



PLEASE NOTE:

Events are subject to change. Please check the weekly calendar for updated information.

An Asterisk after the Event Name* indicates that you must sign up for that event either in the Activity Book or in CATIE.

JUNE 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
			DR. WARREN'S CLINIC HOURS Tue, June 18, 2024 Wed, June 26, 2024 12:15-3:00 PM		LOCATION KEY G1-Garage 1st Floor 201-Fitness Room 310-Club Room 310 AC-Aquatic Center CH-St. Edward Chapel GAL-Gallery Dining Room HPL-Highland Parking Entrance MR-Music Room MWW-Manor Walkway PAC-Performing Arts Center SDR-Snowden Dining Room TT-Terrace Tearoom TWW-Terrace Walkway WAY-Waynoka Entrance		1 9:15 AM Strength & Balance PAC 10:00 AM Gentle Aquatics AC 11:00 AM Men's Exercise PAC 2:00 PM MOVIE: Field of Dreams (PG, 1989, 5*, 1h42m) PAC 5:00 PM SATURDAY MUSIC HOUR: Joyce Cobb (Oldies) PAC
2 10:30 AM Worship & Holy Communion CH 2:00 PM MOVIE: Champions (PG-13, 2023, 4.5* 2h4m) PAC 	3 8:15 AM Water Aerobics AC 9:15 AM Strength & Balance PAC 10:00 AM Tai Chi PAC 10:00 AM Yoga 201 11:00 AM Men's Exercise PAC 11:00 AM Pilates 201 1:00 PM Bridge SDR 2:00 PM Lectio Divina CH 2:00 PM Stretch & Balance 201 3:15 PM Mindfulness Meditation CH 5:00 PM Happy Hour PAC 	4 9:15 AM Advanced Core PAC 10:00 AM OUTING*: Walgreen's Senior Day WAY 10:00 AM Yoga 201 11:00 AM Gentle Aquatics AC 4:00 PM SPECIAL PRESENTATION: Brain Health with Dr. Sharon Pollack PAC 	5 8:15 AM Water Aerobics AC 9:00 AM-10:15 AM Tim the Produce Man HG 9:15 AM Strength & Balance PAC 10:00 AM Tai Chi PAC 10:00 AM Catholic Lay Eucharist Service CH 10:00 AM Men's Coffee Bistro 10:00 AM OUTING*: High Point Grocery WAY 2:00 PM Stretch & Balance 201 3:00 PM Chaplains' Class: How to Know a Person CH 4:00 PM Take Your Brain to the Gym MR 5:00 PM Farewell Reception: Greg Jones MR 6:00 PM Birthday Night! SDR	6 9:00 AM-4:00 PM Dottie's Digs' G1 9:00 AM-Noon Podiatrist* 318 9:15 AM Better Balance PAC 10:00 AM Yoga 201 10:30 AM OUTING*: Christian Siriano Exhibit at Brooks Museum WAY 11:00 AM Men's Exercise PAC 11:00 AM Seated Yoga 201 1:00 PM Gentle Aquatics AC 3:00 PM Sewing Circle CR 310 5:00 PM Happy Hour PAC 	7 8:15 AM Water Aerobics AC 9:15 AM Stretching PAC 10:00 AM OUTING*: Kroger WAY 11:30 AM TREZEVAANT EXPLORES*: Lunch & presentation of South Memphis Alliance with Reginald Milton PAC 2:00 PM MOVIE: Twelve O'Clock High (PG, 1949, 5*, 2h12m) PAC 5:00 PM TGIFT! with Jeremy Clement (Oldies) MR 	8 9:15 AM Strength & Balance PAC 10:00 AM Gentle Aquatics AC 11:00 AM Men's Exercise PAC 2:00 PM MOVIE: We Bought a Zoo (PG, 2011, 5*, 2h3m) PAC 5:30 PM Dinner with Music by Sandra Miller (Piano) SDR 	
9 10:30 AM Worship & Holy Communion CH 2:00 PM MOVIE: Like Father, Like Son (PG-13, 2014, 4.5*, 2h1m) PAC	10 8:15 AM Water Aerobics AC 9:15 AM Strength & Balance PAC 10:00 AM Tai Chi PAC 10:00 AM Yoga 201 11:00 AM Men's Exercise PAC 11:00 AM Pilates 201 1:00 PM Bridge SDR 2:00 PM Lectio Divina CH 2:00 PM Stretch & Balance 201 3:15 PM Mindfulness Meditation CH 5:00 PM Happy Hour PAC 	11 9:15 AM Advanced Core PAC 10:00 AM Yoga 201 10:00 AM Ladies' Coffee Hour MR 11:00 AM Gentle Aquatics AC	12 8:15 AM Water Aerobics AC 9:00 AM-10:15 AM Tim the Produce Man HG 9:15 AM Strength & Balance PAC 10:00 AM Tai Chi PAC 10:00 AM Catholic Lay Eucharist Service CH 10:00 AM Men's Coffee Bistro 10:00 AM OUTING*: High Point Grocery WAY 11:00 AM OUTING*: Gary Beard WAY 2:00 PM Stretch & Balance 201 3:00 PM Chaplains' Class: How to Know a Person CH 4:00 PM Conversations with Kent PAC 7:15 PM SPECIAL PERFORMANCE: Cornfoot & Easterly (Classical) PAC	13 9:15 AM Better Balance PAC 10:00 AM Yoga 201 11:00 AM Men's Exercise PAC 11:00 AM Seated Yoga 201 1:00 PM Gentle Aquatics AC 2:00 PM TREZEVAANT UNIVERSITY: Ins & Outs of CATIE with