00 MOVIE: The Intern (PG-13, 2015, 4.5*, 2h1m) 3:30 CATIE Connection Hours* PAC 5:00 TGIFT! with Amaro Dubois (Classical) PAC	<b>12</b> 8:30 Transportation to Parkinson's Symposium WAY 1:00 MOVIE: The Secret-Dare to Dream (PG, 2020, 4.5*, 1h41m) PAC 5:00 Saturday Music Hour :Rick Nethery PAC
s Coffee Hour 310 Point* WAY ry Lenten Series-Padraig O E: Unbroken (R, 2014, 4.5*, C pera Goes to Broadway* erful Pause TWW ains' Class with Rev. Mimsy	 <b>17</b> 9:00-4:00 Dottie's Digs GI Noon Calvary-Rev. Rosalyn Nichols 1:30-3:00 Ping Pong! 310 2:00 The Great Courses PAC 3:00 Listen & Love w/ Dina Smith GAL 4:00 Knit, Pray, Love MR 4:45 Dinner Group: Amerigo's* HPL 5:00 Happy Hour PAC 7:00 St. Patrick's Day Show w/ P. Morphis PAC	<b>18</b> 10:30 Kroger* WAY 1:00 Board Games SDR 1:00 MOVIE: About Time (R, 2013, 4.5*, 2h3m) PAC 5:00 TGIFT! with Tim Stanek (Oldies) PAC	<b>19</b> 1:00 MOVIE: Here After (PG-13, 2014, 4*, 2h1m) PAC 5:00 Saturday Music Hour: Nancy Apple PAC
Men's Coffee 310 Point* WAY ry Lenten Series-Rev. Rufus Dr. Warren Clinic E: The Buddha (Doc, 2010, n) PAC erful Pause TWW ains' Class: R.Mimsy JonesCH Resident Welcome Rec. PAC	<b>24</b> Noon Calvary Lenten Series-Rabbi Kate Bauman CH 1:30-3:00 Ping Pong! 310 2:00 The Great Courses: PAC 3:00 Listen & Love w/ Dina Smith GAL 4:00 Knit, Pray, Love MR 5:00 Happy Hour PAC 7:15 Special Performance: The Whitings PAC	<b>25</b> 10:00-1:00 Divine Stitches 310 10:30 Kroger* WAY 1:00 Board Games SDR 1:00 MOVIE: The Secrets of Jonathan Sperry (PG, 2009, 4.5*, 1h36m) PAC 3:30 CATIE Connection Hours* PAC	<b>26</b> 1:00 MOVIE: The Shack (PG-13, 2017, 5*, 2h12m) 5:00 Saturday Music Hour: Jeremy Clement PAC
<b>THURSDAY NIGHT</b> s Coffee 310 Point* WAY ry Lenten Series-avis CH E: Human Family Tree (h32m) PAC erful Pause TWW ains' Class with Rev. Dan CH	<b>31</b> Noon Calvary Lenten Series-Dan Matthews CH 1:30-3:00 Ping Pong! 310 2:00 The Great Courses: PAC 3:00 Listen & Love w/ Dina Smith GAL 4:00 Knit, Pray, Love MR 5:00 Happy Hour PAC		





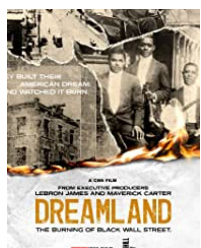
# MOVIES AT TREZEVANT

March 2022



Tue, March 1, 2022

**Downton Abbey: S2, E9**-It's Christmas, 1919, the Crawley family intend to throw a lavish party, even though the arrest of Bates causes a lot of tension. Strife continues for Lady Mary and Sir Richard after yet another confrontation between the two.. (TV-14, 2012, 5\*)



Fri, March 4, 2022

**Dreamland**-A documentary celebrating the Black cultural renaissance that existed in the Greenwood district of Tulsa, OK, and investigates the 100-year-old race massacre that left an indelible, though hidden stain on American history. (Doc, 2021, 4.5\*, 1h38m)



Sat, March 5, 2022

**The Healer**-A teenage girl with cancer unexpectedly inspires a young man to believe in himself, and by helping others, he will find his life purpose. (PG-13, 2020, 4.5\*, 1h48m)



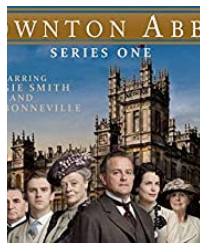
Sun, March 6, 2022

**Patsy & Loretta**-The untold true story of the friendship between two of country music's greatest icons, Patsy Cline and Loretta Lynn. (TV-14, 2019, 4\*, 1h28m)



