



PLEASE NOTE:

Events are subject to change. Please check the weekly calendar for updated information.

An Asterisk after the Event Name* indicates that you must sign up for that event either in the Activity Book or in CATIE.

APRIL 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Dr. Warren's Clinic Hours Tuesday, April 1, 2025, 12:30-3:30pm Wednesday, April 9, 2025, 12:30-3:30pm Tuesday, April 15, 2025, 12:30-3:30pm Wednesday, April 23, 2025, 12:30-3:30pm Tuesday, April 29, 2025, 12:30-3:30pm	1 APRIL FOOL'S DAY 9:15 AM Advanced Core PAC 10:00 AM OUTING*: Walgreen's Senior Day WAY 10:00 AM Gentle Yoga 201 11:00 AM Gentle Aquatics AC NEW DAY & TIME! 2:00 AM Chair Yoga 201	2 8:15 AM Water Aerobics AC 9:15 AM Strength & Balance PAC 10:00 AM Tai Chi PAC 10:00 AM Catholic Lay Eucharist Service CH 10:00 AM Men's Coffee Bistro 10:00 AM OUTING*: High Point Grocery WAY 10:30 AM OUTING*: Waffle Shop and Calvary speaker Barbara Brown Taylor :2:00 PM Stretch & Balance 201 4:00 PM Brain Gym MR 6:00 PM Birthday Night at Trezevant SDR	3 9:00 AM-4:00 PM Dottie's Digs' G1 9:15 AM Better Balance PAC 11:00 AM Men's Exercise PAC 1:00 PM Gentle Aquatics AC 2:00 PM VOLUNTEER*: Cooking at Church Health Center WAY 3:00 PM Sewing Circle CR 310 5:00 PM Happy Hour PAC	4 8:15 AM Water Aerobics AC 9:15 AM Stretching PAC 10:00 AM Pilates Core & Strength 201 10:00 AM OUTING*: Kroger WAY 11:30 PM TREZEVANT EXPLORES: Sultana Museum ED Jeff Kollaph PAC 2:00 PM MOVIE: Easter Parade (NR, 1948, 5*, 1h48m) PAC 2:00 PM Stretch & Balance 201 5:30 PM Dinner with Music by Tim Stanek (Piano) SDR	5 9:15 AM Strength & Balance PAC 10:00 AM Gentle Aquatics AC 11:00 AM Men's Exercise PAC 2:00 PM SPECIAL PERFORMANCE: Memphis Chamber Music Society Performance PAC 3:00-5:00 PM Art Exhibit Opening & Reception for Ann Brown Thompson TWW 7:15 PM SATURDAY MUSIC HOUR: Cornfoot & Jones (Classical) PAC
6 10:30 AM Worship & Holy Communion CH 2:00 PM MOVIE: The Sense of an Ending (PG-13, 2017, 4*, 1h48mm) PAC	7 8:15 AM Water Aerobics AC 9:15 AM Strength & Balance PAC 10:00 AM Tai Chi PAC 10:00 AM Yoga 201 11:00 AM Men's Exercise PAC 1:00 PM Bridge SDR 2:00 PM Lectio Divina GAL 2:00 PM Stretch & Balance 201 5:00 PM Lenten Study with the Mathenys CH 5:00 PM Happy Hour PAC	8 9:15 AM Advanced Core PAC 10:00 AM Gentle Yoga 201 11:00 AM Gentle Aquatics AC 2:00 PM SPECIAL PRESENTATION: Librarians in the Movies with Jan LaBeause PAC NEW DAY & TIME! 2:00 AM Chair Yoga 201 4:00 PM FEATURED COUNTRY PARTY: Greece PAC	9 8:15 AM Water Aerobics AC 9:15 AM Strength & Balance PAC 10:00 AM