

Ree Drummond's Tomato Cobbler

Recipe on Page 11

AT YOUR SERVICE

by Kim O'Donnell, Life Enrichment Director

The arts have always been a vital part of the lives of Trezevant residents. In delving into a bit of background regarding the arts, I reached out to resident, Missie McDonnell as her name kept surfacing during a recent luncheon with ArtsMemphis Executive Director, Elizabeth Rouse. Missie, a former Junior League of Memphis president, was presiding when she learned of a program in Winston Salem, NC. While visiting Winston Salem, Missie met Phil Hanes, Jr. CEO Hanes Corp. and advocate for the arts. Mr. Hanes told Missie about an arts council started there which had been very well received.

Returning to Memphis, Missie shared information about the arts council to her Junior League contemporaries and the Memphis Arts Council was founded. This non-profit eventually became ArtsMemphis, the only organization in Shelby County dedicated to serving and supporting the non-profit arts sector. ArtsMemphis operates a grant program and also connects artists and organizations to each other and to community partners. Since its inception in 1963, the non-profit has distributed over \$87 million to artists and arts organizations. In 2021, they distributed to funds to over 46 organizations.

Trezevant will be hosting many of these recipients on Tuesday, August 30th across the campus. Performing groups such as AngelStreet, Cazateatro Bilingual Theatre Co., Hattiloo Theatre, IRIS Collective, PRIZM Ensemble, Memphis Jazz Workshop, Memphis Symphony Orchestra, TN Shakespeare Co. and Theatre Memphis. Also participating are Gary Beard, University of Memphis Fellows, Playhouse on the Square, and the Memphis Black Arts Alliance.

This showcase of exceptional performing and visual artists, sponsored by our supportive vendors, will offer fabulous music, dance and theatre while guests enjoy superb cuisine, wine and signature cocktails. Plan to traverse the campus to take in the sights, sounds and tastes of the best Memphis has to offer.

Kim O'Donnell

To receive *Tidings* by mail or online, please call Teresa Johnson at (901) 746-1843 or email tjohnson@trezevantmanor.org.

LIFE ENRICHMENT

Kim O'Donnell, Director kodonnell@trezevantmanor.org (901) 251-9205

Teresa Johnson, Communications Manager tjohnson@trezevantmanor.org (901) 746-1843

IN ST. EDWARD CHAPEL

by Rev. Julie McKenna, Lead Chaplain & Spiritual Services Director

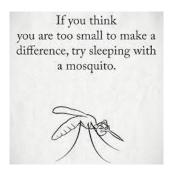
Come join us as Rev. Walter Mischke leads a new Chaplains' Class-a study of Paul's remarkable transformation-the first 4 Wednesdays of the month—August 3rd, 10th, 17th and 24th at 3:00 p.m. in St. Edward Chapel.

On the 5th Wednesday of the month, August 31st, we'll enjoy a hymn sing at 3:00 p.m. Come ready to sing some old favorites!

Thought for the day:

You never know what kind of impact a random kindness can have on someone. Sometimes just a smile, a phone call to check in, a kind word or gesture at just the right time, can make all the difference in the world. Or,

put another way, ...





SPIRITUAL SERVICES

Rev. Julie McKenna, Lead Chaplain, Director jmckenna@trezevantmanor.org (901) 325-4000

Rev. Barbara Kirk-Norris, Associate Chaplain bkirknorris@trezevantmanor.org (901) 251-9208

SPIRITUAL CARE OFFERINGS

SUNDAY WORSHIP AND HOLY COMMUNION Each Sunday at 10:30 a.m. in St. Edward Chapel

LECTIO DIVINA with the Rev. Anne Carriere Each Monday at 2:00 p.m. in St. Edward Chapel

MINDFULNESS MEDITATION Each Monday at 3:00 p.m. in St. Edward Chapel

A PRAYERFUL PAUSE Each Wednesday at 1:30 p.m. at the Prayer Tree

CHAPLAINS' CLASS Each Wednesday at 3:00 p.m. in St. Edward Chapel

LISTEN AND LOVE with Dina Smith Each Thursday at 3:00 p.m. in the Gallery Parlor

KNIT, PRAY, LOVE Each Thursday at 4:00 pm in the Music Room

RESIDENT REFLECTIONS



1. Trezevant residents took a tour of the Hospitality Hub, a women's shelter in Midtown Memphis. Group included Hub representatives Katy Leopard, Bailey Amos (far right), and Ellen Roberds (far left), as well as Kim O'Donnell, Helen Jabbour, Joan Chesney, Beverly Williams, Anne Shaw, Gail Murray, Susanne Darnell, and Faye Southern. 2. Bees at our own Trezevant beehive. 3. Page & Gail Williamson at the Baucum-White Art Reception.