Teresa Johnson PAC 5:00 PM Happy Hour PAC 7:15 PM TAPESTRY EVENT: Providing Quality Health Care for Veterans with Jim Lewis PAC	14 FLAG DAY 7:30-9:00 AM First Responders Day HG 8:15 AM Water Aerobics AC 9:15 AM Stretching PAC 10:00 AM OUTING*: Kroger WAY 11:00 AM Line Dancing with Jessie PAC 2:00 PM MOVIE: Flags of our Fathers (R, 2006, 4.5*, 2h11m) PAC 5:30 PM Dinner with music by Donna Wolf (Violin) SDR 	15 9:15 AM Strength & Balance PAC 10:00 AM Gentle Aquatics AC 11:00 AM Men's Exercise PAC 2:00 PM MOVIE: Three Men and a Baby (PG, 1987, 4.5*, 1h38m) PAC 5:30 PM Dinner with Music by Michael Donahue SDR	
16 FATHER'S DAY 10:30 AM Worship & Holy Communion e CH 2:00 PM MOVIE: Io Capitano (PG-13, 2024, 5*, 2h1m) PAC 	17 8:15 AM Water Aerobics AC 9:15 AM Strength & Balance PAC 10:00 AM Tai Chi PAC 10:00 AM Yoga 201 11:00 AM Men's Exercise PAC 11:00 AM Pilates 201 1:00 PM Bridge SDR 2:00 PM Lectio Divina with Anne Carriere CH 2:00 PM Stretch & Balance 201 3:15 PM Mindfulness Meditation CH 5:00 PM Happy Hour PAC 7:15 PM SPECIAL PRESENTATION: Soulsville Neighborhood District PAC 	18 9:15 AM Advanced Core PAC 10:00 AM Yoga 201 11:00 AM Gentle Aquatics AC 1:30 PM IFF Club Meeting PAC 4:00 PM Idlewild Communion Service CH	19 8:15 AM Water Aerobics AC 9:00 AM-10:15 AM Tim the Produce Man HG 9:15 AM Strength & Balance PAC 10:00 AM Tai Chi PAC 10:00 AM Catholic Lay Mass CH 10:00 AM Men's Coffee Bistro 10:00 AM OUTING*: High Point Grocery WAY 2:00 PM Stretch & Balance 201 3:00 PM Chaplains' Class: How to Know a Person CH 4:00 PM Take Your Brain to the Gym MR 7:15 PM TAPESTRY EVENT: Future of Geriatric Care with Dr. Bob Burns PAC	20 9:00 AM-4:00 PM Dottie's Digs' G1 9:15 AM Better Balance PAC 10:00 AM Yoga 201 10:00 AM OUTING*: Tour of Soulsville & Lunch PAC 11:00 AM Men's Exercise PAC 11:00 AM Seated Yoga 201 1:00 PM Gentle Aquatics AC 5:00 PM Happy Hour PAC 	21 8:15 AM Water Aerobics AC 9:15 AM Stretching PAC 10:00 AM OUTING*: Kroger WAY 11:00 AM Line Dancing with Jessie PAC 2:00 PM TAPESTRY EVENT: Spring Film Fest showing <i>The Red Shoes</i> with Steve Ross PAC 5:00 PM TGIFT! with Bobby Lawson (Oldies) MR 	22 9:15 AM Strength & Balance PAC 10:00 AM Gentle Aquatics AC 11:00 AM Men's Exercise PAC 2:00 PM MOVIE: The Courtship of Eddie's Father (PG-13, 1963, 4.5*, 1h58m) PAC	
23 10:30 AM Worship & Holy Communion CH 2:00 PM MOVIE: Air (R, 2023, 4.5*, 1h54m) PAC 4:00 PM SPECIAL PERFORMANCE: Dubois Duo MR	24 8:15 AM Water Aerobics AC 9:15 AM Strength & Balance PAC 10:00 AM Tai Chi PAC 10:00 AM Yoga 201 11:00 AM Men's Exercise PAC 11:00 AM Pilates 201 1:00 PM Bridge SDR 2:00 PM Lectio Divina CH 2:00 PM Stretch & Balance 201 5:00 PM Happy Hour PAC 	25 9:15 AM Advanced Core PAC 10:00 AM Yoga 201 10:00 AM Coffee with Libby MR 11:00 AM Gentle Aquatics AC 4:00 PM Celebrate Costa Rica! PAC	26 8:15 AM Water Aerobics AC 9:00 AM-10:15 AM Tim the Produce Man HG 9:15 AM Strength & Balance PAC 10:00 AM Tai Chi PAC 10:00 AM Catholic Lay Eucharist Service CH 10:00 AM Men's Coffee Bistro 10:00 AM OUTING*: High Point Grocery WAY 2:00 PM Stretch & Balance 201 2:00 PM TAPESTRY EVENT: Psychology with Katie White PAC 3:00 PM Chaplains' Class: How to Know a Person CH 	27 9:15 AM Better Balance PAC 10:00 AM Yoga 201 11:00 AM Men's Exercise PAC 11:00 AM Seated Yoga 201 1:00 PM Gentle Aquatics AC 5:00 PM Happy Hour PAC	28 8:15 AM Water Aerobics AC 9:15 AM Stretching PAC 10:00 AM OUTING*: Kroger WAY 11:00 AM Line Dancing with Jessie PAC 2:00 PM MOVIE: Father of the Bride (PG-13, 1950, 4.5*, 1h32m) PAC 5:30 PM Dinner with Music by Tim Stanek (Piano) SDR 	29 9:15 AM Strength & Balance PAC 10:00 AM Gentle Aquatics AC 11:00 AM Men's Exercise PAC 2:00 PM MOVIE: Air Force One (R, 1997, 4.5*, 2h4m) PAC 3:00-5:00 PM MOVIE: ART EXHIBIT RECEPTION: Nelson & Reed TWW	