Tai Chi PAC 10:00 AM Catholic Lay Eucharist Service CH 10:00 AM Men's Coffee Bistro 10:00 AM OUTING*: High Point Grocery WAY 10:30 AM OUTING*: Waffle Shop and Calvary speaker Rabbi Micah Greenstein 2:00 PM Stretch & Balance 201 3:00 PM Chaplains' Class: Mitzi Minor CH 4:00 PM Conversations with Kent PAC 5:30 PM SPECIAL EVENT*: Seder Dinner PAC (\$25 per resident)	10 9:15 AM Better Balance PAC 11:00 AM Men's Exercise PAC NEW! 11:00 AM Advanced Strength & Balance 201 1:00 PM Gentle Aquatics AC 2:00 PM Great Decisions: US-China Relations with Professor Steve Ceccoli, Rhodes PAC 5:00 PM Happy Hour PAC 7:15 PM SPECIAL PRESENTATION: The Whittings (Unique Jazz) PAC	11 8:15 AM Water Aerobics AC 9:15 AM Stretching PAC 10:00 AM Pilates Core & Strength 201 10:00 AM OUTING*: Kroger WAY 11:00 AM Line Dancing with Jessie PAC 2:00 PM FILM FEST: Some Like It Hot with Steve Ross PAC 2:00 PM Stretch & Balance 201 5:30 PM Dinner with Music by Henry Booker (Blues/Jazz) SDR	12 9:15 AM Strength & Balance PAC 10:00 AM Gentle Aquatics AC 11:00 AM Men's Exercise PAC 2:00 PM MOVIE: The Tree of Life (PG-13, 2011, 4*, 2h18m) PAC
13 PALM SUNDAY 10:30 AM Worship & Holy Communion CH 2:00 PM MOVIE: A Complete Unknown (R, 2024, 4.5*, 2h21m) PAC	14 8:15 AM Water Aerobics AC 9:15 AM Strength & Balance PAC 10:00 AM Tai Chi PAC 10:00 AM Yoga 201 11:00 AM Men's Exercise PAC 1:00 PM Bridge SDR 2:00 PM Lectio Divina GAL 2:00 PM Stretch & Balance 201 5:00 PM Happy Hour PAC	15 9:00 AM-4:00 PM Thrive Audiology by Appointment Clinic 9:15 AM Advanced Core PAC 10:00 AM Gentle Yoga 201 10:00 AM Sewing Circle MR 11:00 AM Gentle Aquatics AC 1:30 PM IFF Club Meeting PAC NEW DAY & TIME! 2:00 AM Chair Yoga 201 4:00 PM Idlewild Communion Service CH	16 8:15 AM Water Aerobics AC 9:15 AM Strength & Balance PAC 10:00 AM Tai Chi PAC 10:00 AM Catholic Mass CH 10:00 AM Men's Coffee Bistro 10:00 AM OUTING*: High Point Grocery WAY 2:00 PM Stretch & Balance 201 4:00 PM Take Your Brain to the Gym MR	17 MAUNDY THURSDAY 9:00 AM-4:00 PM Dottie's Digs' Sale G1 9:15 AM Better Balance PAC 10:00 AM Yoga 201 11:00 AM Men's Exercise PAC NEW! 11:00 AM Advanced Strength & Balance 201 1:00 PM Gentle Aquatics AC 1:00 PM Maundy Thursday Service CH 5:00 PM Happy Hour PAC	18 GOOD FRIDAY 8:15 AM Water Aerobics AC 9:15 AM Stretching PAC 10:00 AM Pilates Core & Strength 201 10:00 AM OUTING*: Kroger WAY 1:00 PM Good Friday Service CH 2:00 PM Stretch & Balance 201 5:30 PM Dinner with Music by Jim Duckworth (American Songbook) SDR	19 9:15 AM Strength & Balance PAC 10:00 AM Gentle Aquatics AC 11:00 AM Men's Exercise PAC 2:00 PM MOVIE: Risen (PG-13, 2016, 4.5*, 1h47m) PAC 7:15 PM SATURDAY MUSIC HOUR: Joyce Cobb PAC