BEWELL by Valerie Smithers, RN

CELEBRATING THE ARTS & FASHION WITH GOOD FRIENDS= JOY & WELLNESS

Following two years of COVID and a long hot summer, it is time for us to have fun!

Year round, the Fitness and Enrichment Teams promote exercising our bodies and minds. The Chaplains' and Chapel Team offer services and classes to lift our spirits, and the Medical Team helps us stay healthy and help us heal when we are sick. All these things contribute to good health, but so does celebrating things that bring us joy.

Let's get ready for some fabulous FUN right here at Trezevant:

THE GALA FOR THE ARTS 5:30 p.m. Tuesday, August 30. Enjoy spectacu-

lar musical and theatre performances, gourmet food and drinks throughout Trezevant, including the Reception Area, Music Room, Bistro, PAC, Snowden Dining room, Library, and the Terrace. This is a tribute to our exceptional arts community, and to our residents who support the arts. It promises to be a truly memorable night!

THE ARTS FAIR 10 a.m.-1 p.m. Friday, September 9. Representatives from the arts community will bring information about their upcoming performances and seasons for 2022-23. A great way to explore the Memphis arts scene from the comfort of your Trezevant home!

THE FASHION SHOW AND AUCTION 11:30 a.m. Thursday, September 22

See the latest fashions from Coming Attractions modeled by residents and guest models. Find treasures at the Fashion Show Auction. This will be the biggest and best fashion show ever, with profits to benefit the Hope's Garden renovation.

Please mark your calendars for these exceptional upcoming events. September promises to be filled with music, fashion, laughter, and celebration throughout the Trezevant campus!



WELLNESS SERVICES

Rinnie Wood, Fitness Director & Community Liaison rwood@trezevantmanor.org (901)251-9223

Ginger Acuff, Instructor Kirsti Carroll, Instructor Leigh Pittinger, Instructor Sheila Rae, Instructor (901) 251-9223

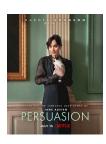
Valerie Smithers, RN Wellness Nurse vsmithers@trezevantmanor.org (901) 251-9239