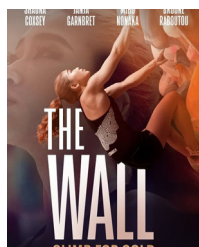
Mon, March 7, 2022

**The Lost Daughter**-WA college professor confronts her unsettling past after meeting a woman and her young daughter while on vacation in Italy. Her obsession with the woman and her daughter prompts memories of her early motherhood. (R, 2021, 4.5\*, 2h4m)



Tue, March 8, 2022

**Downton Abbey: S3, E1**-Robert must shoulder a heavy burden as severe financial problems threaten the future of the estate and all who live and work there. (TV-14, 2013, 5\*)



Wed, March 9, 2022

**The Wall: Climb for Gold**-Four female climbers face the sporting challenge of a lifetime as they attempt to compete in the first ever Olympic climbing competition at the Tokyo 2020 Olympics. (PG-13, 2022, 4.5\*, 1h35m)



Fri, March 11, 2022

**The Intern**-A seventy-year-old widower Ben Whittaker has discovered that retirement isn't all it's cracked up to be. Seizing an opportunity to get back in the game, he becomes a senior intern at an online fashion site, founded and run by Jules Ostin. (PG-13, 2015, 4.5\*, 2h1m)



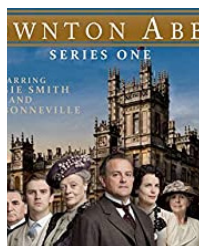
Sat, March 12, 2022

**The Secret: Dare to Dream**-A feature film adaptation of the self-help book, 'The Secret', which focuses on the power of positive thinking. (PG, 2020, 4.5\*, 1h41m)



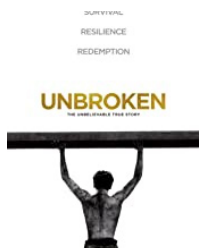
Mon, March 14, 2022

**The Power of the Dog**-Charismatic rancher Phil Burbank inspires fear and awe in those around him. When his brother brings home a new wife and her son, Phil torments them until he finds himself exposed to the possibility of love. (R, 2021, 4.5\*, 1h46m)



Tue, March 15, 2022

**Downton Abbey: S3, E2**-The financial situation for the Crawley family becomes even more precarious and Violet and Mary are hopeful that Cora's wealthy mother may be persuaded to come to the rescue. (TV-14, 2013, 5\*)



Wed, March 16, 2022

**Unbroken**-The epic drama that follows the unbelievable true story of American hero Louis "Louie"



# MOVIES AT TREZEVA

continued



Zamperini. (PG-13, 2014, 4.5\*, 2h17m)

Fri, March 18, 2022

**About Time**-From the director of Love Actually comes this heartwarming comedy about love and time travel starring Rachel McAdams that critics are calling "definitely one to watch over and over again." (R, 2013, 4.5\*, 2h3m)

Sat, March 19, 2022

**Here After**-A struggling actor dies right after a bad breakup and finds himself in an afterlife where he's told that he must find true love in order for his soul to move on to the other side. (PG-13, 2014, 4\*, 2h1m)

Sun, March 20, 2022

**Spencer**-During her Christmas holidays with the royal family, Diana Spencer, struggling with mental health problems, decides to end her decade-long marriage to Prince Charles. (R, 2022, 4\*, 1h56m)

Mon, March 21, 2022

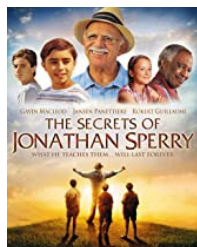
**A Father's Legacy**-A young man, on the run from the law, finds his way into the life of a secluded old man in the woods. Over time, they realize they may not have been looking for each other but they were brought together for a reason. (PG-13, 2021, 4.5\*, 1h26m)

Tue, March 22, 2022

**Downton Abbey: S3, E3**-Edith's happiness is overshadowed by her family's opposition to her plans regarding Anthony Strallan. Mrs. Hughes anxiously awaits her results, Anna makes a breakthrough to help Bates. (TV-14, 2013, 5\*)

Wed, March 23, 2022

**The Buddha**-The story of the life of the Buddha, an Indian sage who gained enlightenment as he sat under a fig tree. Richard Gere narrates. (PG,



2010, 4.5\*, 1h52m)

Fri, March 25, 2022

**The Secrets of Jonathan Sperry**-When Dustin mows the lawn of 75-year-old Jonathan Sperry, a unique friendship develops. What happens the rest of this summer is something he will never forget. (PG, 2009, 4.5\*, 1h36m)

Sat, March 26, 2022

**The Shack**-Based on the New York Times best-selling novel, a grieving man receives a mysterious, personal invitation to meet with God at a place called "The Shack." (PG-13, 2017, 5\*, 2h12m)