20 EASTER 10:30 AM Worship & Holy Communion CH 2:00 PM MOVIE: Freud's Last Session (PG-13, 2024, 4.5*, 1h49m) PAC	21 8:15 AM Water Aerobics AC 9:15 AM Strength & Balance PAC 10:00 AM Tai Chi PAC 10:00 AM Yoga 201 11:00 AM Men's Exercise PAC 2:00 PM Lectio Divina with Anne Carriere GAL 2:00 PM Stretch & Balance 201 5:00 PM Happy Hour PAC	22 9:15 AM Advanced Core PAC 10:00 AM Gentle Yoga 201 10:00 AM Sewing Circle MR 11:00 AM Gentle Aquatics AC NEW DAY & TIME! 2:00 AM Chair Yoga 201 5:30 PM Out to Dinner*: Acre WAY	23 8:15 AM Water Aerobics AC 9:15 AM Strength & Balance PAC 10:00 AM Tai Chi PAC 10:00 AM Catholic Lay Eucharist Service CH 10:00 AM Men's Coffee Bistro 10:00 AM OUTING*: High Point Grocery WAY 10:30 AM OUTING*: Creative Aging presents Black Arts Alliance WAY 2:00 PM Stretch & Balance 201 3:00 PM Chaplains' Class: Mitzi Minor CH 4:15 PM RAC Quarterly Meeting PAC	24 9:15 AM Better Balance PAC 10:00 AM Yoga 201 11:00 AM Men's Exercise PAC 1:00 PM Gentle Aquatics AC 5:00 PM Happy Hour PAC	25 8:15 AM Water Aerobics AC 9:15 AM Stretching PAC 10:00 AM OUTING*: Kroger WAY 10:00 AM Pilates Core & Strength 201 11:30 AM Volunteer Luncheon* SDR 2:00 PM Stretch & Balance 201 2:00 PM MOVIE: Summertime (NR, 1955, 4.5*, 1h39m) PAC 5:00 PM TGIFT! with Bobby Lawson (Boogie Woogie) MR	26 9:15 AM Strength & Balance PAC 10:00 AM Gentle Aquatics AC 11:00 AM Men's Exercise PAC 2:00 PM MOVIE: Lilies of the Field (PG-13, 1963, 5*, 1h30m) PAC
27 10:30 AM Worship & Holy Communion CH 2:00 PM MOVIE: The Brutalist (R 2024, 4*, 3h20m) PAC	28 8:15 AM Water Aerobics AC 9:15 AM Strength & Balance PAC 10:00 AM Tai Chi PAC 10:00 AM Yoga 201 11:00 AM Men's Exercise PAC 1:00 PM Bridge SDR 2:00 PM Lectio Divina GAL 2:00 PM Stretch & Balance 201 5:00 PM Happy Hour PAC	29 9:15 AM Advanced Core PAC 10:00 AM Gentle Yoga 201 11:00 AM Gentle Aquatics AC NEW DAY & TIME! 2:00 AM Chair Yoga 201	30 8:15 AM Water Aerobics AC 9:15 AM Strength & Balance PAC 10:00 AM Tai Chi PAC 10:00 AM Catholic Lay Eucharist Service CH 10:00 AM Men's Coffee Bistro 10:00 AM OUTING*: High Point Grocery WAY 2:00 PM Stretch & Balance 201 3:00 PM Chaplains' Class: Mitzi Minor CH	LOCATION KEY G1-Garage 1st Floor 201-Fitness Room CR310-Club Room 310 AC-Aquatic Center CH-St. Edward Chapel GAL-Gallery Dining Room HPL-Highland Parking Entrance MR-Music Room MWW-Manor Walkway PAC-Performing Arts Center SDR-Snowden Dining Room TT-Terrace Tearoom TWW-Terrace Walkway WAY-Waynoka Entrance		