ook	Sunday	Monday	Tuesday	
calendar for updates. *=Sign up in the Activity Book or on CATIE.		1 1:00-3:00 Bridge <i>SDR</i> 2:00 Lectio Divina <i>CH</i> 3:00 Meditation <i>CH</i> 5:00 Happy Hour <i>PAC</i> 7:15 MOVIE: Persusasion (PG, 2022, 4.5*, 1h49m)	2 10:00 Walgreens* <i>WAY</i> 10:00 Coffee with Kim* <i>Bistro</i> 1:30-3:00 Ping Pong! <i>310</i> 3:30 MOVIE: Downton Abbey, S5, E9 (TV-14, 2015, 4.5*) <i>PAC</i>	3 9:00-1 Man <i>HG</i> 10:00 Tra 10:00 Mei 1:30 A Pra 3:00 Chaj Mischke 7:15 Speci Hot Note
	7 10:30 Sunday Worship & Holy Communion <i>CH</i>	8 1:00-3:00 Bridge <i>SDR</i> 2:00 Lectio Divina <i>CH</i> 3:00 Meditation <i>CH</i> 5:00 Happy Hour <i>PAC</i> 7:15 MOVIE: Falls Around Her (TV-14, 2018, 4.5*, 1h35m)	9 10:00 Walgreens* <i>WAY</i> 10:00 Coffee with Kent* <i>Bistro</i> 1:30-3:00 Ping Pong! <i>310</i> 3:30 MOVIE: Downton Abbey, S6, E1 (TV-14, 2016, 4.5*) <i>PAC</i>	10 9:00-10 HG 10:00 High 10:00 Men 1:30 A Pray 3:00 Chap Mischke C 4:00 Take MR
TREZEVANT	14 10:30 Sunday Worship & Holy Communion <i>CH</i> 2:45 Transportation to Women's Exchange Art Exhibit* <i>WAY</i>	15 1:00-3:00 Bridge <i>SDR</i> 2:00 Lectio Divina with Anne Carriere <i>CH</i> 3:00 Mindfulness Meditation <i>CH</i> 5:00 Happy Hour <i>PAC</i> 7:15 MOVIE: Summerland (PG, 2020, 4.5*. 1h39m)	16 10:00 Coffee with John* <i>Bistro</i> 1:30-3:00 Ping Pong! <i>310</i> 1:30 IFF Club Meeting <i>GAL</i> 3:30 MOVIE: Downton Abbey, S6, E2 (TV-14, 2016, 4.5*) <i>PAC</i>	17 9:00-10:15 10:00 Men 10:00 High 1:30 A Pray 3:00 Chap Mischke C 4:30 New Reception
2022 AT 7	21 10:30 Sunday Worship & Holy Communion <i>CH</i>	22 1:00-3:00 Bridge <i>SDR</i> 2:00 Lectio Divina with Anne Carriere <i>CH</i> 3:00 Mindfulness Meditation <i>CH</i> 5:00 Happy Hour <i>PAC</i> 7:15 MOVIE: The Last Bus (PG- 13, 2022, 4.5*, 1h26m)	23 1:30-3:00 Ping Pong! <i>310</i> 3:30 MOVIE: Downton Abbey, S6, E3 (TV-14, 2016, 4.5*) <i>PAC</i>	24 BIR 9:00-10:15 Man HG 10:00 Men 10:00 High 1:30 A Pray 3:00 Chap Mischke C 4:00 Take the Gym
August,	28 10:30 Worship & Holy Communion <i>CH</i>	29 1:00-3:00 Bridge <i>SDR</i> 2:00 Lectio Divina <i>CH</i> 3:00 Mindfulness Med. <i>CH</i> 5:00 Happy Hour <i>PAC</i> 7:15 MOVIE: 100 Days with Tata (TV-14, 2021, 4.5*, 1h23m)	30 1:30-3:00 Ping Pong! <i>310</i> <i>5:30 ARTS GALA Campus Wide</i>	31 9:00-10:15 10:00 Men 10:00 High 1:30 A Pray 3:00 Hymr