Sun, March 27, 2022

**King Richard**-Based on a true story. Richard Williams, father of legendary tennis champions Venus and Serena Williams, shows family and perseverance can achieve the impossible and impact the world. (PG-13, 2021, 5\*, 2h24m)

Mon, March 28, 2022

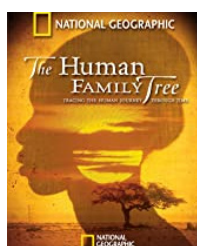
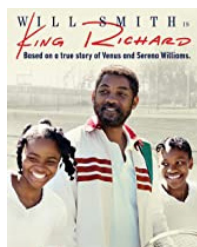
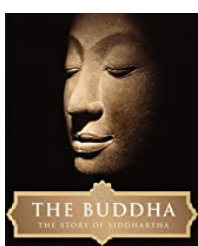
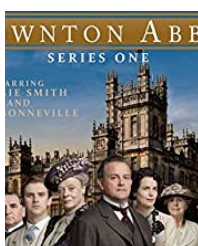
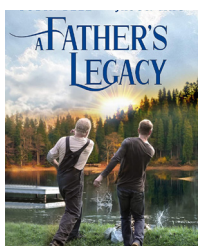
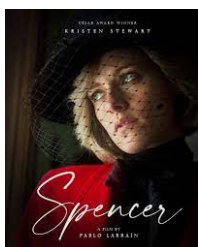
**Road to the Lemon Grove**-A deceased Sicilian father tries to negotiate his way into heaven. But the only way in is to first go back and repair his relationship with his reluctant son, reunite his feuding family back in Sicily, and help all find love in places they never imagined. (PG-13, 2021, 4\*, 1h28m)

Tue, March 29, 2022

**Downton Abbey: S3, E4**-Trouble looms for Lady Sybil and Tom, as his strong views on politics get him into hot water. Ethel makes a tough decision about her son's future. (TV-14, 2013, 5\*)

Wed, March 30, 2022

**The Human Family Tree**-National Geographic traces the human journey through time. Narrated by Kevin Bacon. (PG, 2009, 4.5\*, 1h32m)





# RESIDENT REFLECTIONS



1. Dr. Bob Richardson and Board Member Calvin Anderson 2. Board Member Paula Jacobson and Ken Clark. 3. Ann Stevens and Board Member Bruce Hopkins. 4. Board Members Estella Mayhue-Greer and Shade Robinson with Fitness Director Rinnie Wood. 5. New Residents Beverly Williams with Barbara Dale Crafton and Carolyn Johnston. 6. Kiersten Watkins and Emile Bizot at the Nelson-Reed Art Reception. 7. Linda Spiese, Eva Mae Hussey, Stephan Nelson (Artist & Resident), Ann Stevens and Lynn Reed (Artist) at the Nelson-Reed Art Reception.



# MARCH BIRTHDAYS

## March 1

Jed Dreifus

## March 2

Walker Hays

## March 3

Lucille Henry

## March 6

Elizabeth Holmes

## March 7

Gerry Thomas

## March 9

Pat Patterson

## March 10

Bill Threlkeld

Ken Clark

Mary Allie Baldwin

## March 16

Jo Threlkeld

## March 19

Emily Haizlip

Susan Herron

## March 21

Nancy Shaw

Jim Dorman

## March 22

Barbara Bacharach

## March 23

Dee Canale

## March 28

Suzy Brown

## March 29

Jean Borkert



## FROM THE FOUNDATION

*by Stacey Sears, Director*

Congratulations to the employees who won scholarships for the Spring Semester.

Kiwinishia Watson, Nursing

Erika Finley, Nursing

Nichola Easley, Nursing

Monika Jones, Nursing

John Martin Barger, Masters in Social Work

Jessica Rice, Nursing

Margaret Williamson, Physical Therapy

Larry Hodges, Refrigeration

Zachary Harrell, HVAC

Isyss Stewart, Hospitality Management

Schools include Southwest Tennessee Community College, Moore Tech, University of Memphis, University of Arkansas, Dyersburg State Community College, and East Tennessee State University.

Requirements for applying for scholarships:

1. Been employed for over 6 months.
2. Work over 20 hours a week.
3. Must attend a non-profit school
4. In good standing with Trezevant

Scholarship applications will be available in April 2022 in all front desks and HR department.

## FROM DOTTIE'S DIGS

*by Julie Hoyman*

Come to Dottie's Digs March 3rd and 17th! There are many wonderful items to choose from including clothing, furniture and brick-a-brack.

If you are Spring cleaning, please consider donating to Dottie's Digs. All donations are tax deductible.

We look forward to seeing you every first and third Thursday of the month from 9:00 a.m. until 4:00 p.m. Tell your friends!



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