Events are subject to change. Please check the weekly **PLEASE NOTE:**

Wednesday	Thursday	Friday	Saturday
0:15 Tim the Produce der Joe's* <i>WAY</i> n's Coffee Hour <i>310</i> ayerful Pause <i>TWW</i> plains' Class with Walter <i>CH</i> ial Performance: Memphis s <i>(Ukele) MR</i>	 9:00-4:00 Dottie's Digs <i>GI</i> 9:00-Noon Podiatrist* <i>TT</i> 1:30-3:00 Ping Pong! <i>310</i> 2:00-4:15 MOVIE: Vietnam War Series & Discussion with Joe Hawes 3:00 Listen & Love w/ Dina Smith <i>GAL</i> 4:00 Knit, Pray, Love <i>MR</i> 5:00 Happy Hour <i>PAC</i> 	 5 10:00 Kroger* WAY 11:30 Trezevant Explores-Matt Thompson, Memphis Zoo* PAC 1:00 Board Games SDR 2:00 MOVIE: The Barefoot Contessa (PG-13, 1954, 4*, 2h21m) PAC 5:00 TGIFT! with Jeff Hulett (Folk) MR 	6 5:00 Saturday Music Hour with the Jim Mahannah Band (Boogie-Woogie, Jazz) PAC
D:15 Tim the Produce Man Point* <i>WAY</i> 's Coffee Hour <i>310</i> yerful Pause <i>TWW</i> lains' Class with Walter <i>CH</i> e your Brain to the Gym	11 10:30 Special Speaker: Rev. Sandy Webb <i>CH</i> 1:30-3:00 Ping Pong! <i>310</i> 2:00-4:15 MOVIE: Vietnam War Series & Discussion with Joe Hawes 3:00 Listen & Love w/D. Smith <i>GAL</i> 4:00 Knit, Pray, Love <i>MR</i> 5:00 Happy Hour <i>PAC</i> 7:15 Special Performance: Paul Morphis <i>PAC</i>	12 10:00-1:00 Alterations with Divine Stitches 310 10:00 Kroger* WAY 1:00 Board Games SDR 2:00 MOVIE: Elvis: The Comeback Special (G, 1968, 4.5*, 1h13m) 3:30 CATIE Connection PAC 5:00 TGIFT! with BandDog! (Barbershop)	13 5:00 Saturday Music Hour with Southbound (Bluegrass, Country) <i>MR</i>
Tim the Produce Man <i>HG</i> 's Coffee Hour <i>310</i> Point* <i>WAY</i> yerful Pause <i>TWW</i> lains'Class with Walter C <i>H</i> Resident Welcome <i>PAC</i>	 18 9:00-4:00 Dottie's Digs GI 1:30- 3:00 Ping Pong! 310 2:00-4:15 MOVIE: Vietnam War Series & Disc. with Joe Hawes 3:00 Listen&Love w/ D.Smith GAL 4:00 Knit, Pray, Love MR 5:00 Happy Hour PAC 7:15 Special Performance: The Whitings PAC 	19 9:30 Outing to Dixon and Fratellis for Lunch* <i>HPL</i> 10:00 Kroger* <i>WAY</i> 1:00 Board Games <i>SDR</i> 2:00 MOVIE: Penny Serenade (G, 1941, 4.5*,2h4m) 5:00 TGIFT! with Tim Stanek (Piano) <i>MR</i>	20 5:00 Saturday Music Hour with Pedro (Classical) <i>MR</i>
THDAY NIGHT! Tim the Produce 's Coffee 310 Point* WAY yerful Pause TWW lains'Class with Walter CH e your Brain to MR	25 1:30-3:00 Ping Pong! <i>310</i> 1:00 Listen & Love w/ Dina Smith <i>GAL</i> 4:00 Knit, Pray, Love <i>MR</i> 5:00 Happy Hour <i>PAC</i>	26 10:00 Kroger* WAY 1:00 Board Games SDR 2:00 MOVIE: The Talk of the Town (G, 1941, 4.5*, 1h57m) PAC 3:30 CATIE Connection Hours PAC 5:00 TGIFT! with Lisa Nobomuto (Be-Bop, Blues) MR	27 5:00 Saturday Music Hour with Julianne & Dom (Standards) <i>MR</i>
Tim the Produce Man <i>HG</i> 's Coffee <i>310</i> Point* <i>WAY</i> yerful Pause <i>TWW</i> n Sing C <i>H</i>			

MOVIES AT TREZEVANT













Mon, Aug 1, 2022 at 7:15 p.m. Persuasion-Eight years after Anne Elliot was persuaded not to marry a dashing man of humble origins, they meet again. Will she seize her second chance at true love? (PG, 2022, 4*, 1h49m)

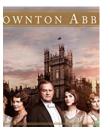
Tue, Aug 2, 2022 at 3:30 p.m. Downton Abbey: S5, E9-Lord Sinderby has invited the Crawleys to a shooting party, but a sandalous secret threaten to undermind the holiday. As Anna faces an uncertain future behind bars, Bates takes drastic measures in a bid to clear her name. (TV-14, 2015, 5*)

Fri, Aug 5, 2022 at 2:00 p.m. The Barefoot Contessa-The Cinderella story of how a waning director revives his career after discovering a beautiful Spanish dancer and making her into a Hollywood star. (PG-13, 1954, 4*, 2h10m)

Mon, Aug 7, 2022 at 7:15 p.m. Falls Around Her-A world-famous First Nations singer returns home to Northern Ontario, hoping to leave her celebrity behind. But closing the door on the past isn't easy. (TV-MA, 2018, 4*, 1h35m)

Tue, Aug 8, 2022 at 3:30 p.m. Downton Abbey: S6, El-Mary's past catched up with her when an unwelcome visitor delivers an ultimatum, and news about the running of Downton Hospital puts Violet on the warpath. (TV-14, 2016, 5*)

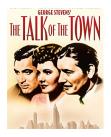
Fri, Aug 12, 2022 at 2:00 p.m. Elvis: The Comeback Special-The definitive version of the now legendary NBC-TV show. From pared-down, raw performances of "That's All Right" and "Lawdy Miss Clawdy" to enormous production











numbers, it's Elvis at his best. (NR, 1968, 4.5*, 1h13m)

Mon, Aug 15, 2022 at 7:15 p.m. Summerland-Irritable writer Alice finds her life disrupted by the arrival of wartime evacuee Frank, a London schoolboy who slowly melts her frozen reserve. (PG, 2020, 5*, 1h39m)

Tue, Aug 16, 2022 at 3:30 p.m. Downton Abbey: S6, E2-An idea of Mary's gives Anna new hope. Mr. Carson and Mrs. Huges can't agree, and Edith is faced with her greatest fear. (TV-14, 2016, 5*)

Fri, Aug 19, 2022 at 2:00 p.m. Penny Serenade-A young couple falls in love while on a trip to Japan, but face tragedy when an earthquake causes June (Irene Dunne) to lose the baby she is carrying. (*G*, 1941, 4.5*, 1h57m)

Mon, Aug 22, 2022 at 7:15 p.m. The Last Bus-Pensioner Tom travels the length of the UK by bus, retracing the journey he made with his late wife years before, so that he can visit his hometown and his memories one last time. (PG-13, 2022, 4.5*, lh26m)

Tue, Aug 23, 2022 at 3:30 p.m. Downton Abbey: S6, E3-An old acquaintance comes to Edith's aid, while Mr. Carson and Mrs. Hughes' big day brings an unexpected arrival. Spratt has something to hide but Denker is hot on the trail. Tensions mount over the hospital takeover, leading Isobel of offend a friend.

Fri, Aug 26, 2022 at 2:00 p.m. The Talk of the Town-A charming fugitive, a beautiful teacher and a stuffy lawyer, forced to become roommates, are rumor-mill fodder in this madcap romantic farce. (G, 1941, 4.5*, 1h57m)

REE DRUMMOND'S TOMATO COBBLER

Prepared by Kim O'Donnell

4 cups mixed cherry tomatoes halved, heirloom work well 1 heaping tablespoon tomato paste 2 teaspoons oregano 2 teaspoons thyme 4 cloves garlic diced 2 shallots sliced 3 tablespoons olive oil Salt & pepper



Add tomatoes, tomato paste, spices, garlic and shallots to a 12 inch cast iron skillet. Drizzle in olive oil and sprinkle with salt and pepper. Toss to combine and set aside.

Biscuit Topping 1¹/₂ cups all purpose flour 1/2 cup fresh parmesan grated 1 tablespoon bake powder l teaspoon oregano l teaspoon thyme 1/4 teaspoon salt 1/2 cup cold salted butter cubed ³/₄ cup buttermilk Fresh basil

For the drop biscuit topping: Combine the flour, Parmesan, baking powder, oregano, thyme and salt in a food processor and pulse a few times to combine. Add the butter and pulse until the dry ingredients and the butter are mostly combined. (If you do not have a food processor, this can be done with a pastry cutter.) Drizzle in the buttermilk and pulse (or stir in with a wooden spoon) until the mixture just forms a dough. Be careful not to overmix, as the biscuits will become tough when baked if you do. Using 2 large spoons, drop 1/4 cup-sized balls of dough on top of the tomato mixture. Transfer to the oven, then bake until the biscuit topping is golden, and the filling is hot and bubbling, 24 to 26 minutes.

Remove from the oven and let stand for 5 minutes. Garnish with fresh basil and serve.

MARK YOUR CALENDAR

Here's what's happening in August!



Hear the musical stylings of MEMPHIS HOT NOTES on Wed, 8/3 at 7:15 p.m. in the MR.

TREZEVANT EXPLORES*: Matt Thompson with the Memphis Zoo on Fri, 8/5; 11:30 a.m. lunch (\$7.50), Noon presentation in the PAC. *Sign up in the Activity Book for lunch only.*

Give your brain a workout with Shaon Pollack at TAKING YOUR BRAIN TO THE GYM on Wed 8/10 and 8/24 at 4:00 p.m. in the MR.

Special Performance by PAUL MORPHIS on Wed, 8/11 at 7:15 p.m. in the PAC.

Watch for your invitation to the NEW RESIDENT WELCOME RECEPTION to be held on Wed, 8/17 beginning at 4:30 p.m.

Special Performance by the THE WHITINGS on Thu, 8/18 at 7:15 p.m. in the PAC.

Outing* to view the Sports Fashion Exhibit at the DIXON GARDENS & GALLERY and lunch at Fratelli's on Fri, 8/19. Departure at 10 TREZEVANT'S ART GALA, campuswide performances, hors d'oeuvres and cocktails on Tuesday, 8/30 beginning at 5:30 p.m.

BIRTHDAY CELEBRATION Wed, 8/31 at 6:15 p.m. in SDR.

Check out some great MOVIES. Check calendars for titles and times. *Subject to change*.

HAPPY HOUR Spend time with friends in the PAC every Mon and Thurs, from 5:00-6:00 p.m. \$2 cover charge, free drinks.

Catch up with DOWNTON ABBEY every Tue at 3:30 p.m. in the PAC.

MEN'S COFFEE CLUB Every Wed at 10:00 a.m. in Club Room 310.

Join Resident & Professor Joe Hawes to see and discuss the VIETNAM WAR series by Ken Burns each Thu in Aug at 2:00 p.m. in the PAC.

Want to learn more about CATIE? Visit the CATIE CONNECTION CREW on Fri, 8/12 and 8/19 at 3:30 p.m. in the PAC. Need clothing ALTERATIONS? Visit the seamstress on Fri, 8/12 from 10:00 a.m. to 1:30 p.m. in the Club Room 310.

Visit DOTTIE'S DIGS SALE on Thu, 8/4 AND 8/18 from 9:00 a.m. to 4:00 p.m. in G2! *Proceeds benefit the Trezevant Foundation.*

BOARD GAMES Play with old & new friends each Fri at 1:00 p.m. in the SDR.

TGIFT! Every Fri at 5:00 p.m. in the Music Room. 8/5-Jeff Hulett (Folk) 8/12-BandDog! (Barbershop) 8/19-Tim Stanek (Piano) 8/26-Lisa Nobomuto (Be-Bop, Blues)

SATURDAY MUSIC HOUR: Every Sat at 5:00 p.m. 8/6-Jim Mahannah Band (Boogie Woogie) PAC 8/13-Southbound (Country) MR 8/20-Pedro (Classical) MR 8/27-Julianne & Dom (Standards) MR

AUGUST BIRTHDAYS

<u>August 1</u> Betty Carter Grace Upshaw Margaret Taylor

<u>August 2</u> Joy Austin-Files

<u>August 3</u> Albert Pyland

<u>August 4</u> Sara Shelton

<u>August 5</u> Jimmye Pidgeon

> <u>August 6</u> Helen Cox Ray Podesta

<u>August 7</u> Elaine Schuppe <u>August 9</u> Anne Connell

<u>August 10</u> Mary Vaiden Mannie Frisby

<u>August 13</u> Eleanor Nunn Warren Nunn Alice Leslie John Wade

> <u>August 15</u> Sam Beach

<u>August 16</u> Peg Stringer

<u>August 17</u> Stephen Nelson <u>August 20</u> Eva Mae Hussey

<u>August 23</u> Frierson Graves

<u>August 27</u> Suzanne Osborn Susan Whitehead

> <u>August 28</u> Peg Stringer

<u>August 29</u> Camille Leatherman Karen White

> <u>August 30</u> Becky Deupree

<u>August 31</u> Anna McNeill



TREZEVANT CONTACT INFORMATION

TREZEVANT RECEPTION DESK (901) 325-4000 TREZEVANT TERRACE

RECEPTION DESK (901) 746-1800 ALLEN MORGAN

RECEPTION DESK (901) 325-4003

> BANK Truist Bank (901) 462-2801

DINING DIRECTOR John Mikaelian jmikaelian@trezevantmanor.org (901) 251-9212

DINING RESERVATIONS Jasmine Curry jcurry@trezevantmanor.org (901) 251-9212

HOUSEKEEPING Annie Wade awade@trezevantmanor.org (901) 515-2999

MAINTENANCE maintenance@trezevantmanor.org (901) 251-9225

SECURITY securityoffice@trezevantmanor.org (901) 515-2998

TRANSPORTATION transportation@trezevantmanor.org (901) 251-9227





 Initial
 <t